

NEWF TAILS

The Newsletter of the
RIVER KING NEWFOUNDLAND CLUB



Jul – Aug 2020

President's Message

Well we did it, the 2020 Pandemic Water Test went off without a hitch (well almost).

Special thanks to the Committee, Mark Iken, Tom Brant and Sue Zientara. Our Judges canceled on us about 2 weeks before the test, luckily Sue Zientara and Matt Cobban agreed to step in, and judge and I took over as test secretary. After we got that figured out, it was smooth sailing.

Our entry was much lower than it has been in the past, but overall the test was a success, there were no complaints, and everyone cooperated with the wearing of masks and social distancing.

I want to thank Carin Hicks for everything she did, which was too much to list out. Thanks to all the stewards for all their hard work and to the entrants that braved the pandemic to enter.

Our 2020 Draft Test is scheduled for November 7 & 8 in Litchfield, IL, Nan Edwards and Karrie Cook are scheduled to judge. I anticipate this will be a bare bones event much like the Water Test was with no fund raising and limited hospitality. I have been contacted by a few people already wanting to know when our premium will be out. So, I am keeping my fingers crossed that if we all follow safety precautions, wear our masks and practice social distancing we will be able to hold the test. Of course, this will depend on State and Local restrictions, more information will be sent out closer to the date.

We canceled the Obedience and Rally trials this year, with this being an indoor event and the current AKC recommendations, I did not feel comfortable holding the trial, so plans are in effect for October 9 & 10, 2021 at Westinn Kennels.

The Regional was canceled due to the fact that the hosting cluster canceled, so we will be working on plans for 2021.

We have our next General Meeting scheduled for November 22, 2020 at Rowens Kennels. We will have more information as the date nears.

Hope everyone is staying safe and enjoying their Summer.



Cassie Iken
RKNC President

RKNC Officers

President: Cassie Iken

Vice-President: Sue Zientara

Treasurer: Sylvia Steiling

Corresponding Sec'y: Mark Iken

Recording Sec'y: Jenny Harrison

Board Members: Chris Jones

Committees

Awards: Gene Manley

Conformation: Sue Zientara Chair
Person & Jean McAdams

Draft Test: Cassie Iken Sue
Zientara and Sylvia Steiling

Education: Steve McAdams, Gene
Manley

Fundraising: Jennifer Jones

Historian: Pat Owens

Membership: Mark Iken

Newsletter: Gene Manley

Nominating Committee: Chris
Jones, Carin Hicks & Vince
Molinarolo

Obedience: Mark Iken, Sylvia
Steiling, Sue Zientara, Pat Owens

Parades: Chris Jones

Regional: Jean McAdams, Janice
Henderson, Rita Jacobs, Mark &
Kimi Wankel, Tom Brant, Lonnie
Specht,, Sue Zientara

Rescue: Debbie Fitton (chair), Lisa
Noel, Deb Berg, Marilee Hejna

Sunshine: Cassie Iken

Water Test: Mark Iken, Sue
Zientara, and Tom Brandt

Website: Chris Jones

Officer & Committee Reports

Awards Committee:

Just a reminder, make copies of your certificates that you receive so you be ready to fill your award requests for 2020.

Water Test Committee:

See general meeting notes

Parade Committee:

See Meeting Notes.

Draft Test Chairman

See Meeting Minutes for update.

Obedience Trials:

See Meeting Minutes for update.

Education Committee:

See Meeting Minutes for update.

Conformation Committee:

See Meeting Minutes for update.

Holiday Party:

[OCT](#)

[3](#)

[Sat](#)

Obedience Trial @ Westinn Kennels Wentzville

Oct 3 @ 8:00 am – 4:00 pm Cancelled

[OCT](#)

[4](#)

[Sun](#)

Obedience Trial @ Westinn Kennels Wentzville

Oct 4 @ 8:00 am – 4:00 pm Cancelled

[OCT](#)

[17](#)

[Sat](#)

RKNC Regionals @ State Fairgrounds Springfield, IL

Oct 17 @ 8:00 am – 4:00 pm Cancelled

[OCT](#)

[18](#)

[Sun](#)

RKNC Regionals @ State Fairgrounds Springfield, IL

Oct 18 @ 8:00 am – 4:00 pm Cancelled

[NOV](#)

[22](#)

[Sun](#)

General Meeting #4

Nov 22 @ 1:00 pm – 1:30 pm

Holiday Party @ Rowens Kennels Training Center

Nov 22 @ 1:00 pm – 7:00 pm

[NOV](#)

[26](#)

[Thu](#)

Thanksgiving Day Parade @ Downtown St. Louis

Nov 26 @ 8:00 am – 12:00 pm

[DEC](#)

[6](#)

[Sun](#)

Board Meeting and Annual Planning

Dec 6 @ 1:00 pm – 7:00 pm

[OCTOBER – DECEMBER 2020](#)

Subscribe

River King Newfoundland Club Board Meeting Minutes May 19, 2020:

RKNC Board Meeting
May 19, 2020
Telephone Conference

Present: Sue Zientara, Sylvia Steiling, Janice Henderson, Jenny Harrison, Chris Jones, Cassie Iken, Mark Iken, Jean McAdams

Sue Zientara called the meeting to order at 7:07 pm

Officer's Reports:

President - Cassie Iken reported that the committee report will cover the information.

Vice President - No report

Treasurer - Sylvia Steiling reported the General Account has \$6,200.23 and the. Rescue has \$1,480.96; with expenses of \$965.35 and \$130.60 and deposit of \$265.00 for adoption and donation. Cassie Iken moved to accept the report as presented. Mark Iken seconded; motion passed.

Recording Secretary - Minutes of the last board meeting and general meeting were in the newsletter. Sylvia Steiling moved to approve the minutes as presented in the newsletter, Cassie Iken seconded motion passed.

Corresponding Secretary - No report

Committee Reports:

Awards - The awards banquet will be a carry-out at the water test, Saturday June 6, 2020. Gene Manley has the information and will send out a reminder.

Conformation - Supported entry did not take place because of the cancellation of the dog shows in Springfield, IL. We hope the Regionals will be in October. Information has been sent to the NCA and AKC. Sweepstakes judges are Dawn Staffen and Lonnie Specht. Prairie Dog Pottery will make the awards. Sponsors are needed by June to be listed in the catalog.

Draft Test - Cassie Iken reported the Fall Draft Test is NCA approved. It will be November 6 & 7th, 2020 with Nan Edwards and Karrie Cook as judges. The Spring Draft Test will be in March 2021 with Heidi Peterson and George Norman as judges.

Education - Cassie Iken and Gene Manley are planning an educational event for January 2021.

Fund Raising - Each event committee is responsible for fund raising to support the event. We currently have many items, but donations are welcome.

Historian - Pat Owens is accepting pictures.

Membership - Mark Iken reported that there are no new member applications.

River King Newfoundland Club Board Meeting Minutes May 19, 2020

Cont'd:

Newsletter - The board wishes to acknowledge the great job Gene Manley does producing the newsletter and expressed their gratitude.

Nominating Committee - The committee will prepare a slate of officers for the August Newsletter.

Obedience - Our Obedience Trials are set for October 3 & 4th, 2020. Cassie Iken will be talking to the Westin Kennels for further details.

Parades - Due to Covid 19 the parades are cancelled at this time.

Rescue - There were two dogs and one has been adopted. There is a puppy being fostered. Cougar, the older dog who has been in rescue for two and a half years. It was discussed that we need a plan for Cougar. Cassie Iken will send an email to Debbie Fitton asking about Cougar's situation and a discussion will be held after her response.

Water Test - Mark Iken reported that the August 14-16th 2020 test is confirmed. The judges are Kevin and Laura Gallagher. The Litchfield site will be used. It was recommended that dogs be trained with people wearing masks because the stewards will be required to wear them.

Website - Chris Jones reported that he is posting events and happenings on the site.

Old Business - The club sent sympathy cards to the families of Mark Wankel and Steven Pack.

New Business - Upcoming events and possible complications due to Covid-19 will be decided closer to event times and current events.

The next General Meeting will be at the Water Wizards weekend.

Sue Zientara moved to adjourn at 8:14 pm and Cassie Iken seconded.

Respectfully Submitted,

Janice Henderson

RKNC 2nd quarter general meeting took place at Rowens Kennels during RKNC Water Wizards June 6, 2020.

Meeting was called to order by President Cassie Iken at 1:15 pm

OFFICERS REPORT

President- Cassie Iken:

Thank you all for coming and thanks to Pat and Bob Owen's for hosting Water Wizards.
We are lucky to have the use of this wonderful site

Vice president- Sue Zientara/Jean McAdams:

Thank you to everyone for coming

Treasurer- Sylvia Steiling:

Motion to approve financials as reported at the last board meeting by Cassie Iken. 2nd by Mark Iken.

Financial report as follows: RKNC general acct. is \$6200.23

Expenses-

\$54.60 to Sue Zientara for draft expenses.

\$231.80 to Cassie Iken for draft expenses

Liberty Mutual-\$31.40

\$375.00 was made off shirt sales

Expenses Rescue- Rescue acct.-\$1480.96 in acct.

March expenses were-\$965.35- for Cougar and \$130.60 for Jericho

The club took in \$200 rescue deposit on Jericho

And the following contributions: Carin-\$40 and Rita-\$25

Total deposit for rescue was \$265

Cassie set up a FB fundraiser for Cougar who needs medication

\$2135 was raised on FB with an additional \$225 sent directly to the club.

The fee for the fundraiser was \$55

Corresponding secretary -Mark Iken: no report

Recording secretary- Janice Henderson/ Jenny Harrison: asked for motion to approve the minutes from last meeting as published in the last newsletter. Motion by Cassie Iken 2nd by Linda Manley

Board members- Chris Jones Sue Zientara: no report

COMMITTEE REPORTS

Awards-Gene Manley: Awards banquet tonight at Rowens training center. Thanks to everyone who sent them in. Last minute to receive them back since the company we deal with has been closed due to Covid.

Draft test- Cassie Iken/ Sue Zientara/ Sylvia Steiling: 2 tests set up for this year providing the state guidelines allow them- Nov and March.

Education- Cassie Iken/Gene Manley: nothing on calendar for now, Cassie Iken suggested a grooming seminar

Fundraising- Jennifer Jones/Carin Hicks/Cassie Iken: no report

Historian- Pat Owens: no report

Membership- Mark Iken: application for associate memberships for Gary and Debbie Meyer voted on and passed unanimously.

Newsletter- Gene Manley: please continue to send in news and brags.

Nominating committee- Chris Jones/Carin Hicks/ Vince Molinarolo: all officer and committee positions will be sent out to all members in email in the future for anyone interested in serving.

Obedience- Mark Iken/Sue Zientara/Sylvia Steiling/Pat Owens/ Cassie Iken:

Right now, we are still planning on trial on Oct. 3/4.

If this changes due to Covid, we will let everyone know asap.

Parades- Chris Jones: none on the calendar for now.

Chris then asked if anyone would be interested if they decide to proceed with the St. Louis Thanksgiving day parade.

Several showed interest.

Regional- Sue Zientara: cancelled due to Covid

Rescue- Debbie Fitton: Money was raised for Cougar. This should be enough to cover his meds for the foreseeable future.

Veterinarian Lisa Noel has volunteered to help us get his medications. Huge thx!

4-month-old puppy in rescue

Jericho in process of adoption.

Sunshine- Cassie Iken: no report

Water test- Mark Iken: everything is still scheduled for the water test.

We will be following social distancing guidelines and may have to change some things.

Everything will be stated in the premium.

Website- Chris Jones: no report

Old business- none

New business- none

Motion to adjourn meeting by Cassie Iken 2nd by Chris Jones at 1:29 pm

What do you need to know about this newsletter?

- ***The President's Report***
- ***The Committee's Reports***
- ***Calendar of Events for Jan – July 2020***
- ***Board Meeting Minutes May 19, 2020***
- ***General Meeting Minutes June 6, 2020***
- ***What You Need to Know about this about this Newsletter***
- ***RKNC Rescue Report August 2020***
- ***RKNC Water Test on August 15th and 16th Pictures, Yeh!***
- ***The information for Canine Health***
 - ***Canine Heat Stroke in Canines***
 - ***When is it Too Hot or Too Cold for your fur baby?***
 - ***The 10 Human Medications Most Dangerous to Dogs***
 - ***Nutritional Concerns for your senior dogs.***
 - ***Fruits and Vegetables that our dogs can and cannot eat (updated).***
 - ***Better Never Bitten***
 - ***Can Dogs Eat Thanksgiving Turkey?***
- ***The News, Brags, Newfoundland Birthdays***
- ***The River King Newfoundland Club Facebook Page (info)***
- ***The Rainbow Bridge portion (None this Issue, I am so Happy)***



River King Newfoundland Club

Greetings from rescue! I hope all of you and your furry family members are staying healthy. Rescue has been busy lately. River King, along with South Central and North Central have had increased calls about our beloved breed.



Figure 1 This is Cougar, such a handsome man

Cougar is our long-term rescue resident. At over 10 years old, he is still going strong! A few months ago, Cougar had to go on a liver supplement because his liver profile blood work was not within normal range. Fund raising was instigated and the money was raised to help pay for this rather expensive supplement. We just did another liver profile and his blood work has come back very good. At this point, we plan to keep Cougar on this supplement for another 90 days and hopefully he will not need it anymore. We're crossing our paws! Thank you again to all who helped with the fund-raising.

Layla, the dog from Howell County, Missouri was picked up from her owner by Connie Meech on 6/29/20. Connie provided the veterinarian care then Roy Hoorman met Ed and I in Springfield, IL and we provided foster care for this energetic, cute girl.

Layla was adopted by Joe Martocchio and Brad Olson, RKNC members, on 7/24/20. Joe made the two-day trip here from his home in Massachusetts to meet and then adopt this lovable, playful girl.

Joe reports that Layla gets along very well with their two other dogs, KC and Uno, and that it could not have worked out any better. Special note: KC and Uno were also once River King rescue dogs!

Be sure and check out Joe and Layla's picture in this newsletter on her happy adoption day!



Figure 2 Picture of Joe Martocchio and Layla on day of Adoption

Take a look at Triton's picture in this newsletter. Triton was relinquished to rescue 8/22/20. He is an extremely nice dog who immediately fit in to our household. Triton needs some basic veterinarian care then plans are already being made for his potential new family to come and meet him. Triton is three and a half years old.



Figure 3 This is a picture of Triton

Onyx is waiting in the wings. Onyx is an eight-year-old girl that is in South Central's territory. South Central has many rescue dogs right now. They have helped River King in the past and we are going to assist them with this girl. Onyx's expenses will be paid by the NCA because she is coming from out of our territory. Unfortunately, Onyx's owner has lost her job due to the corona virus and is now faced with relinquishing their pet to rescue. As soon as Triton is adopted, plans are for River King to receive Onyx.

I am looking for foster homes. If you can spare some space and love, rescue needs you. Please consider!

Special thanks to friends of rescue: Joe Martocchio and Brad Olson for their generous donation when they adopted Layla; Connie Meech for transportation of Layla and arranging for veterinarian care. Connie also paid some of Layla's veterinarian expenses; Roy Hoorman for transportation of Layla to a town much closer to my home. All of you are very appreciated!

Surely, saving one dog will not change the world but for that one dog, the world has changed forever!

RKNC Water Test held on August 15th and 16th Pictures.

Our Qualifier for both days was Sue Matzke with Montana. On the 15th they earned their Water Dog Title and on the 16th they earned their Water Dog 1 title.

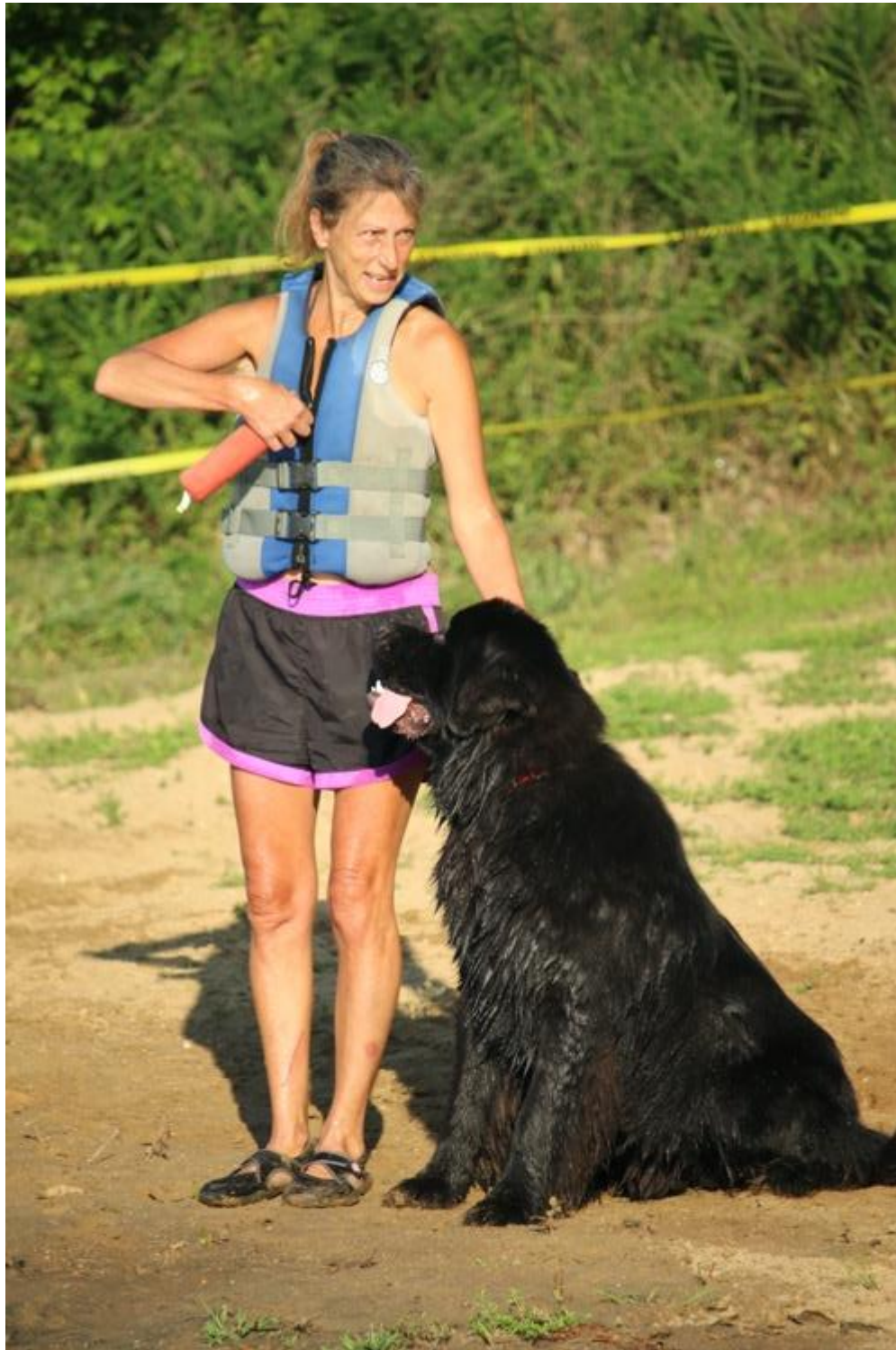


Figure 4 Sue Matzke with Montana ready to start the trial

Our Water Trial exhibitors in no particular order.



Figure 5 Exhibitors and Stewards on the beach



Figure 6 Sue Matzke and Montana going through winner's tunnel after earning WD Title

Our Water Trial exhibitors in no particular order Cont'd



Figure 7 Debbie Meyer and Maggie



Figure 8 Mark Iken and Cruz

Our Water Trial exhibitors in no particular order Cont'd



Figure 9 Mary and Louie



Figure 10 Sue Matzke and Summer on Paddle Retrieve

Our Water Trial exhibitors in no particular order Cont'd



Figure 11 Connie Younggreen and Cole



Figure 12 Kathy Hartke and Ella

Our Water Trial exhibitors in no particular order Cont'd



Figure 13 Chris Jones and Talos

Our Water Trial Stewards in no particular order



Figure 14 Nathan Hicks in Kayak

Our Water Trial Stewards in no particular order Cont'd



Figure 15 Tom Brant and Jenny Harrison



Figure 16 Ryan and Liz Pagel

Our Water Trial Stewards in no particular order Cont'd



Figure 17 Lisa Noel



Figure 18 Vince and Jenny waiting for action

Our Water Trial Judges



Figure 19 Our Judges, Sue Zientara and Matt Cobban

A few action photos from Water Trials



Figure 20 Chris Jones and Talos on rescue Handler

A few action photos from Water Trials Cont'd



Figure 21 Sue Matzke and Summer on rescue handler

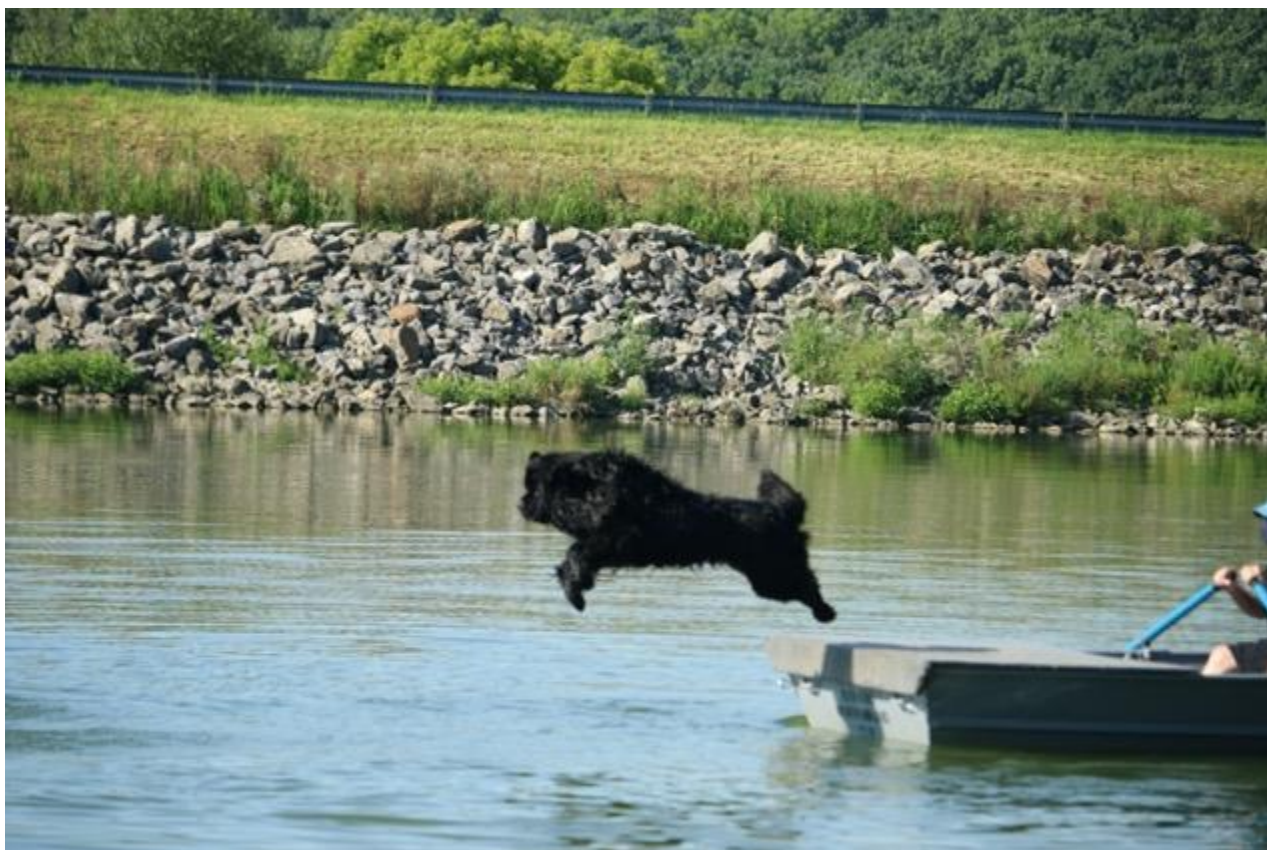


Figure 22 Mark Iken and Cruz on rescue handler exercise

A few action photos from Water Trials Cont'd

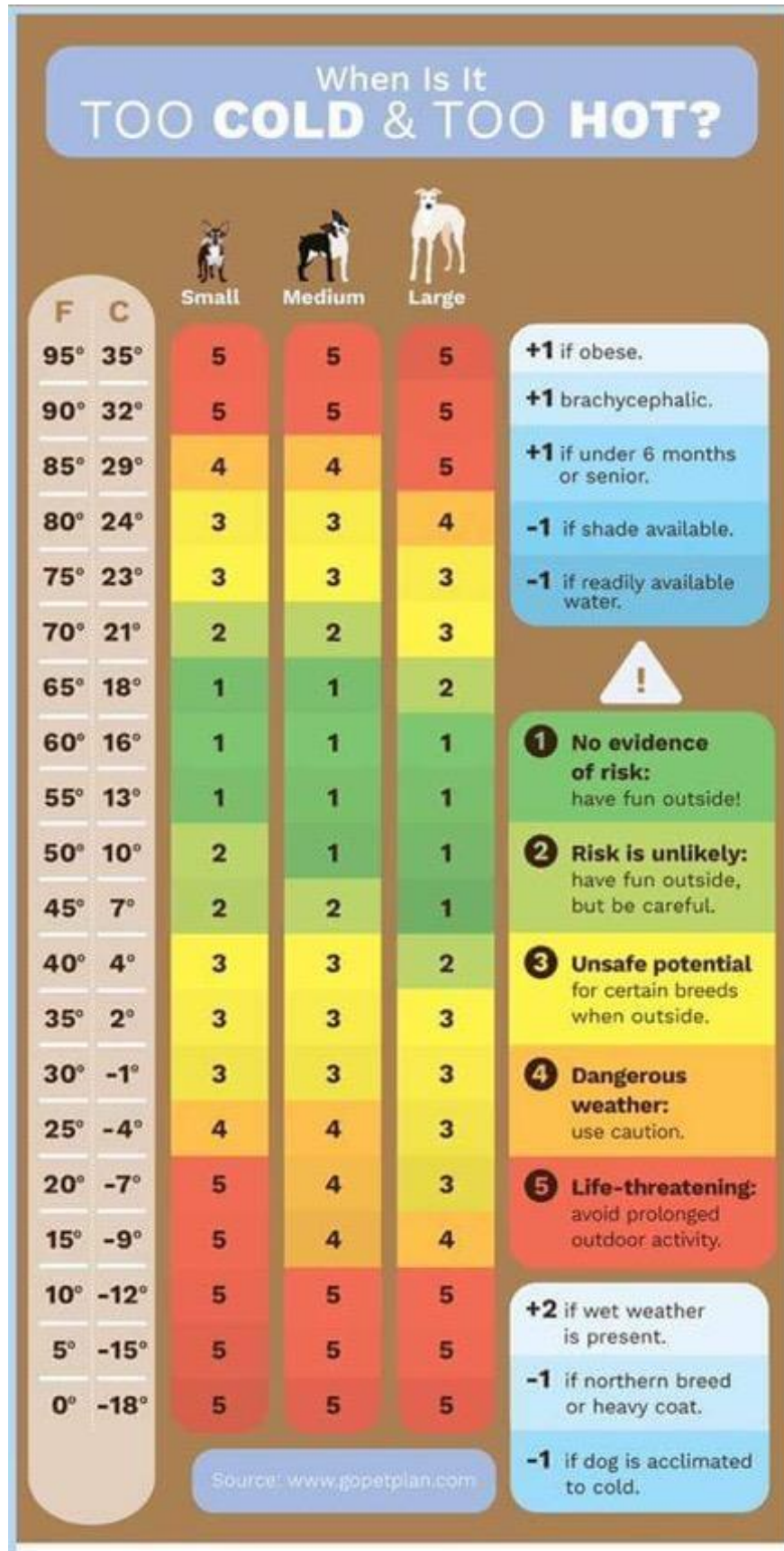


Figure 23 Chris and Talos Retrieve Paddle exercise



Figure 24 Chris and Talos tow a boat

**Canine Health: Heat Stroke in Canines; Do you know what to look for?
When is it Too Cold & Too Hot for your Fur baby. Do you know?**



Canine Health: The Ten Human Medications most dangerous to Dogs:

The 10 Human Medications Most Dangerous to Dogs

By [Dr. Kevin Fitzgerald](#) Sep 07, 2016 | 2 Minutes



- [teeth](#)

One of the most dangerous rooms of the house with regard to [accidental poisonings](#) is the bedroom, on account of the nightstand next to the bed. Many adult dogs and [teething puppies](#) sleep in the [bed with their humans](#), and thus have easy access to the drugs on that nightstand. Medications left on counters in kitchens and bathrooms find their way into the stomachs of [bored dogs](#), too.

If your dog ever does happen to ingest human medication, bring the original container to the veterinarian. The original bottle or package can tell you which drug is involved, what strength, how many pills or tablets were in the container, and possibly the manufacturer's

recommendations concerning poisoning.

Dangerous Drugs

The most common human medications to cause poisoning in dogs include:

10 Most Common Human Medications Harmful to Dogs

- | | |
|------------------|-------------------|
| 1. Aspirin | 6. Xanax |
| 2. Ibuprofen | 7. Ambien |
| 3. Naproxen | 8. ACE inhibitors |
| 4. Indomethacin | 9. Beta Blockers |
| 5. Acetaminophen | 10. Adderall |

Pet Poison Hotline

Keep this number on your fridge should your pet ingest a poison or medication*:

855-764-7661

24/7 Animal Poison Control Center

*fee applies

The **nonsteroidal anti-inflammatory drugs (NSAIDs)** are widely used and readily available — many of these can be purchased over the counter. These drugs are used to treat pain, inflammation, and fever in people. Examples of NSAIDs include **aspirin, ibuprofen, naproxen, and indomethacin**. In dogs, orally ingested NSAIDs are rapidly absorbed. Most achieve peak concentrations in the blood within three hours. The most commonly seen side effects of these medications are gastrointestinal irritation and damage to the GI tract.

At recommended dosages, NSAIDs have little effect on the kidneys, but in cases of overdose (and also with chronic usage) renal damage has occurred. The simultaneous use of two NSAIDs can lead to kidney dysfunction. Additionally, NSAID overdose has caused clotting problems and [liver disease](#). These drugs can also react with other drugs.

Canine Health cont'd:

The 10 Human Medications Most Dangerous to Dogs cont'd

Another readily available human medication often used to treat pain and inflammation in dogs is **acetaminophen**. This drug, sold as **Tylenol** and other brand names, can be obtained both over the counter and in some prescription preparations. Exposure to dogs usually occurs through administration of acetaminophen by uninformed but well-meaning

owners intending to treat [fever](#), [pain](#), or inflammation in their animal. Poisoning can occur from a single exposure to a large dose or from chronic exposure to a low dose.

Acetaminophen poisoning in dogs causes injury to the liver and, in high enough dosages, even liver failure. Clinical signs can include lethargy, loss of appetite, belly pain, and jaundice. Swelling of the face and paws is also commonly seen. Cats are even more sensitive than dogs to acetaminophen — clinical signs can result from ingesting a single tablet.

Medications used for attention-deficit disorder and hyperactivity contain **amphetamine**, a potent stimulant. Ingestion of these medications by dogs can lead to life-threatening tremors, [seizures](#), elevated body temperature, and even cardiac and respiratory arrest.

Blood pressure medications, like ACE inhibitors and beta blockers, can cause weakness, stumbling, and dangerously low blood pressure.

Medications designed to aid with sleep, like Xanax, Ambien, and Valium, can cause dogs to become lethargic, seem intoxicated and, in some cases, have dangerously slowed breathing rates. Some dogs become severely agitated after ingesting these drugs.

Treatment

The vast majority of these accidental intoxications can be successfully managed with early treatment. For [poisonings](#), the best outcomes involve seeking immediate advice from your veterinarian followed by aggressive, proactive treatment, if necessary. Your vet may suggest making the animal vomit if ingestion just occurred, but your pet may also need intravenous fluid support or treatment with specific medications and antidotes to combat the toxin. Always check with your veterinarian before starting any treatments to neutralize the poison.

AKC › Dog Health › Nutrition (*Fruits & Vegetables Dogs Can and Can't Eat*)

Staff Writers | December 03, 2015

As dog owners, it's not uncommon to want to spoil your four-legged family members by sharing table scraps or your favorite snack with them. After all, if it is safe for you to eat, it must be OK for them as well, right? Not necessarily. While many human foods, especially fruits and vegetables, are perfectly safe, some are very unhealthy and downright dangerous to dogs. Dogs digest differently than humans and eating the wrong foods can lead to long-term health problems and, in extreme cases, even death. As carnivores, they have no need for fruits and vegetables as part of their diet, but an occasional fruit or veggie as a treat is OK.

But that doesn't mean all **human food is off limits for dogs**. Read below to find out which fruits and vegetables are OK for sharing in moderation and which should be kept on your plate

As dog owners, it's not uncommon to want to spoil your four-legged family members by sharing table scraps or your favorite snack with them. After all, if it is safe for you to eat, it must be OK for them as well, right? Not necessarily. While many **human foods**, especially fruits and vegetables, are perfectly safe, some are very unhealthy and downright dangerous to dogs. Dogs digest differently than humans and eating the wrong foods can lead to long-term health problems and, in extreme cases, even death. As carnivores, they have no need for fruits and vegetables as part of their diet, but an occasional fruit or veggie as a treat is OK.

Read below to find out which fruits and vegetables are OK for sharing in moderation and which should be avoided.

Fruits & Vegetables



Apples Yes, dogs can eat apples. Apples are an excellent source of vitamins A and C, as well as fiber for your dog. They are low in protein and fat, making them the perfect snack for senior dogs. Just be sure to remove the seeds and core first. Try them frozen for an icy warm weather snack. [Read More](#)



Asparagus No, dogs shouldn't eat asparagus. While asparagus isn't necessarily unsafe for dogs, there's really no point in giving it to them. It's too tough to be eaten raw, and by the time you cook it down so it's soft enough for dogs to eat, asparagus loses the nutrients it contains. If you really want to share a veggie, something more beneficial is probably best. [Read More](#)



Avocado No, dogs should not eat avocado. While avocado may be a healthy snack for dog owners, it should not be given to dogs at all. The pit, skin, and leaves of avocados contain persin, a toxin that often causes vomiting and diarrhea in dogs. The fleshy inside of the fruit doesn't have as much persin as the rest of the plant, but it is still too much for dogs to handle. [Read More](#)

Canine Health cont'd:



Bananas Yes, dogs can eat bananas. In moderation, bananas are a great low-calorie treat for dogs. They're high in potassium, vitamins, biotin, fiber, and copper. They are low in cholesterol and sodium, but because of their high sugar content, bananas should be given as a treat, not part of your dog's regular diet. [Read More](#)



Blueberries Yes, dogs can eat blueberries. Blueberries are a superfood rich in antioxidants, which prevent cell damage in humans and canines alike. They're packed with fiber and phytochemicals as well. Teaching your dog to catch treats in the air? Try blueberries as an alternative to store-bought treats. [Read More](#)



Broccoli Yes, broccoli is safe for dogs to eat in very small quantities and is best served as an occasional treat. It is high in fiber and vitamin C and low in fat. However, Broccoli florets contain isothiocyanates, which can cause mild-to-potentially-severe gastric irritation in some dogs. Furthermore, broccoli stalks have been known to cause obstruction in the esophagus. [Read More](#)



Brussel Sprouts Yes, dogs can eat Brussels sprouts. Brussels sprouts are loaded with nutrients and antioxidants that are great for humans and dogs, alike. Don't overfeed them to your dog, however, because they can cause lots of gas. [Read More](#)



Cantaloupe Yes, cantaloupe is OK for dogs. Cantaloupe is packed with nutrients, low in calories, and a great source of water and fiber. It is, however, high in sugar, so should be shared in moderation, especially for dogs that are overweight or have diabetes. [Read More](#)



Carrots Yes, dogs can eat carrots. Carrots are an excellent low-calorie snack that is high in fiber and beta-carotene, which produces vitamin A. plus, crunching on this orange veggie is great for your dog's teeth. [Read More](#)

Canine Health Cont'd



Celery Yes, celery is OK for dogs to eat. In addition to vitamins A, B, and C, this crunchy green snack contains the nutrients needed to promote a healthy heart and even fight cancer. As if that wasn't enough, celery is also known to freshen doggy breath. [Read More](#)



Cherries No, dogs shouldn't eat cherries. With the exception of the fleshy part around the seed, cherry plants contain cyanide and are toxic to dogs. Cyanide disrupts cellular oxygen transport, which means that your dog's blood cells can't get enough oxygen. If your dog eats cherries, be on the lookout for dilated pupils, difficulty breathing, and red gums, as these may be signs of cyanide poisoning. [Read More](#)



Cranberries Yes, cranberries are OK for dogs to eat. Both cranberries and dried cranberries are safe to feed to dogs in small quantities. Whether your dog will like this tart treat is another question. Either way, moderation is important when feeding cranberries to dogs, as with any treat, as too many cranberries can lead to an upset stomach. [Read More](#)



Cucumbers Yes, dogs can eat cucumbers. Cucumbers are especially good for overweight dogs, as they hold little to no carbohydrates, fats, or oils and they can even boost energy levels. They're loaded with vitamins K, C, and B1, as well as potassium, copper, magnesium, and biotin. [Read More](#)



Grapes No, dogs should not eat grapes. Grapes and raisins have both proved to be very toxic for dogs no matter the dog's breed, sex, or age. In fact, grapes are so toxic that they can lead to acute sudden kidney failure. Definitely skip this dangerous treat. [Read More](#)



Green beans Yes, dogs can eat green beans. Chopped, steamed, raw, or canned — all types of green beans are safe for dogs to eat, as long as they are plain. Green beans are full of important vitamins and minerals and they're also full of fiber and low in calories. [Read More](#)

Canine Health cont'd:



Mango Yes, dogs can eat mangoes. This sweet summer treat is packed with four, yes four different vitamins: vitamins A, B6, C, and E. They also have potassium and both beta-carotene and alpha-carotene. Just remember, as with most fruits, remove the hard pit first, as it contains small amounts of cyanide and can become a choking hazard. [Read More](#)



Mushrooms No, dogs should avoid mushrooms. Wild mushrooms can be toxic for dogs. While only 50 to 100 of the 50,000 mushroom species worldwide are known to be toxic, the ones that are can really hurt your dog or even lead to death. Washed mushrooms from the supermarket could be OK, but it's better to be safe than sorry; skip out on the fungi all together. [Read More](#)



Onions No, dogs should not eat onions. Onions, leeks, and chives are part of a family of plants called Allium that is poisonous to most pets, especially cats. Eating onions can cause your dog's red blood cells to rupture, and can also cause vomiting, diarrhea, stomach pain, and nausea. Poisoning from onions is more serious in Japanese breeds of dogs such as Akitas and Shiba Inus, but all dogs are very susceptible to it. [Read More](#)



Oranges Yes, dogs can eat oranges. Oranges are fine for dogs to eat, according to veterinarians. They are also an excellent source of vitamin C, potassium, and fiber, and in small quantities can serve as tasty treats for your dog. Vets do, however, recommend tossing the peel and just giving your dog the inside of the orange, minus the seeds, as the peel is much rougher on their digestive systems. [Read](#)



Peaches Yes, peaches are OK for dogs to eat. Small amounts of cut-up peaches are a great source of fiber and vitamin A, and can even help fight infections, but just like cherries, the pit contains cyanide. As long as you completely cut around the pit first, fresh peaches can be a great summer treat – just not canned peaches, as they usually contain high amounts of sugary syrups. [Read More](#)

Canine Health cont'd:



Pears Yes, dogs can eat pears. Pears are a great snack because they're high in copper, vitamins C and K, and fiber. It's been suggested that eating the fruit can reduce the risk of having a stroke by 50 percent. Just be sure to cut pears into bite-size chunks and remove the pit and seeds first, as the seeds contain traces of cyanide. [Read More](#)



Peas Yes, dogs can eat pears. Green peas, specifically: snow peas, sugar snap peas, and garden or English peas are all OK for dogs. Peas have several vitamins, minerals, and are rich in protein and high in fiber. You can feed your dog fresh, frozen, or thawed peas, but do not give him canned peas, which have a lot of added sodium. [Read More](#)



Pineapple Yes, pineapples are OK for dogs to eat. A few chunks of pineapple are a great sweet treat for dogs, as long as the prickly outside is removed first. The tropical fruit is full of vitamins, minerals, and fiber. It also contains bromelain, an enzyme that makes it easier for dogs to absorb proteins. [Read More](#)



Potatoes Yes, dogs can eat potatoes. It's fine to give your dog plain potatoes every once and a while, but only if they're cooked, as raw potatoes can be rough on the stomach. A washed, peeled, plain boiled, or baked potato contains lots of iron for your dog. Avoid mashed potatoes because they often contain butter, milk, or seasonings. [Read More](#)



Raspberries Yes, dogs can eat raspberries. Raspberries are fine in moderation. They contain antioxidants that are great for dogs. They're low in sugar and calories, but high in fiber, manganese, and vitamin C. Raspberries are especially good for senior dogs because they have anti-inflammatory properties, which can help take pain and pressure from joints. However, they do contain slight amounts of the toxin Xylitol, so limit your dog to less than a cup of raspberries at a time. [Read More](#)

Canine Health cont'd:



Strawberries Yes, it is OK for dogs to eat strawberries. Strawberries are full of fiber and vitamin C. Along with that, they also contain an enzyme that can help whiten your dog's teeth as he or she eats them. They are high in sugar though, so be sure to give them in moderation. [Read More](#)



Sweet potatoes Yes, dogs can eat sweet potatoes. Sweet potatoes are packed with nutrients, including fiber, beta carotene, and vitamins B-6 and C. Just like with regular potatoes, only give your dog washed, peeled, cooked, and unseasoned sweet potatoes that have cooled down, and definitely avoid sugary sweet potato pies and casseroles. [Read More](#)



Watermelon Yes, watermelon is OK for dogs to eat. It's important to remove the rind and seeds first, as they can cause intestinal blockage, but watermelon is otherwise safe for dogs. It's full of vitamin A, B-6, and C, as well as potassium. Watermelon is 92 percent water, so it's a great way to keep your dog hydrated on hot summer days. [Read More](#)



Spinach Yes, dogs can eat spinach, but it's not one of the top vegetables you'll want to be sharing with you pup. Spinach is very high in oxalic acid, which blocks the body's ability to absorb calcium and can lead to kidney damage. While your dog would probably have to eat a very large amount of spinach to have this problem, it might be best to go with another vegetable. [Read More](#)

Better Never Bitten

Tips for Keeping Your Family & Friends Safe ... Including Your Dog

Dogs are our best friends, and many families cannot imagine life without them. Yet bites from pet dogs are common and can ruin an otherwise loving relationship. Although we certainly see them as members of the family, it is important to remember that dogs are, in fact, dogs—whose native language is different from our own. What a child might do to show her love to a dog might be seen as a threat, and reaching to take something as meaningless as a paper towel from it might insult any dog's sense of ownership. We hear all kinds of advice and it can be confusing. What, then, can we do to ensure that our children, ourselves, and our beloved pets are content and safe?

What NOT to Do

- Don't leave infants, toddlers, or young children alone with any dog, no matter how friendly it is.
- Don't pet, touch, nudge, hug, or kiss a dog while it is resting, especially if it is on or beneath furniture.
- Don't hug or kiss a dog that is not your own, however friendly it may seem.
- Don't move a dog by pulling on its collar or scruff; instead, call the dog to you or toss a piece of food.
- Don't pet or touch a dog while it is eating food or chewing on a toy, bone, or any other object.
- Don't reach to remove food, toys, or any other objects from a dog. If it is necessary to remove an object, trade by offering it an irresistible piece of food.
- Don't pet or restrain any dog trying to get away from you.
- Don't corner a dog to clip on a leash, give it medicine, groom, or even pet it.
- Don't point at, hit, slap, or otherwise punish or scare the dog. Your dog does not purposely misbehave. Most important, physical punishment will frighten the dog, and frightened dogs are more likely to bite.

SHOULD YOU SEEK HELP?

Dogs are complicated animals and, like us, might need help for one problem or another. Many "issues" can be addressed with simple training or environmental or management changes. If, however, your dog is significantly fearful or has shown growling, snapping, or biting behavior, the situation will not resolve on its own. Talk to your veterinarian or a certified behavior specialist for help and recommendations.

READING YOUR DOG

You might be surprised to learn about these signals of stress or fear. These reactions may be especially relevant when the dog is approached by someone or hesitates to do something that you have asked it to do:

- Yawning
- Rolling over on its back
- Lowering its head
- Backing up
- Wagging a stiff tail
- Licking its lips
- Lifting a front leg
- Sitting



This client handout from *Clinician's Brief* may be downloaded and printed for use in your clinic.

RKNC Brags and News:

No brags received for this Newsletter

Birthday Celebration of Newfoundlands that had Birthdays during March and April 2019:

Did not receive any notifications this time.

Our River King Newfoundland Club Facebook Page:

Send items or information to Cassie or Me.

My desire is to show everyone what a phenomenal Newfoundland Club that we are. *If you have anything that can help promote how great our club is, please send it to me.*

This edition of Newf Tails

Thanks to everyone who sent me information. It sure helped me with getting this edition out the door to you. I am very appreciative of anything that you send me; please keep it up.

Help Make Your Newsletter Valuable

This newsletter is all about RKNC, of course, and RKNC is nothing if not for its members, so please help make this newsletter all it can be by sending in your news, updates, brags, notices, photos, and everything else Newf- related (short of classified ads.)

If you have a lot of photos from a recent RKNC event, please consider creating a slideshow on a free photo- sharing site (such as PhotoBucket). The newsletter will publish a photo or two from your collection along with a link to the entire set of images; this way, the size of the newsletter can be kept manageable for emailing. (Photos, even web-resolution JPGS, consume a lot of file space and computer memory, and 'compressing' the newsletter PDF file compromises the quality of the entire document.)

The newsletter is currently published bi-monthly, and as a helpful reminder here are the current schedule and submission deadlines:

Issue	Estimated Publication	Submission Deadline
Jan-Feb	Feb 28	Feb 18
Mar-Apr	Apr 30	Apr 20
May-Jun	Jun 30	Jun 20
Jul-Aug	Aug 30	Aug 20
Sep-Oct	Oct 30	Oct 20
Nov-Dec	Dec 30	Dec 20

This schedule will make the newsletter "summary" in nature, being published at the **end** of each two-month period; this will allow us to include draft test results in the March-April issue, water test results in the July-August issue, specialty results in the Sept-October issue, and obedience trial results in the January-February issue. But that can happen only if results and reports are submitted in a timely manner. And if you're writing something for this newsletter, please keep in mind the relationship between what you're writing about and when the newsletter will be published. THANK YOU for your support of the RKNC newsletter!