

NEWF TAILS

The Newsletter of the
RIVER KING NEWFOUNDLAND CLUB

Nov – Dec 2020

President's Message



2020 is drawing to an end. This time last year I don't any of us dreamt how this year would turn out. While as awful as this has been, a few good things have come from the current situation, Mark and I spend more time at home, sitting down and sharing meals with our kids.

There have been a few sad moments as well, we missed spending Thanksgiving with our oldest daughter, she works at a local children's hospital in the oncology department, where she thought she was safe from exposure to the virus, however one of the mothers was positive and exposed her child and Jennifer.

Luckily Jennifer did not develop the virus, but we like so many others were unable to spend the holiday with a loved one. In retrospect I realize how lucky we have been, none of my family has been seriously affected by the virus and my heart breaks for those who have not been as fortunate.

If nothing else this year has taught me to slow down and appreciate the time I have with my family and loved ones, and once this has passed, and it will pass, I look forward to visiting with old friends, being able to greet them with hugs, handshakes and kisses on the cheeks. In the meantime, a few more evenings in and home cooked meals with Mark and our kids isn't such a bad thing after all.

I would also like to ask that we all keep our RKNC members who are not in good health in our thoughts and prayers and I want to let them know that they have our love and support.

Hoping all stay safe and warm and have a wonderful Holiday Season and see you in 2021.

Cassie Iken
RKNC President

RKNC Officers

President: Cassie Iken

Vice-President: Sue Zientara

Treasurer: Sylvia Steiling

Corresponding Sec'y: Mark Iken

Recording Sec'y: Jenny Harrison

Board Members: Chris Jones,
Carin Hicks

Committees

Awards: Gene Manley

Conformation: Sue Zientara Chair
Person & Jean McAdams

Draft Test: Cassie Iken Sue
Zientara and Sylvia Steiling

Education: Steve McAdams, Gene
Manley

Fundraising: Jennifer Jones

Historian: Pat Owens

Membership: Mark Iken

Newsletter: Gene Manley

Nominating Committee: Chris
Jones, Carin Hicks & Vince
Molinarolo

Obedience: Mark Iken, Sylvia
Steiling, Sue Zientara, Pat Owens

Parades: Chris Jones

Regional: Jean McAdams, Janice
Henderson, Rita Jacobs, Mark &
Kimi Wankel, Tom Brant, Lonnie
Specht, Sue Zientara

Rescue: Debbie Fitton (chair), Lisa
Noel, Deb Berg, Marilee Hejna

Sunshine: Cassie Iken

Water Test: Mark Iken, Sue
Zientara, and Tom Brandt

Website: Chris Jones

Officer & Committee Reports

Awards Committee:

Just a reminder, make copies of your certificates that you receive so you be ready to fill your award requests for 2020.

Water Test Committee:

See general meeting notes

Parade Committee:

See Meeting Notes.

Draft Test Chairman

See Meeting Minutes for update.

Obedience Trials:

See Meeting Minutes for update.

Education Committee:

See Meeting Minutes for update.

Conformation Committee:

See Meeting Minutes for update.

Holiday Party:

What do you need to know about this newsletter?

- *The President's Report*
- *Calendar of Events for Nov – Dec 2020*
- *What You Need to Know about this about this Newsletter*
- *RKNC Rescue Report December 2020*
- *Ekert's Christmas tree pull Dec 5, 2020*
- *Too Signs of Dogs with chronic Pain submitted by Pat Owens*
- *Newfoundland Neighbor in 1850 submitted by Pat Owens*
- *Dogs in History submitted by Pat Owens*
- *The information for Canine Health*
 - *Canine Heat Stroke in Canines*
 - *When is it Too Hot or Too Cold for your fur baby?*
 - *The 10 Human Medications Most Dangerous to Dogs*
 - *Nutritional Concerns for your senior dogs.*
 - *Fruits and Vegetables that our dogs can and cannot eat (updated).*
 - *Better Never Bitten*
 - *Can Dogs Eat Thanksgiving Turkey?*
- *The News, Brags, Newfoundland Birthdays*
- *The River King Newfoundland Club Facebook Page (info)*
- *The Rainbow Bridge portion*



River King Newfoundland Club

RKNC 2021 Activity Calendar

Date	Event	Place
February 16, 2021	1 st Quarter Board Meeting Teleconference	Teleconference
March 7, 2021	1 st Quarter General Meeting	Litchfield
March 7, 2021	Draft n Go	Litchfield
March 20 & 21, 2021	Draft Test	Litchfield
04/30-05/01	Springfield Show Supported Entry ??	
May 18	2 nd Quarter Board Meeting	Teleconference
June 12 & 13	Water Wizards	Rowens Kennels, Brighton
June 12	Annual Awards Banquet	??
June 13	General Meeting	Rowens Kennels, Brighton
July 20	3 rd Quarter Board Meeting	Teleconference
July 24 & 25	H2O n Go	Litchfield
August 13, 14 & 15	Water Test	Litchfield
October 2 & 3	Obedience/Rally Trial	Westinn Kennels
October	Regional	??
	3rd Quarter Board Meeting	Teleconference
November 14	Holiday Get Together	TBA
November 25	Thanksgiving Day Parade	St. Louis
December 12	4 th Quarter Board Meeting/Annual Meeting	TBA

By the time you read this report, Christmas will be over and 2020 will be in the rear-view mirror. Many blessings for all of you and your furry family too for 2021.

Rescue ended 2020 with being very busy. In late October I was contacted by an elderly woman who stated that she could no longer care for her four dogs and asked if rescue would accept them. Cassie Iken and a team of volunteers picked up the dogs on November 1. There were three females and one male dog. The dogs were taken directly to the veterinarian and then to Pat Owens for boarding and distribution to their foster homes.

Two of the females, Amy and Missy were adopted almost immediately. Missy's name has since been changed to Shiloh. Look for their pictures in this newsletter.



Figure 1 Amy in her forever home, does she look happ!!!



Figure 2 Meet Shiloh formerly Missy enjoying the fire ring

Bentley, the male is being fostered by Brian and Karen Fromme and hopefully by the time this newsletter is published, Bentley will be in his forever home. Brian said he is a great dog! Look for Bentley's picture in this newsletter, too.



Figure 3 Meet Mr. Bentley, who is enjoying the couch

The third female, Nellie was found to be heartworm positive. Liz and Ryan Pagel are fostering her while she undergoes treatment. After that Nellie will be spayed and she will begin looking for her forever home. Liz says that Nellie is a bit shy but very sweet. She gets along well with other dogs. Right now, Liz and Ryan are working on building trust with Nellie.



Figure 4 Meet Meeka with her new family.

Mica, the puppy that Kim and Jim DeSutter have been fostering was adopted on December 17. Mica's name was changed to Meeka. Same pronunciation, different spelling. Her new family is a friend of the DeSutters and also own a border collie for Meeka to play with. Meeka is a super sweet girl with more than enough energy to keep up with a border collie playmate. Look for the family photo with Meeka in this newsletter.



Figure 5 Here is Miss Onyx sitting proud in the yard

My foster dog, Onyx will be nine years old in January. She is a South-Central rescue that I agreed to foster because SC was over-burdened with dogs at that time. Onyx was relinquished by her owner and came to us in September with badly infected skin, eyes and ears. She has recovered nicely and was spayed recently. I just talked with a great home yesterday who wants to adopt this senior! I am so proud of Onyx. Her rehabilitation has been phenomenal! Hopefully by the time you read this newsletter, Onyx will be in her forever home. There is a picture of Onyx in this newsletter.



Figure 6 Here is Mr. Cougar, he is so handsome

Cougar is our permanent foster boy. He has been staying with my friend since the beginning of COVID, but plans are for Cougar to be returned back to Ed and me when the weather gets bad. You wouldn't know it to look at him, but Cougar will be 11 years old in April. He's active, fun loving and has a thick beautiful coat.



Figure 7 This is Milo with her sister Abbi, both are so Happy

Take a look at the picture of Milo and friend, Abbi. Milo was adopted by a nice family from Wisconsin in September. His 11-year-old owner loves him and says he fun to be with because he is so crazy!

Many thanks to a host of volunteers: Tracy and Chan Keith for your monetary contribution and donation of doggy bibs for our rescue dogs; Cassie Iken and all of the volunteers who helped on November 1 with the four-dog pick-up and transport. I know it was a long day for all of you; The mobile veterinarian clinic where these four dogs were initially taken. The fees that they charged River King were greatly discounted; Cassie for continuing to help find potential adopters for rescue dogs; Liz and Ryan Pagel for fostering Nellie; Brian and Karen Fromme for fostering Bentley; Kim and Jim DeSutter for fostering Mica and Pat Owens for always being so generous with her boarding kennel.

Jennifer Jones had organized two Christmas Tree pulls for our club members this fall, one was Mills Farm in Marine, IL and the other was at Eckert's in Belleville, IL on Dec 5, 2020. Below is a list of members and their Newfs that worked pulling trees and showing off our Newfs to the Public. Thank You Jennifer for planning such a fun time.

River King Newfoundland Club Newfoundland Dogs and Owners in attendance at the Christmas Tree Pull:

- VN CH Shadrack's On The Road Again With Willie, CD, RN, TKN, CGC, WRD, TDD, "Cami" owned by Mark & Cassie Iken
- VN CH Woodside's Somewhere On A Beach with Shadrack, CD, RN, TKN, CGC, WRD, TDD, "Cruz" owned by Mark & Cassie Iken
- Rowen's Obsidian Talos, WD, CGC, "Talos" owned by Chris & Jennifer Jones
- Rowen's Abigail, CGC, WRD, DD, "Abby" owned by Chris and Jennifer Jones
- Shadrack's Jewel of the Nile, CGC, "Niles" owned by Carin Hicks & Nathan Hicks
- Boomer, "Boomer" owned by Ryan and Liz Pagel
- GCH CH Be Our Keeper Of The Stars Tender Ebony, CGC, TKN, "Malachi" owned by Gene & Linda Manley
- GCH Shadrack's C The Big Man Take The Stage, WD, "Clarence" owned by Rick & Cathy Hartke

Pictures of our Newfoundlands at the pull, no particular order:



Figure 8 Carin and Niles



Figure 9 Cami and Cruz



Figure 10 Chris and Abby



Figure 11 Chris and Talos



Figure 12 Talos



Figure 13 Liz and Boomer along with Cami and Cruz



Figure 14 Gene, Linda and Malachi waiting on us to tie tree down



Figure 15 Mr.Cruz



Figure 16 Cami and Cruz loaded with trees



Figure 17 Mr. Clarence, such a handsome man

**Articles submitted by Pat Owens:
(Retyped by me due to not being able to copy the article that was scanned)**

Dogs are an endangered Species

*By: Nancy Kearney
Vice President American Dog Owners Association
Therapy Dogs International Evaluator*

We have been sticking our heads in the dog show rings and ignoring the very real fact that our hobby is under fire from several directions. Cities are limiting our right to own dogs, outlawing many breeds altogether. Busy bodies pass laws forcing us to spay and neuter our animals or pay excessive fees. Even if your home is in the country, somebody builds across the street from you and then claims you have to many dogs to suit them. Even if you win in courts, the large legal fees will break you. If we don't fight back hard and quickly, there will be no dog shows, no obedience trials, no dog fancy period. This is not an exaggeration; it is real life.

One positive effort is the work being done by the American Dog owners Association. They battle laws that stifle our freedom to enjoy our dogs, They should be actively supported by every dog owner in the country.

Another important step is the work of Therapy Dogs International. We must let the public see how very important dogs are to the health and overall well-being of humans We need to participate in visiting nursing homes, go into schools with Dog Bite Prevention Program, show our animals as valuable members of our families and society in general. Put up booths at fairs, march in parades.

Make sure the dogs all have excellent dispositions and are thoroughly trained. Put a Therapy Dog International title on the dog to prove it will behave in an acceptable manner. Then show off the dog as the excellent friends they are.

If we don't show the many wonderful attributes of our dogs and protect our right to own them, we'll be leaving the world a sadder place, a place without dogs.

Contact these two organizations is important

**American Dog Owners Association
1654 Columbia Turnpike
Castleton, NY 12033
518-477-8469**

OR

**Therapy Dogs International
88 Bartley Road
Flanders, NJ 07836
973-252-9800**

Articles submitted by Pat Owens Cont'd:

Top Signs of Chronic Pain in Dogs

- **Reduced interaction with their families**
- **Reluctance to move**
- **Biting or nipping when bumped or jostled**
- **Growling if a body part is touched or manipulated**
- **Whimpering or whining for no apparent reason**
- **Loss of appetite**
- **Appearance of anxiety and restlessness**
- **Inability to get comfortable**
- **Continuous moving, circling, or pacing**
- **Abnormal postures, statue-like or hunched up**
- **Abnormal gait with an obvious lameness or stiff appearance**
- **Repeated licking or chewing at the site of the pain**

Copied from AKC Family Dog

Newfoundland Neighbor 1850

In 1850, Nicholas Hume built a cupola topped mansion on property located at Main and Brown, in Brighton, IL (a short distance from us). He came from the island of Guernsey, was a world traveler and importer of fine art. Behind his home he had a replica of his home built as a large doghouse for his Newfoundland. The nearby stables housed his imported Percheron Horses. Around 1900 the large Newfoundland breeding kennels were first seen in Canada and here.

Dogs in history

Three dogs survived the sinking of the Titanic on April 15, 1912. A Pomeranian and a Pekingese got into lifeboats with their owners. The third was the first officer's Newfoundland, "Rigel" who was found swimming in the icy waters in search of his owner. He became a hero when his barking was heard by the captain of the S.S. Carpathia, which was on a collision course with a lifeboat. Rigel was taken aboard the Carpathia with the lifeboat survivors.

Source: 90 memorable Moments in dogs. Dog World Oct. 2005

Canine Health: Heat Stroke in Canines; Do you know what to look for? When is it Too Cold & Too Hot for your Fur baby. Do you know?



Canine Health: The Ten Human Medications most dangerous to Dogs:

The 10 Human Medications Most Dangerous to Dogs

By [Dr. Kevin Fitzgerald](#) Sep 07, 2016 | 2 Minutes



- [teeth](#)

One of the most dangerous rooms of the house with regard to [accidental poisonings](#) is the bedroom, on account of the nightstand next to the bed. Many adult dogs and [teething puppies](#) sleep in the [bed with their humans](#), and thus have easy access to the drugs on that nightstand. Medications left on counters in kitchens and bathrooms find their way into the stomachs of [bored dogs](#), too.

If your dog ever does happen to ingest human medication, bring the original container to the veterinarian. The original bottle or package can tell you which drug is involved, what strength, how many pills or tablets were in the container, and possibly the manufacturer's

recommendations concerning poisoning.

Dangerous Drugs

The most common human medications to cause poisoning in dogs include:

10 Most Common Human Medications Harmful to Dogs

1. Aspirin
2. Ibuprofen
3. Naproxen
4. Indomethacin
5. Acetaminophen
6. Xanax
7. Ambien
8. ACE inhibitors
9. Beta Blockers
10. Adderall

Pet Poison Hotline

Keep this number on your fridge should your pet ingest a poison or medication*:

855-764-7661

24/7 Animal Poison Control Center

*fee applies

The **nonsteroidal anti-inflammatory drugs (NSAIDs)** are widely used and readily available — many of these can be purchased over the counter. These drugs are used to treat pain, inflammation, and fever in people. Examples of NSAIDs include **aspirin, ibuprofen, naproxen, and indomethacin**. In dogs, orally ingested NSAIDs are rapidly absorbed. Most achieve peak concentrations in the blood within three hours. The most commonly seen side effects of these medications are gastrointestinal irritation and damage to the GI tract.

At recommended dosages, NSAIDs have little effect on the kidneys, but in cases of overdose (and also with chronic usage) renal damage has occurred. The simultaneous use of two NSAIDs can lead to kidney dysfunction. Additionally, NSAID overdose has caused clotting problems and [liver disease](#). These drugs can also react with other drugs.

Canine Health cont'd:

The 10 Human Medications Most Dangerous to Dogs cont'd

Another readily available human medication often used to treat pain and inflammation in dogs is **acetaminophen**. This drug, sold as **Tylenol** and other brand names, can be obtained both over the counter and in some prescription preparations. Exposure to dogs usually occurs through administration of acetaminophen by uninformed but well-meaning

owners intending to treat [fever](#), [pain](#), or inflammation in their animal. Poisoning can occur from a single exposure to a large dose or from chronic exposure to a low dose.

Acetaminophen poisoning in dogs causes injury to the liver and, in high enough dosages, even liver failure. Clinical signs can include lethargy, loss of appetite, belly pain, and jaundice. Swelling of the face and paws is also commonly seen. Cats are even more sensitive than dogs to acetaminophen — clinical signs can result from ingesting a single tablet.

Medications used for attention-deficit disorder and hyperactivity contain **amphetamine**, a potent stimulant. Ingestion of these medications by dogs can lead to life-threatening tremors, [seizures](#), elevated body temperature, and even cardiac and respiratory arrest.

Blood pressure medications, like ACE inhibitors and beta blockers, can cause weakness, stumbling, and dangerously low blood pressure.

Medications designed to aid with sleep, like Xanax, Ambien, and Valium, can cause dogs to become lethargic, seem intoxicated and, in some cases, have dangerously slowed breathing rates. Some dogs become severely agitated after ingesting these drugs.

Treatment

The vast majority of these accidental intoxications can be successfully managed with early treatment. For [poisonings](#), the best outcomes involve seeking immediate advice from your veterinarian followed by aggressive, proactive treatment, if necessary. Your vet may suggest making the animal vomit if ingestion just occurred, but your pet may also need intravenous fluid support or treatment with specific medications and antidotes to combat the toxin. Always check with your veterinarian before starting any treatments to neutralize the poison.

AKC › Dog Health › Nutrition (*Fruits & Vegetables Dogs Can and Can't Eat*)

Staff Writers | December 03, 2015

As dog owners, it's not uncommon to want to spoil your four-legged family members by sharing table scraps or your favorite snack with them. After all, if it is safe for you to eat, it must be OK for them as well, right? Not necessarily. While many human foods, especially fruits and vegetables, are perfectly safe, some are very unhealthy and downright dangerous to dogs. Dogs digest differently than humans and eating the wrong foods can lead to long-term health problems and, in extreme cases, even death. As carnivores, they have no need for fruits and vegetables as part of their diet, but an occasional fruit or veggie as a treat is OK.

But that doesn't mean all [human food is off limits for dogs](#). Read below to find out which fruits and vegetables are OK for sharing in moderation and which should be kept on your plate

As dog owners, it's not uncommon to want to spoil your four-legged family members by sharing table scraps or your favorite snack with them. After all, if it is safe for you to eat, it must be OK for them as well, right? Not necessarily. While many [human foods](#), especially fruits and vegetables, are perfectly safe, some are very unhealthy and downright dangerous to dogs. Dogs digest differently than humans and eating the wrong foods can lead to long-term health problems and, in extreme cases, even death. As carnivores, they have no need for fruits and vegetables as part of their diet, but an occasional fruit or veggie as a treat is OK.

Read below to find out which fruits and vegetables are OK for sharing in moderation and which should be avoided.

Fruits & Vegetables



Apples Yes, dogs can eat apples. Apples are an excellent source of vitamins A and C, as well as fiber for your dog. They are low in protein and fat, making them the perfect snack for senior dogs. Just be sure to remove the seeds and core first. Try them frozen for an icy warm weather snack. [Read More](#)



Asparagus No, dogs shouldn't eat asparagus. While asparagus isn't necessarily unsafe for dogs, there's really no point in giving it to them. It's too tough to be eaten raw, and by the time you cook it down so it's soft enough for dogs to eat, asparagus loses the nutrients it contains. If you really want to share a veggie, something more beneficial is probably best. [Read More](#)



Avocado No, dogs should not eat avocado. While avocado may be a healthy snack for dog owners, it should not be given to dogs at all. The pit, skin, and leaves of avocados contain persin, a toxin that often causes vomiting and diarrhea in dogs. The fleshy inside of the fruit doesn't have as much persin as the rest of the plant, but it is still too much for dogs to handle. [Read More](#)

Canine Health cont'd:



Bananas Yes, dogs can eat bananas. In moderation, bananas are a great low-calorie treat for dogs. They're high in potassium, vitamins, biotin, fiber, and copper. They are low in cholesterol and sodium, but because of their high sugar content, bananas should be given as a treat, not part of your dog's regular diet. [Read More](#)



Blueberries Yes, dogs can eat blueberries. Blueberries are a superfood rich in antioxidants, which prevent cell damage in humans and canines alike. They're packed with fiber and phytochemicals as well. Teaching your dog to catch treats in the air? Try blueberries as an alternative to store-bought treats. [Read More](#)



Broccoli Yes, broccoli is safe for dogs to eat in very small quantities and is best served as an occasional treat. It is high in fiber and vitamin C and low in fat. However, Broccoli florets contain isothiocyanates, which can cause mild-to-potentially-severe gastric irritation in some dogs. Furthermore, broccoli stalks have been known to cause obstruction in the esophagus. [Read More](#)



Brussel Sprouts Yes, dogs can eat Brussels sprouts. Brussels sprouts are loaded with nutrients and antioxidants that are great for humans and dogs, alike. Don't overfeed them to your dog, however, because they can cause lots of gas. [Read More](#)



Cantaloupe Yes, cantaloupe is OK for dogs. Cantaloupe is packed with nutrients, low in calories, and a great source of water and fiber. It is, however, high in sugar, so should be shared in moderation, especially for dogs that are overweight or have diabetes. [Read More](#)



Carrots Yes, dogs can eat carrots. Carrots are an excellent low-calorie snack that is high in fiber and beta-carotene, which produces vitamin A. plus, crunching on this orange veggie is great for your dog's teeth. [Read More](#)

Canine Health Cont'd



Celery Yes, celery is OK for dogs to eat. In addition to vitamins A, B, and C, this crunchy green snack contains the nutrients needed to promote a healthy heart and even fight cancer. As if that wasn't enough, celery is also known to freshen doggy breath. [Read More](#)



Cherries No, dogs shouldn't eat cherries. With the exception of the fleshy part around the seed, cherry plants contain cyanide and are toxic to dogs. Cyanide disrupts cellular oxygen transport, which means that your dog's blood cells can't get enough oxygen. If your dog eats cherries, be on the lookout for dilated pupils, difficulty breathing, and red gums, as these may be signs of cyanide poisoning. [Read More](#)



Cranberries Yes, cranberries are OK for dogs to eat. Both cranberries and dried cranberries are safe to feed to dogs in small quantities. Whether your dog will like this tart treat is another question. Either way, moderation is important when feeding cranberries to dogs, as with any treat, as too many cranberries can lead to an upset stomach. [Read More](#)



Cucumbers Yes, dogs can eat cucumbers. Cucumbers are especially good for overweight dogs, as they hold little to no carbohydrates, fats, or oils and they can even boost energy levels. They're loaded with vitamins K, C, and B1, as well as potassium, copper, magnesium, and biotin. [Read More](#)



Grapes No, dogs should not eat grapes. Grapes and raisins have both proved to be very toxic for dogs no matter the dog's breed, sex, or age. In fact, grapes are so toxic that they can lead to acute sudden kidney failure. Definitely skip this dangerous treat. [Read More](#)



Green beans Yes, dogs can eat green beans. Chopped, steamed, raw, or canned — all types of green beans are safe for dogs to eat, as long as they are plain. Green beans are full of important vitamins and minerals and they're also full of fiber and low in calories. [Read More](#)

Canine Health cont'd:



Mango Yes, dogs can eat mangoes. This sweet summer treat is packed with four, yes four different vitamins: vitamins A, B6, C, and E. They also have potassium and both beta-carotene and alpha-carotene. Just remember, as with most fruits, remove the hard pit first, as it contains small amounts of cyanide and can become a choking hazard. [Read More](#)



Mushrooms No, dogs should avoid mushrooms. Wild mushrooms can be toxic for dogs. While only 50 to 100 of the 50,000 mushroom species worldwide are known to be toxic, the ones that are can really hurt your dog or even lead to death. Washed mushrooms from the supermarket could be OK, but it's better to be safe than sorry; skip out on the fungi all together. [Read More](#)



Onions No, dogs should not eat onions. Onions, leeks, and chives are part of a family of plants called Allium that is poisonous to most pets, especially cats. Eating onions can cause your dog's red blood cells to rupture, and can also cause vomiting, diarrhea, stomach pain, and nausea. Poisoning from onions is more serious in Japanese breeds of dogs such as Akitas and Shiba Inus, but all dogs are very susceptible to it. [Read More](#)



Oranges Yes, dogs can eat oranges. Oranges are fine for dogs to eat, according to veterinarians. They are also an excellent source of vitamin C, potassium, and fiber, and in small quantities can serve as tasty treats for your dog. Vets do, however, recommend tossing the peel and just giving your dog the inside of the orange, minus the seeds, as the peel is much rougher on their digestive systems. [Read](#)



Peaches Yes, peaches are OK for dogs to eat. Small amounts of cut-up peaches are a great source of fiber and vitamin A, and can even help fight infections, but just like cherries, the pit contains cyanide. As long as you completely cut around the pit first, fresh peaches can be a great summer treat – just not canned peaches, as they usually contain high amounts of sugary syrups. [Read More](#)

Canine Health cont'd:



Pears Yes, dogs can eat pears. Pears are a great snack because they're high in copper, vitamins C and K, and fiber. It's been suggested that eating the fruit can reduce the risk of having a stroke by 50 percent. Just be sure to cut pears into bite-size chunks and remove the pit and seeds first, as the seeds contain traces of cyanide. [Read More](#)



Peas Yes, dogs can eat pears. Green peas, specifically: snow peas, sugar snap peas, and garden or English peas are all OK for dogs. Peas have several vitamins, minerals, and are rich in protein and high in fiber. You can feed your dog fresh, frozen, or thawed peas, but do not give him canned peas, which have a lot of added sodium. [Read More](#)



Pineapple Yes, pineapples are OK for dogs to eat. A few chunks of pineapple are a great sweet treat for dogs, as long as the prickly outside is removed first. The tropical fruit is full of vitamins, minerals, and fiber. It also contains bromelain, an enzyme that makes it easier for dogs to absorb proteins. [Read More](#)



Potatoes Yes, dogs can eat potatoes. It's fine to give your dog plain potatoes every once and a while, but only if they're cooked, as raw potatoes can be rough on the stomach. A washed, peeled, plain boiled, or baked potato contains lots of iron for your dog. Avoid mashed potatoes because they often contain butter, milk, or seasonings. [Read More](#)



Raspberries Yes, dogs can eat raspberries. Raspberries are fine in moderation. They contain antioxidants that are great for dogs. They're low in sugar and calories, but high in fiber, manganese, and vitamin C. Raspberries are especially good for senior dogs because they have anti-inflammatory properties, which can help take pain and pressure from joints. However, they do contain slight amounts of the toxin Xylitol, so limit your dog to less than a cup of raspberries at a time. [Read More](#)

Canine Health cont'd:



Strawberries Yes, it is OK for dogs to eat strawberries. Strawberries are full of fiber and vitamin C. Along with that, they also contain an enzyme that can help whiten your dog's teeth as he or she eats them. They are high in sugar though, so be sure to give them in moderation. [Read More](#)



Sweet potatoes Yes, dogs can eat sweet potatoes. Sweet potatoes are packed with nutrients, including fiber, beta carotene, and vitamins B-6 and C. Just like with regular potatoes, only give your dog washed, peeled, cooked, and unseasoned sweet potatoes that have cooled down, and definitely avoid sugary sweet potato pies and casseroles. [Read More](#)



Watermelon Yes, watermelon is OK for dogs to eat. It's important to remove the rind and seeds first, as they can cause intestinal blockage, but watermelon is otherwise safe for dogs. It's full of vitamin A, B-6, and C, as well as potassium. Watermelon is 92 percent water, so it's a great way to keep your dog hydrated on hot summer days. [Read More](#)



Spinach Yes, dogs can eat spinach, but it's not one of the top vegetables you'll want to be sharing with you pup. Spinach is very high in oxalic acid, which blocks the body's ability to absorb calcium and can lead to kidney damage. While your dog would probably have to eat a very large amount of spinach to have this problem, it might be best to go with another vegetable. [Read More](#)

Better Never Bitten

Tips for Keeping Your Family & Friends Safe ... Including Your Dog

Dogs are our best friends, and many families cannot imagine life without them. Yet bites from pet dogs are common and can ruin an otherwise loving relationship. Although we certainly see them as members of the family, it is important to remember that dogs are, in fact, dogs—whose native language is different from our own. What a child might do to show her love to a dog might be seen as a threat, and reaching to take something as meaningless as a paper towel from it might insult any dog's sense of ownership. We hear all kinds of advice and it can be confusing. What, then, can we do to ensure that our children, ourselves, and our beloved pets are content and safe?

What NOT to Do

- Don't leave infants, toddlers, or young children alone with any dog, no matter how friendly it is.
- Don't pet, touch, nudge, hug, or kiss a dog while it is resting, especially if it is on or beneath furniture.
- Don't hug or kiss a dog that is not your own, however friendly it may seem.
- Don't move a dog by pulling on its collar or scruff; instead, call the dog to you or toss a piece of food.
- Don't pet or touch a dog while it is eating food or chewing on a toy, bone, or any other object.
- Don't reach to remove food, toys, or any other objects from a dog. If it is necessary to remove an object, trade by offering it an irresistible piece of food.
- Don't pet or restrain any dog trying to get away from you.
- Don't corner a dog to clip on a leash, give it medicine, groom, or even pet it.
- Don't point at, hit, slap, or otherwise punish or scare the dog. Your dog does not purposely misbehave. Most important, physical punishment will frighten the dog, and frightened dogs are more likely to bite.

SHOULD YOU SEEK HELP?

Dogs are complicated animals and, like us, might need help for one problem or another. Many "issues" can be addressed with simple training or environmental or management changes. If, however, your dog is significantly fearful or has shown growling, snapping, or biting behavior, the situation will not resolve on its own. Talk to your veterinarian or a certified behavior specialist for help and recommendations.



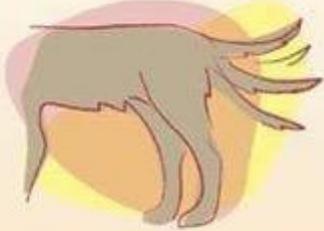
READING YOUR DOG

You might be surprised to learn about these signals of stress or fear. These reactions may be especially relevant when the dog is approached by someone or hesitates to do something that you have asked it to do:

- Yawning
- Rolling over on its back
- Lowering its head
- Backing up
- Wagging a stiff tail
- Licking its lips
- Lifting a front leg
- Sitting









This client handout from *Clinician's Brief* may be downloaded and printed for use in your clinic.

RKNC Brags and News:

RAINBOW BRIDGE



Rowens Olive CGC,TKN
01/05/2011 – 12 06,2020



*"Olive was truly one of the sweetest, most loving dogs. She was loved by all who knew her.
"Rest in Peace Olive, Everyone who had the privilege to meet you will never forget you"*

Birthday Celebration of Newfoundlands that had Birthdays during November, December 2020 and January 2021:

CH Rowens Commander CGC “Chip”

Rowens Eleanor (12 points) will both be 10 years old on January 5, 2021.

Happy Birthday Guys, I hope you both have a fantastic birthday

Our River King Newfoundland Club Facebook Page:

Send items or information to Cassie or Me.

My desire is to show everyone what a phenomenal Newfoundland Club that we are. ***If you have anything that can help promote how great our club is, please send it to me.***

This edition of Newf Tails

Thanks to everyone who sent me information. It sure helped me with getting this edition out the door to you. I am very appreciative of anything that you send me; please keep it up.

Help Make Your Newsletter Valuable

This newsletter is all about RKNC, of course, and RKNC is nothing if not for its members, so please help make this newsletter all it can be by sending in your news, updates, brags, notices, photos, and everything else Newf- related (short of classified ads.)

If you have a lot of photos from a recent RKNC event, please consider creating a slideshow on a free photo- sharing site (such as PhotoBucket). The newsletter will publish a photo or two from your collection along with a link to the entire set of images; this way, the size of the newsletter can be kept manageable for emailing. (Photos, even web-resolution JPGS, consume a lot of file space and computer memory, and 'compressing' the newsletter PDF file compromises the quality of the entire document.)

The newsletter is currently published bi-monthly, and as a helpful reminder here are the current schedule and submission deadlines:

Issue	Estimated Publication	Submission Deadline
Jan-Feb	Feb 28	Feb 18
Mar-Apr	Apr 30	Apr 20
May-Jun	Jun 30	Jun 20
Jul-Aug	Aug 30	Aug 20
Sep-Oct	Oct 30	Oct 20
Nov-Dec	Dec 30	Dec 20

This schedule will make the newsletter "summary" in nature, being published at the **end** of each two-month period; this will allow us to include draft test results in the March-April issue, water test results in the July-August issue, specialty results in the Sept-October issue, and obedience trial results in the January-February issue. But that can happen only if results and reports are submitted in a timely manner. And if you're writing something for this newsletter, please keep in mind the relationship between what you're writing about and when the newsletter will be published. THANK YOU for your support of the RKNC newsletter!