

# NEWF TAILS

The Newsletter of the  
RIVER KING NEWFOUNDLAND CLUB



## May - June 2018 President's Message

Summer has arrived, I don't think we actually had a Spring here, it went from cold to blazing hot. With that in mind, please be careful with your dogs in this heat. They are much more comfortable at home in the air-conditioned house than in the car. Leaving them in the car for just a couple of minutes to run an errand can prove deadly. And while I am on my soap box, if you take your dog for walks make sure they are not walking on hot pavement. I know this all sounds like common sense to most of us, but we all hear about tragedies on the news and think that it could or wouldn't happen to us and somehow, they still happen.

On a happier note, River King held its Water Wizard Workshop on June 9<sup>th</sup> and 10<sup>th</sup> at Rowens Kennels. I want to thank Pat and Bob Owens once again for allowing us to use their beautiful home for this event. Thanks to all that came and participated and a special thanks to Carin and Tad Hicks for donating the meat for lunches at this event.

Our next events will be the H2OnGo and the Water Test to be held at Fireman's Pavilion, Lake Lou Yeager, Litchfield, IL on July 28<sup>th</sup> and 29<sup>th</sup> and August 26<sup>th</sup> and 26<sup>th</sup> respectively.

We will be contacting everyone for donations of food for the luncheons and items for the raffle shortly, so please keep us in mind.

Hope everyone has a wonderful and safe Summer.

*Cassie Iken*  
*RNKC President*

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## **RKNC Officers**

*President: Cassie Iken*

*Vice-President: Jean McAdams*

*Treasurer: Sylvia Steiling*

*Corresponding Sec'y: Mark Iken*

*Recording Sec'y: Janice Henderson*

*Board Members: Danielle Rimkus  
& Sue Zientara*

## **Committees**

*Awards: Gene Manley*

*Conformation: Rita Jacobs & Jean  
McAdams*

*Draft Test: Cassie Iken, Sue  
Zientara, & Sylvia Steiling*

*Education: Steve McAdams, Gene  
Manley*

*Fundraising: Jennifer Jones*

*Historian: Pat Owens*

*Membership: Mark Iken*

*Newsletter: Gene Manley*

*Nominating Committee: Steve  
McAdams, Chris Jones, & Cynthia  
Harrington*

*Obedience: Mark Iken, Sue  
Zientara, Sylvia Steiling, Carol  
Giffhorn, Pat Owens, & Cassie Iken*

*Parades: Lorrie Carpenter*

*Regional: Jean McAdams, Janice  
Henderson, Rita Jacobs, Mark &  
Kimi Wankel, Tom Brant, Lonnie  
Specht, Jean & Andy Zinsmeyer, Sue  
Zientara*

*Rescue: Debbie Fitton (chair), Lisa  
Noel, Deb Berg, Marilee Hejna*

*Sunshine: Billie Caveny*

*Water Test: Mark Iken, Sue*

## **Officer & Committee Reports**

### **Awards Committee:**

In 2017 our members earned a total of 22 awards another great year for RKNC. RKNC 2017 Top Show Dog was Shadrack's Aim for the Fences; call name "Homer." RKNC 2017 Top Obedience Dog was Longship's Up a Longcreek With a Paddle; call name "Paddle." RKNC 2017 Top Working Dog was Longcreek's Doozie of a Storm; call name "Doozie." Congratulations to our 2017 winners.

### **Parade Committee:**

Our numbers have been low at the latest parades. We plan to continue to participate in the Thanksgiving parade but will evaluate whether to continue next year.

### **Draft Test Chairman:**

The Draft Test will be in Litchfield, Illinois on April 6 & 7, 2019 with Heidi Patterson and Benita Edds as judges. The Draft and Go will be on March 24, 2019.

### **Water Test Chairman:**

The test will be on August 25 & 26, 2018 in Litchfield, Illinois. The water and go will be July 28 & 29, 2018 there too. Premiums will be going out shortly. Judges are John Jackman, Karrie Cook, and Cassie Iken.

### **Education Committee:**

A Grooming Seminar is scheduled for September 29, 2018 before our Regional. A Health CPR seminar will be next Spring.

### **Confirmation Committee:**

The Regional for River King will be this October 2018 in Springfield, Illinois. AKC has approved the dates. Prairie Dog Pottery will be doing the trophies. We will have the Regional on Saturday and Sunday of the dog show. Sweep judges are Steve Hayden and Brooke Beck. We will be sending some Save The Date cards out. Fund Raising is still being finalized.

## RKNC Calendar of Events 2018

DATE	EVENT	TIME	LOCATION
March 17	<b>St. Patrick Parade</b>	<b>8:00am</b>	<b>Downtown St. Louis</b>
March 26	<b>Draft &amp; Go</b>	<b>9:00am</b>	<b>Litchfield Lake, IL</b>
April 14-15	<b>Draft Test</b>	<b>8:00am</b>	<b>Litchfield Lake, IL (4-Qualifiers 2-DDX &amp; 2-DD)</b>
April 29—May 6	<b>NCA National</b>		
May 19-20	<b>Supported Entries: Springfield Dog Shows</b>		
May 26-27	<b>Supported Entries: Bloomington Dog Shows</b>		
June 5	<b>Board Teleconference</b>		
June 9	<b>Water Wizards Awards Banquet</b>	<b>9:00am 7:00pm</b>	<b><u>Rowens Kennels in Brighton IL</u> <u>Restaurant Moonlight in Alton, IL</u></b>
June 10	<b>Water Wizards Day 2 Board Meeting #2 General Meeting #2 &amp; Potluck Lunch</b>	<b>9:00am TBA 1:00pm</b>	<b><u>Rowens Kennels in Brighton IL</u></b>
July 17	<b>Board Teleconference</b>		
July 28	<b>H2O and Go General Meeting #3</b>	<b>10am TBA Evening</b>	<b>Lake Lou Yeager Litchfield IL</b>
August 18-19	<b>Water Test</b>	<b>8:00am</b>	<b>Lake Lou Yeager Litchfield IL</b>
Oct 6-7	<b>Obedience Trial</b>	<b>8:00am</b>	<b>Westinn Kennels in Wentzville Mo.</b>
Oct 14	<b>Grooming Seminar</b>		
Oct 19	<b>Regular Dog Show</b>	<b>8:00am</b>	<b>Springfield IL</b>
Oct 20	<b>River King Regional #1 Dining w/Dog Friends</b>	<b>8:00am 6:30pm</b>	<b>Springfield IL Restaurant TBA</b>
Oct 21	<b>River King Regional #2</b>	<b>8:00am</b>	<b>Springfield IL</b>
Nov 18	<b>Holiday Party – General Meeting #4</b>	<b>1:00pm</b>	<b>Fire &amp; Ale Restaurant in Sherman IL</b>
Nov 22	<b>Thanksgiving Day Parade</b>	<b>8:00am</b>	<b>Downtown St. Louis</b>
Dec 9	<b>Board Meeting #4</b>	<b>1:00pm</b>	<b>Green Valley IL</b>

**Present:** Chris Jones, Jean McAdams, Janice Henderson, Sue Zientara, Cassie Iken, Mark Iken, Sylvia Steiling

Jean McAdams called the meeting to order at 7:10pm.

**REPORTS:**

**President:** Cassie Iken thanked all for calling in to the meeting.

**Vice President:** No report at this time.

**Treasurer:** Sylvia Steiling reported the general balance of the club is \$8,738.72 with the Draft Test making \$1500. Rescue has \$4,023.57 with three dogs in rescue at this time.

**Recording Secretary:** Janice Henderson made a motion to approve the minutes of the last meeting that are printed in the Newsletter. Cassie Iken seconded, and the motion passed. Janice Henderson also wanted to thank Gene Manley for all his help in printing the newsletter.

**Corresponding Secretary:** No report at this time.

**COMMITTEES:**

**Awards:** The Awards banquet is this Saturday night with Gene and Linda Manley in charge. Gene has been working on some fun awards with pictures.

**Confirmation:** The Regional for River King will be this October 2018 in Springfield, Illinois. AKC has approved the dates. Prairie Dog Pottery will be doing the trophies. We will have the Regional on Saturday and Sunday of the dog show. Sweep judges are Steve Hayden and Brooke Beck. We will be sending some Save The Date cards out. Fund Raising is still being finalized.

**Draft Test:** The Draft Test will be in Litchfield, Illinois on April 6 & 7, 2019 with Heidi Patterson and Benita Edds as judges. The Draft and Go will be on March 24, 2019.

**Education:** A Grooming Seminar is scheduled for September 29, 2018 before our Regional. A Health CPR seminar will be next Spring.

**Fund Raising:** Jennifer Jones and Cassie Iken are planning on inventorying what we have. Cassie Iken discussed the idea of Facebook and Pay Pall. Our Raffle of the drafting cart will be in the premium. Jean McAdams reported that she has the 4 carts that Nancy Nevins has donated to our club. They need to be worked on and Chris Jones volunteered.

**Historian:** Any information on our club please send to Pat Owens.

**Membership:** Mark Iken mentioned we might be getting an application for membership soon.

**Newsletter:** Going very well and we really appreciate Gene Manley's work. Next date for publishing is June 20, 2018.

**Obedience:** October 6 & 7, 2018 will be the dates. It is at Westin Kennels, AKC has approved, and we have judges.

**Parades:** River King will participate in the Thanksgiving and St. Patrick parades in St. Louis. All are welcomed to be in the parade with your Newfy.

A big **THANK YOU** to Cassie and Mark Iken for the t-shirts that the River King members wore at the opening Ceremony of the Nationals in May. Our club received Third Place that day. Someone took our picture after the parade and we are hoping to see it.

**Rescue:** No report

**Water Test:** The test will be on August 25 & 26, 2018 in Litchfield, Illinois. The water and go will be July 28 & 29, 2018 there too. Premiums will be going out shortly. Judges are John Jackman, Karrie Cook, and Cassie Iken.

**Web Site:** Chris Jones reported that it is up and running. Please visit the web site as it has a lot of information.

**OLD BUSINESS:** None at this time.

**NEW BUSINESS:** The board received a report from the nominating committee for a slate of officers for the 2018-2019. The committee recommended the current board members for the slate of officers. If anyone wishes to be on the board, please notify the committee soon. Chris Jones made a motion for the board to accept the recommendations of the nominating committee for the slate of officers which will be published in the newsletter by June 20, 2018. Mark Iken seconded, and the motion passed.

Jean McAdams moved that the board go into executive session, Sue Zientara seconded, motion passed.

Cassie Iken made a motion to return to the meeting, Mark Iken seconded, motion passed.

General Meeting this Sunday June 10, 2018 at the Water Wizards. All welcomed to come.

Sylvia Steiling made a motion to adjourn at 8:02pm.

***Respectfully submitted,***

***Janice Henderson, recording secretary.***

Our meeting was held at Rowen's Kennels in Brighton, IL after water training in Pat and Bob Owen's pond. A potluck lunch was enjoyed, and the weather was sunny with a breeze.

**President:** Cassie Iken called the meeting to order at 1:37pm. She thanked everyone for coming and participating. In addition, Cassie thanked everyone for bringing food and Pat and Bob for sharing their pond and home with our club.

**Vice President:** No report

**Treasurer's Report:** Our general fund has a balance of \$8,738.72 after an influx from the draft test and the rescue fund has \$4,023.57 with three dogs currently in rescue. Our draft test made \$1500 this year and the Litchfield site has been paid for the water test and reserved for the H2O n Go.

**Corresponding Sec:** No report

**Recording Sec.:** Minutes from the March 25th meeting was approved as published in our newsletter.

**Awards:** Gene Manley reported that the Awards Banquet was a nice evening. A special thanks to Darlene for some Memorable Moments which were shared.

**Conformation:** Jean McAdams indicated that our regionals have been approved for October 21st and 22nd at the State Fairgrounds in Springfield, IL. Our sweepstakes judge for Saturday will be Steve Hayden and Brooke Moore-Beck will judge sweeps on Sunday. Cassie encouraged folks to support the Purina shows on the third weekend of September. Cledis Wakefield will be judging and needs Newfoundland entries to complete his provisional status.

**Draft Test:** Our draft test is scheduled for April 6th & 7th in 2019 at Lake Lou Yeager in Litchfield IL. Applications have been submitted but not yet approved.

**Education:** In September plans are being made for a "finishing touch" grooming seminar prior to our regionals. In January a Nose work seminar will be held. People can bring treats, toys, and boxes but no aggressive dogs will be able to participate.

**Historian:** No report

**Membership:** Mark Iken introduced and welcomed Karin and Nathan Hicks as our new members.

**Newsletter:** Appreciation for the work Gene does in producing the newsletter continues.

**Obedience:** Our schedule for the obedience trial is October 6th & 7th at the Westin Kennels in Wentzville MO. This is our biggest fund-raising event so help is needed at the trial.

**Parade:** Our numbers have been low at the latest parades. We plan to continue to participate in the Thanksgiving parade but will evaluate whether to continue next year.

**Rescue:** Debbie Fitton reported: Cougar is still in River King foster care. Cougar is an eight- year-old Landseer male. He has a wonderful personality but needs to be the only pet in the home. Even

though he needs to be the only pet, he can safely be taken places such as the veterinarian and walks nicely on leash. Ed and Debbie Fitton have fostered Cougar since the

end of January. Unfortunately, he has been turned down by prospective homes several times because of his age. I would ask the club members to keep Cougar in mind and refer potential adopters to Debbie Fitton at 217-454-7782.

**Website:** Chris Jones has updated our website and it looks good. There is a link on our calendar to synchronize dates from the RKNC calendar with your phone. (Cursor to the bottom and click on the appropriate icon).

**Water Test:** Mark Iken shared that our Test is approved for August 25th & 26th at Lake Lou Yeager in Litchfield IL. Judges for X will be John Jackman and Cassie Iken and JR & SR will be judged by John Jackman and Karie Cook. (Prior to the test, our H2O n GO will be on July 28th & 29th.) Raffle donations and food will be needed for the water test, pizza will be ordered for Saturday night at the site along with an ice cream bar. People will be encouraged to bring toppings for the ice cream.

**Old Business:** None

**New Business:** Chris indicated that the Nominating Committee had established a slate of officers for our board which consists of the same individuals who currently board positions. This slate will be published in our next newsletter with a request for any members who would like to run to either indicate at the general meeting that they would like to do so OR secure signatures from three RKNC members and send a letter of intent to run for a specific position on the board by July 16th to our Corresponding Secretary, Mark Iken.

Motion to adjourn at 2:10pm.

***Respectfully submitted,  
Jean McAdams in Janice Henderson's absence***

The election of RKNC Board Members will be held at the General Meeting on July 28th at the H2O n GO at Lake Lou Yeager in Litchfield IL. Anyone wishing to run for a position on the board may either indicate so at the meeting OR submit a letter of intent along with three signatures of RKNC members to the Corresponding Secretary, Mark Iken by July 16th.

## **RKNC Board Election 2019**



### **Recommended Slate of Officers**

President	Cassie Iken
Vice President	Jean McAdams
Treasurer	Sylvia Steffing
Corresponding Sec	Mark Iken
Recording Sec	Janice Henderson
Member-At Large	Sue Ziantara
Member-At Large	Chris Jones

The election of RKNC Board Members will be held at the General Meeting on July 28th at the H2O n GO at Lake Lou Yeager in Litchfield IL. Anyone wishing to run for a position on the board may either indicate so at the meeting OR submit a letter of intent along with three signatures of RKNC members to the Corresponding Secretary, Mark Iken by July 16th.

## What do you need to know about this newsletter?

- *The President's Report*
- *The Committee's Reports*
- *Calendar of Events*
- *RKNC Teleconference Meeting Minutes June 4, 2018*
- *RKNC General Meeting Minutes June 10, 2018*
- *RKNC Board Election 2019*
- *RKNC Members at the 2018 National Specialty Picture*
- *National Specialty Pictures*
- *RKNC Water Wizards June 9-10, 2018 Pictures*
- *RKNC Awards Banquet 2017 MMNMs, #1, #2, #3*
- *RKNC H2O and Go, July 28-29, 2018 Entry Form*
- *RKNC 2018 Water Test Tee Shirt Order Form*
- *RKNC 2018 Water Test August 25-26, 2018 Entry Form*
- *RKNC 2018 Water Test Raffle, hand-made draft cart, Raffle information*
- *RKNC 2018 Regionals Raffle, Yeti Roadie 20, Raffle information*
- *The information for Canine Health*
  - *Canine Heat Stroke in Canines*
  - *When is it Too Hot or Too Cold for your fur baby*
  - *The 10 Human Medications Most Dangerous to Dogs*
  - *Seven Home Remedies for Your Dog*
  - *Nutritional Concerns for your senior dogs.*
  - *Fruits and Vegetables that our dogs can and cannot eat (updated).*
  - *Berserk Behavior*
  - *Pet Body Condition Score*
  - *Balanced Gate, what is it?*
  - *Have you heard of the Top Line?*
  - *New Guidelines for CPR on Canines*
  - *Better Never Bitten*
  - *How to Trim your Dogs Toenails*
- *The News, Brags, Newfoundland Birthdays*
- *The River King Newfoundland Club Facebook Page (info)*
- *The Rescue Report*
- *The Rainbow Bridge portion (None Received Yeh!)*



**River King Newfoundland Club**

**RKNC Members that were at National Specialty in Frankenmuth, Michigan April 29 – May 6, 2018**

Picture was taken by Kathrine Payne after the parade of the clubs, Cassie made the shirts for National attendees they were fantastic.



[Some more pictures from National Specialty](#)



Figure 1 Lana with Jackson in Flag Presentation



Figure 2 Lana with St Nick in Show

[Some more pictures from National Specialty](#)



Figure 3 Steve with Homer in Conformation



Figure 4 Rita with Malachi in Sweeps

Some more pictures from National Specialty



Figure 5 Rita with Jackson in Conformation



Figure 6 Lana with Jackson in Rally



Figure 7 Steve with Homer at Conformation Full Run

Some more pictures from National Specialty



Figure 8 Rita with Malachi Conformation



Figure 9 Malachi telling me enough Dad with the Pictures



Figure 10 Rita in Conformation Ring with Jackson



Figure 11 This is Sue Zientara's Doozie in flight to the Rescue



Figure 12 This is Tuco in flight to Rescue Vince



Figure 13 This is Abby with Chris retrieving the paddle

Water Wizards June 9-10, 2018 Continued



Figure 14 Cathy Hartke with C Man to the Rescue



Figure 15 Darlene Rattner with Faith coming to Rescue Mom



Figure 16 Cassie and Cami "Super Girl in Action"

## [Water Wizards June 9-10, 2018 Continued](#)

Everyone had a great time, the weather tried its best to squash the party on Saturday, but it did not, we had a fantastic lunch thanks to Bob and Pat allowing us to reside in their garage and house when the storm hit. Carin Hicks was cooking during the heaviest part of the storm and never let the rain affect her, the chicken was fabulous and of course she was saturated. The desert, the meat and side dishes were fabulous, and to top it off there were lots of Cookies and a birthday cake for Vince Molinarolo.

The pictures above were only a few that were taken, if you would like to see more you can to the River King Newfoundland Club Facebook page they are located there for your enjoyment. On Saturday night we had our annual awards banquet for 2017 awards.

## [The 2017 Awards Banquet](#)

On Saturday June 9, 2018 at Castelli's Moonlight Restaurant at 7 pm we had our awards banquet. During 2017 our club members had earned a total of 22 awards for the year which was fantastic. We had Three Most Memorable Newfoundland Moments that the banquet attendees got to vote on to determine which was #1, #2 and #3. The MMNMs are below in the order that they were chosen.

### **River King Newfoundland Club #01 MMNM Awards 2018 Meeting**

#### ***(Most Memorable Newfoundland Moments Awards)***

**Nominee's Name:** Darlene Rattner

**Possible Title for Their Award:** Chris Jones' Dedication to see the task completed at all cost

Another memorable moment occurred on Sunday at H2O Go in 2017.

Chris Jones and my niece Alexis were in the boat. Chris was calling and while trying to reach for the line he over extended and fell into the lake.

Not to stop, he grabbed the line and was reaching up to give it to Alexis so that the dog could complete the task when Alexis followed Chris into the lake.

Unfortunately, none of this was caught on camera.



Figure 17 This is not the actual picture but another with Chris and Lexus in the boat "Voted #1"

## The 2017 Awards Banquet continued

### River King Newfoundland Club #03 MMNM Awards Meeting 2018

#### *(Most Memorable Newfoundland Moments Awards)*

**Nominee's Name:** Mark Iken and Cruz

**Possible Title for Their Award:** Santa Clause knows how to Heal and Loves Newfoundlands

Mark and Cassie Iken are the Trainers on our Wednesday Evening Training Class, on the last class for 2017, Mark donned his Santa Clause suit and came out in the class to meet each dog that was in the class, let them tell Santa what's on their minds (treats, hugs, pets etc.)

You could see each dog respond to Mark, they would snuggle with him, give him kisses, and of course check his pockets in case he had a treat or two. But each one, whether a Newfoundland, German Shepherd, Retriever, Poodle, or a mixed breed could sense that Mark has a Large spot in his heart for the Canines.

Mr. Cruz had the opportunity to have Santa work with him during Healing, Sit Stays and Recalls. What a great night for all!



Figure 18 Mark Iken as Santa healing Mr. Cruz "Voted #2"

## The 2017 Awards Banquet continued

### RIVER KING NEWFOUNDLAND CLUB #01 MMNM AWARDS MEETING 2018 (MOST MEMORABLE NEWFOUNDLAND MOMENTS AWARDS)

**NOMINEE'S NAME:** Darlene Rattner and Faith

**Possible Title for Their Award:** Barn Hunting Newfoundland Style for Rats

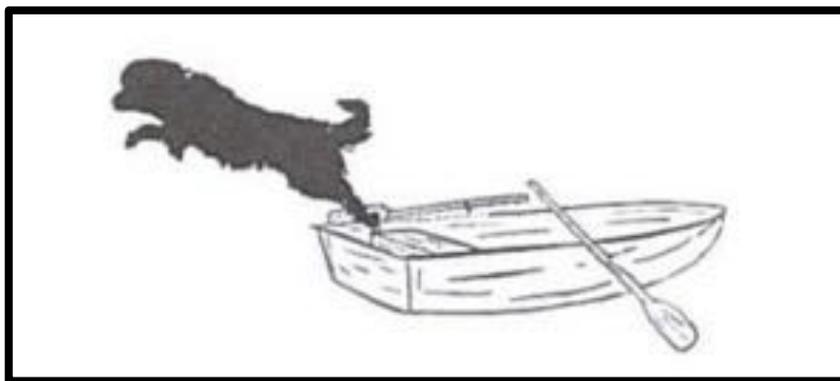
Faith and I would like to share one of our most memorable moment from 2017. On February 19, 2017 Faith and I received her Senior Barn Hunt Title - RATS title. To obtain this title the dog must locate 4 rats in on the course along with a blank tub and 3 tubes with used litter in them. They must complete a climb with the bales being stack up to 3 high and complete a tunnel with 2-3 ninety degree turns and the it must be done in time of 3 minutes and 30 seconds. They have to accomplish this, 3 times under 2 different judges. This weekend Faith did this in true Faith style. We had 2 runs each day and on the first run she found 1 rat, on the second run she found 2 rats, on the third run 3 rats and finally on the fourth run she found all 4, indicated where they were (which is very important) and completed her climb and tunnel in 2 minutes and 50 seconds.

**Faith is the first Newfoundland to obtain this title in the sport of Barn Hunt. I am sending a picture of her coming out of one of the tunnels from that weekend in a separate email. The picture was taken by Mary Huff. It was a blast.**



Figure 19 Faith coming out of a Barn Hunt Tunnel “This was Voted #3”

On July 28 at 10 am to 5 pm, the H2O N Go at Fireman's Pavilion Lake Lou Yaeger; On July 29, Title Chasers at Fireman's Pavilion Lake Lou Yaeger from 9 am to 4 pm. Entry form below:



Come join us at

## RIVER KING NEWFOUNDLAND CLUB'S H2O N' GO

**Saturday & Sunday, July 28 & 29, 2018**

(Remember our test this year is August 25 & 26, 2018, a week later than usual)

**At Lake Lou Yaeger in Litchfield, IL Fireman's Beach**

(same site as our test!!)

Great Practice for stewards, exhibitors and Dogs!!  
Running Order will be WRDX, Sr., Jr. (Start time 9:00 a.m.)

River King will provide the main dish  
**Participants are requested to bring a side dish to share,**  
**Participants will be requested to help steward!!!!**

For More Information contact: Mark Iken [ikenzoo@hotmail.com](mailto:ikenzoo@hotmail.com) or 618/581-2827

\$15.00 1<sup>st</sup> entry; \$10.00 2<sup>nd</sup> entry (same dog)

Make check payable to RKNC and Mail to:

Mark Iken  
8822 Rosewood Hills  
Edwardsville, IL 62025

Name: \_\_\_\_\_

Email \_\_\_\_\_

Address \_\_\_\_\_

Dog's Name \_\_\_\_\_ Level entered \_\_\_\_\_

Amount Enclosed: \_\_\_\_\_ Signature: \_\_\_\_\_

[Do you want a 2018 RKNC Water Test Shirt, the design is finalized? Here is the order form](#)

# 2018 RKNC WATER TEST T-SHIRT



Available in Orange or Lime Green

Short Sleeved T-Shirts- \$15.00

Pick up the day of our water test or add \$3.00 shipping per item

Sizes: S - 2X

Order by **July 31, 2018**

Make check payable to **RKNC**

Mail to: Mark Iken

8822 Rosewood Hills

Edwardsville, IL 62025

618-581-2827

riverkinggear@hotmail.com

Size: \_\_\_\_\_ Color \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State & Zip: \_\_\_\_\_

Total Enclosed: \$ \_\_\_\_\_

Email Address: \_\_\_\_\_

The Water Test sounds like it is far off, but it is not, NCA members can send in their applications tomorrow on June 22, 2018, so here is the entry form, the premium can be found at: <http://www.riverkingnews.com/wp-content/uploads/eventforms/2018-water-test-premium.pdf>

### NCA WATER TEST ENTRY FORM

NCA Water Test Hosted by: River King Newfoundland Club

At: Lake Lou Yates, Lincoln, IL on **August 25 & 26, 2018**

Entries Close at: 5:00 PM on **July 28, 2018**. Entries postmarked before **June 22, 2018 (NCA members)** or **July 2, 2018 (non NCA members)** will be returned. Send entries with \$45 entry fee payable to RKNC to the Water Test Secretary: **Susan Zientara, 2708 Casner Rd., Oakley, IL 62451-6953**

Please print legibly. Information on this form will be used for record keeping and to generate a certificate of qualification should the dog and handler pass.

*Attach a current copy of this dog's AKC Registration*

*Saturday*

IR Entry    IR Qualifier    SR Entry    SR Qualifier    WRDX    WRDX Qualifier

*Sunday*

IR Entry    IR Qualifier    SR Entry    SR Qualifier

Full Name of Dog: \_\_\_\_\_ Sex: \_\_\_\_\_

Call Name: \_\_\_\_\_ AKC# \_\_\_\_\_ DOB: \_\_\_\_\_

Sire: \_\_\_\_\_

Dam: \_\_\_\_\_

Breeder (s) Name: \_\_\_\_\_

Handler's Name: \_\_\_\_\_

Registered Owner (s): \_\_\_\_\_

Owner's Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Is owner/co-owner an NCA member?    Yes    No

#### Entry Form Must Be Signed To Be A Valid Entry

I understand that I enter my dog in this NCA Working Test at my own risk. I have read the Test Regulations and understand them. I agree to abide by the Test Regulations, the NCA Constitution and By-Laws, and further agree to be bounded by the Agreement printed on the reverse side of this entry form.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(Signature of Owner/Agent duly authorized to make this entry)

Day Phone (\_\_\_\_) \_\_\_\_\_ Home Phone (\_\_\_\_) \_\_\_\_\_

E-Mail: \_\_\_\_\_

## AGREEMENT

I (we) acknowledge that the NCA test regulations have been made available to me (us) and that I am (we are) familiar with their contents. I (we) agree that the club holding this event has the right to refuse this entry for cause which the club shall deem to be sufficient. In consideration of the acceptance of this entry and of the holding of this event and of the opportunity to have the dog judged and to win prize money, ribbons or trophies, I (we) agree to hold this club, its members, directors, governors, officers, agents, superintendents, or test secretary and the owner or lessor of the premises or grounds and the employees of the aforementioned parties, harmless from any claim for loss or injury which may be alleged to have been cause directly or indirectly to any person or thing by the act of this dog while in or upon the test premises or grounds or near any entrance thereto, and I (we) personally assume all responsibility and liability for such claim; and I (we) further agree to hold the aforementioned parties harmless from any claim or loss of the dog by disappearance, theft, damage or injury, be caused or alleged to be caused by the negligence of the club or any of the parties aforementioned, or by the negligence of any other person or any other causes.

I (WE) hereby assume the sole responsibility for and agree to indemnify and save the aforementioned parties harmless from any and all loss and expense (including legal fees) by reason of the liability imposed by law upon any of the aforementioned parties for damage because of bodily injuries, including death at any time, resulting therefrom, sustained by any person or persons, including myself (ourselves) or on account of damage to property, arising out of or in consequence of my (our) participation in this test, howsoever such injuries, death or damage to property may be caused, and whether or not the same may have been caused or may be alleged to have been caused by negligence of the aforementioned parties or any of their employees or agents, or other persons.

## *Draft Cart Raffle!!*

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River King Newfoundland Club is raffling off this beautiful Draft Cart!!



RKNC is raffling this beautiful handmade draft cart at its 2018 Water Test. This cart was designed and crafted by Gerry Heinz and generously donated to RKNC by Gerry and Judy Heinz. It is a beautiful example of craftsmanship of solid wood finished in a cherry stain.

Tickets may be purchased at any of RKNC events in 2018 leading up to the August Water Test. They may also be purchased via US mail.

\$5.00 each; 3 tickets for \$10; 7 tickets for \$20

For Tickets please contact:

---

Sue Zientara  
2708 Casner Road  
Oakley, IL 62501

E-mail: [suezien3@gmail.com](mailto:suezien3@gmail.com)  
Phone: 217 855 8749

## 2018 RKNC Regional Raffle

The Regional Raffle this year is a Yeti Roadie 20 Cooler, get your tickets at the Regional on October 21-22, 2018 or in advance by Contacting Cassie Iken at [ikenzoo@hotmail.com](mailto:ikenzoo@hotmail.com). Tickets are \$5 Dollars each or 3 for \$10.

# Regional Raffle

"SO COOL!!!"



Roadie 20

YOUR OWN YETI - THINK ABOUT THAT!

GET YOUR TICKETS AT THE SHOWS IN SPRINGFIELD ON OCT 21ST & 22ND

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BUY YOUR LUCKY TICKET IN ADVANCE BY CONTACTING

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[IKENZ,OO@HOTMAIL.COM](mailto:IKENZ,OO@HOTMAIL.COM)

\$5 A TICKET OR 3 FOR \$10

## Canine Health: Heat Stroke in Canines; Do you know what to look for?

### Heat Stroke

Please Share this with friends

Dogs and cats can't perspire and can only dispel heat by panting and through the pads of their feet. If you suspect heat stroke in your pet, seek veterinary attention immediately.

**Signs of heat stroke include** *(but are not limited to):*

- 
- Body temperatures of 104-110F degrees
  - Excessive panting
  - Dark or bright red tongue and gums
  - Sticky or dry tongue and gums
  - Staggering
  - Stupor
  - Seizures
  - Bloody diarrhea or vomiting
  - Rapid heartbeat

**Note:** Short-nosed breeds such as Bulldogs, Pugs, etc., large heavy-coated breeds, and dogs with heart or respiratory problems are more at risk for heat stroke.

### Cooling Your Pet

- Find some shade. Get your pet out of the heat.
- Use cool water, not ice water, to cool your pet (very cold water will constrict the blood vessels and impede cooling).
- Place cool wet cloths on feet and around head.
- Offer ice cubes for the animal to lick.
- Contact your your veterinarian.

# Canine Health: When is it Too Cold & Too Hot for your baby. Do you know?



## Canine Health: The Ten Human Medications most dangerous to Dogs:

### The 10 Human Medications Most Dangerous to Dogs

By [Dr. Kevin Fitzgerald](#)

Sep 07, 2016 | 2 Minutes



- [teeth](#)

One of the most dangerous rooms of the house with regard to [accidental poisonings](#) is the bedroom, on account of the nightstand next to the bed. Many adult dogs and [teething puppies](#) sleep in the [bed with their humans](#), and thus have easy access to the drugs on that nightstand. Medications left on counters in kitchens and bathrooms find their way into the stomachs of [bored dogs](#), too.

If your dog ever does happen to ingest human medication, bring the original container to the veterinarian. The original bottle or package can tell you which drug is involved, what strength, how many pills or tablets were in the container, and possibly the manufacturer's recommendations concerning poisoning.

### Dangerous Drugs

The most common human medications to cause poisoning in dogs include:

**10 Most Common Human Medications Harmful to Dogs**

1. Aspirin	6. Xanax
2. Ibuprofen	7. Ambien
3. Naproxen	8. ACE inhibitors
4. Indomethacin	9. Beta Blockers
5. Acetaminophen	10. Adderall

**Pet Poison Hotline**

Keep this number on your fridge should your pet ingest a poison or medication\*:

**855-764-7661**

24/7 Animal Poison Control Center

\*fee applies

The **nonsteroidal anti-inflammatory drugs (NSAIDs)** are widely used and readily available — many of these can be purchased over the counter. These drugs are used to treat pain, inflammation, and fever in people. Examples of NSAIDs include **aspirin, ibuprofen, naproxen, and indomethacin**. In dogs, orally ingested NSAIDs are rapidly absorbed. Most achieve peak concentrations in the blood within three hours. The most commonly seen side effects of these medications are gastrointestinal irritation and damage to the GI tract.

At recommended dosages, NSAIDs have little effect on the kidneys, but in cases of overdose (and also with chronic usage) renal damage has occurred. The simultaneous use of two NSAIDs can lead to kidney dysfunction. Additionally, NSAID overdose has caused clotting problems and [liver disease](#). These drugs can also react with other drugs.

Another readily available human medication often used to treat pain and inflammation in dogs is **acetaminophen**. This drug, sold as **Tylenol** and other brand names, can be obtained both over the counter and in some prescription

preparations. Exposure to dogs usually occurs through administration of acetaminophen by uninformed but well-meaning

## Canine Health cont'd:

owners intending to treat [fever](#), [pain](#), or inflammation in their animal. Poisoning can occur from a single exposure to a large dose or from chronic exposure to a low dose.

Acetaminophen poisoning in dogs causes injury to the liver and, in high enough dosages, even liver failure. Clinical signs can include lethargy, loss of appetite, belly pain, and jaundice. Swelling of the face and paws is also commonly seen. Cats are even more sensitive than dogs to acetaminophen — clinical signs can result from ingesting a single tablet.

**Medications used for attention-deficit disorder and hyperactivity** contain **amphetamine**, a potent stimulant. Ingestion of these medications by dogs can lead to life-threatening tremors, [seizures](#), elevated body temperature, and even cardiac and respiratory arrest.

**Blood pressure medications**, like ACE inhibitors and beta blockers, can cause weakness, stumbling, and dangerously low blood pressure.

**Medications designed to aid with sleep, like Xanax, Ambien, and Valium**, can cause dogs to become lethargic, seem intoxicated and, in some cases, have dangerously slowed breathing rates. Some dogs become severely agitated after ingesting these drugs.

## Treatment

The vast majority of these accidental intoxications can be successfully managed with early treatment. For [poisonings](#), the best outcomes involve seeking immediate advice from your veterinarian followed by aggressive, proactive treatment, if necessary. Your vet may suggest making the animal vomit if ingestion just occurred, but your pet may also need intravenous fluid support or treatment with specific medications and antidotes to combat the toxin. Always check with your veterinarian before starting any treatments to neutralize the poison.

## If it works on shelties, it should work on our Newfoundlands? Right?

### Seven Home Remedies for Your dog

[This information was copied from The Telegram January/February 2017  
[s.pacesetter@sheltie.com](mailto:s.pacesetter@sheltie.com)]

— My Pet MD When you're feeling under the weather, you might find that the perfect thing for treating what ails you is something you already have in the kitchen. Did you know that you could use similar, simple home remedies to treat allergies in dogs, ailments in dogs and other canine annoyances, too? Below you will find seven great natural remedies for making your dog happy and healthy again, whether they are suffering from allergies, dehydration, fleas and more.

#### 1. Vitamin E for Dogs with Dry Skin

Have you ever wondered how to treat dry skin on dogs? Vitamin E is good for preventing those pesky age lines on your face, and it's also great for your dog's dry skin. You can give your pup a doggy massage by applying vitamin E oil directly to the skin, a soaking bath with vitamin E added to the water, or you can go all "Hollywood" and pop your dog a pill (of vitamin E, that is). If you give the vitamin orally, check with your vet on the recommended dosage for your specific dog breed.

## Canine Health cont'd:

### 2. Electrolyte—Replacing Liquids for Diarrhea and Vomiting

Flavorless electrolyte-replacing liquids, such as sports waters or pediatric drinks, not only help athletes to replenish fluids and babies to rehydrate after an illness, they can also supply your sick pooch's body with much needed fluids after a bout of diarrhea or vomiting.

Consult your veterinarian as to the appropriate dosage amounts when giving these types of liquids to your dog.

### 3. Yogurt and Acidophilus for Dogs

Plain yogurt is a healthy treat for your dog. Just as with humans, the live acidophilus in the yogurt keeps the good bacteria in your dog's intestines in balance, so that bad bacteria is swiftly knocked out. If your dog is on antibiotics, a little yogurt (fed at a much later time...away from the antibiotic) will also help keep yeast infections at bay (a common side-effect of antibiotic treatment). You can also give your dog acidophilus pills—wrapping the pills in bacon is strictly optional.

Puppies are especially prone to yeast infections, so a little plain yogurt as a snack (or even dessert) can help keep things in balance; especially useful while the intestinal system is building immunities.

### 4. Chamomile Tea for Dogs

Chamomile tea uses the natural disinfecting effects of the chamomile plant to settle upset doggy tummies. It is recommended for colic, gas and anxiety. It can also alleviate minor skin irritations. Just chill in the fridge and spray onto the affected area on the dog's raw skin. Your dog should feel an immediate soothing effect as the chilled tea kills the yeast and/or bacteria on the skin. A warm (not hot) tea bag can also be used for soothing infected or irritated eyes

### 5. Oatmeal to Stop Your Dog from Itching

An itchy dog can be quite an annoyance, especially as it goes around scratching itself on any piece of furniture it can reach. But don't blame your dog, sometimes they're itchy because of allergies and can't help but to scratch. If your pup is itchy, forget the backscratcher! Finely ground oatmeal is a time-honored remedy for irritated skin. You can use baby oatmeal cereal or grind it yourself in a food processor. Stir the oatmeal into a bath of warm water and let your dog soak in the healing goodness. Your dog will thank you. Dogs with skin allergies, infections and other diseases, which cause itchiness, have been shown to gain immediate relief with this approach, too.

### 6. Epsom Salt Bath for Dogs' Wounds

Dogs can be like kids at times, and as such they are bound to suffer from wounds and the occasional unexplained swelling. Try treating these ailments with Epsom salt soaks and heat packs next time. A bath consisting of Epsom salt and warm water can help reduce the swelling and the healing time, especially when combined with prescribed antibiotics and veterinary

## Canine Health cont'd:

supervision. Be sure that your pet does not ingest Epsom salt, however, as it can be very harmful. Also, do not bathe your pet in Epsom salt if there are open wounds.

If soaking your dog in an Epsom salt bath twice a day for five minutes isn't convenient or practical, a homemade heat pack using a clean towel drenched in the same warm-water solution can be applied to wounds for the same effect.

### 7. Flea Home Remedies

Does your dog have fleas? Some dogs are allergic to fleabites and just one can cause them to itch for days. Never fear. Before turning to the big guns, try some borax powder. The standard stuff at the store will work wonders on fleas by poking holes in their crunchy insect exoskeletons. A good way to make sure those parasitic suckers get annihilated is to sprinkle the borax on your floor, and then sweep or vacuum up the excess. The invisible borax crystals left behind will kill the fleas and you won't even have to lift a finger. It's inexpensive and practically non-toxic compared to an appointment with the exterminator; just make sure that your dog does not ingest any borax. To relieve the dog's allergies and repel fleas in its fur, try a simple solution of lemon water. Fleas are repelled by citrus, so this can work both as a flea preventive, and for making your dog smell clean and refreshing. A useful solution can be made by pouring boiled water over lemons and allowing them to steep overnight. This solution can then be applied all over your dog's skin using a fresh spray bottle. And, the tried and true Brewer's yeast method cannot be left out. Brewer's yeast can be given as part of a regular diet in powdered form, sprinkled over the dog food, or in tablet form, perhaps wrapped in a small slice of bacon or cheese.

Home (or holistic) remedies aren't just for tree huggers anymore. It's important to take care of your dog from day to day, not just when it's feeling a little under the weather, and the best way to maintain the best health is often the most natural way. But most of all, it'll help keeping your "baby" from crying like a hound dog.

### Nutritional Concerns for Senior Dogs

If you have time and would like to read and or listen to pod casts on our four-legged Children try out this website. It is the AKC Canine Health Foundation.

Here is a link to a podcast on Nutritional Concerns for Senior and Geriatric Dogs.  
<http://www.akcchf.org/educational-resources/podcasts/nutritional-concerns-for.html>.

### Keeping your dog safe during the Holidays

<http://www.akcchf.org/educational-resources/podcasts/keeping-your-dog-safe-during.html>

Here is a link that discusses Bloat, the video is approx. 40 minutes long, what is bloat, what causes bloat, what can be done if you dog has it, possible complications, length of recovery etc.

## Canine Health cont'd:

<http://www.akcchf.org/educational-resources/Webinars/bloat.html>  
<https://vimeo.com/74830629> (Short cut to video)

**Pet Therapy Programs: Tapping into your Dogs Natural Instinct**

<http://www.akcchf.org/canine-health/your-dogs-health/pet-therapy-programs-tapping.html>

**The Basics of Canine Massage and Chiropractic**

<http://www.akcchf.org/canine-health/your-dogs-health/caring-for-your-dog/the-basics-of-canine-massage.html>

**AKC › Dog Health › Nutrition (*Fruits & Vegetables Dogs Can and Can't Eat*)**

Staff Writers | December 03, 2015

As dog owners, it's not uncommon to want to spoil your four-legged family members by sharing table scraps or your favorite snack with them. After all, if it is safe for you to eat, it must be OK for them as well, right? Not necessarily. While many human foods, especially fruits and vegetables, are perfectly safe, some are very unhealthy and downright dangerous to dogs. Dogs digest differently than humans and eating the wrong foods can lead to long-term health problems and, in extreme cases, even death. As carnivores, they have no need for fruits and vegetables as part of their diet, but an occasional fruit or veggie as a treat is OK.

But that doesn't mean all [human food is off limits for dogs](#). Read below to find out which fruits and vegetables are OK for sharing in moderation and which should be kept on your plate

Fruits & Vegetables ([source of this information is from the AKC.org website on nutrition.](#))

As dog owners, it's not uncommon to want to spoil your four-legged family members by sharing table scraps or your favorite snack with them. After all, if it is safe for you to eat, it must be OK for them as well, right? Not necessarily. While many [human foods](#), especially fruits and vegetables, are perfectly safe, some are very unhealthy and downright dangerous to dogs. Dogs digest differently than humans and eating the wrong foods can lead to long-term health problems and, in extreme cases, even death. As carnivores, they have no need for fruits and vegetables as part of their diet, but an occasional fruit or veggie as a treat is OK.

Read below to find out which fruits and vegetables are OK for sharing in moderation and which should be avoided.

### Fruits & Vegetables



**Apples** Yes, dogs can eat apples. Apples are an excellent source of vitamins A and C, as well as fiber for your dog. They are low in protein and fat, making them the perfect snack for senior dogs. Just be sure to remove the seeds and core first. Try them frozen for an icy warm weather snack. [Read More](#)



**Asparagus** No, dogs shouldn't eat asparagus. While asparagus isn't necessarily unsafe for dogs, there's really no point in giving it to them. It's too tough to be eaten raw, and by the time you cook it down so it's soft enough for dogs to eat, asparagus loses the nutrients it contains. If you really want to share a veggie, something more beneficial is probably best. [Read More](#)



**Avocado** No, dogs should not eat avocado. While avocado may be a healthy snack for dog owners, it should not be given to dogs at all. The pit, skin, and leaves of avocados contain persin, a toxin that often causes vomiting and diarrhea in dogs. The fleshy inside of the fruit doesn't have as much persin as the rest of the plant, but it is still too much for dogs to handle. [Read More](#)



**Bananas** Yes, dogs can eat bananas. In moderation, bananas are a great low-calorie treat for dogs. They're high in potassium, vitamins, biotin, fiber, and copper. They are low in cholesterol and sodium, but because of their high sugar content, bananas should be given as a treat, not part of your dog's regular diet. [Read More](#)



**Blueberries** Yes, dogs can eat blueberries. Blueberries are a superfood rich in antioxidants, which prevent cell damage in humans and canines alike. They're packed with fiber and phytochemicals as well. Teaching your dog to catch treats in the air? Try blueberries as an alternative to store-bought treats. [Read More](#)



**Broccoli** Yes, broccoli is safe for dogs to eat in very small quantities and is best served as an occasional treat. It is high in fiber and vitamin C and low in fat. However, Broccoli florets contain isothiocyanates, which can cause mild-to-potentially-severe gastric irritation in some dogs. Furthermore, broccoli stalks have been known to cause obstruction in the esophagus. [Read More](#)



**Brussel Sprouts** Yes, dogs can eat Brussels sprouts. Brussels sprouts are loaded with nutrients and antioxidants that are great for humans and dogs, alike. Don't overfeed them to your dog, however, because they can cause lots of gas. [Read More](#)



**Cantaloupe** Yes, cantaloupe is OK for dogs. Cantaloupe is packed with nutrients, low in calories, and a great source of water and fiber. It is, however, high in sugar, so should be shared in moderation, especially for dogs that are overweight or have diabetes. [Read More](#)



**Carrots** Yes, dogs can eat carrots. Carrots are an excellent low-calorie snack that is high in fiber and beta-carotene, which produces vitamin A. plus, crunching on this orange veggie is great for your dog's teeth. [Read More](#)



**Celery** Yes, celery is OK for dogs to eat. In addition to vitamins A, B, and C, this crunchy green snack contains the nutrients needed to promote a healthy heart and even fight cancer. As if that wasn't enough, celery is also known to freshen doggy breath. [Read More](#)



**Cherries** No, dogs shouldn't eat cherries. With the exception of the fleshy part around the seed, cherry plants contain cyanide and are toxic to dogs. Cyanide disrupts cellular oxygen transport, which means that your dog's blood cells can't get enough oxygen. If your dog eats cherries, be on the lookout for dilated pupils, difficulty breathing, and red gums, as these may be signs of cyanide poisoning. [Read More](#)



**Cranberries** Yes, cranberries are OK for dogs to eat. Both cranberries and dried cranberries are safe to feed to dogs in small quantities. Whether your dog will like this tart treat is another question. Either way, moderation is important when feeding cranberries to dogs, as with any treat, as too many cranberries can lead to an upset stomach. [Read More](#)



**Cucumbers** Yes, dogs can eat cucumbers. Cucumbers are especially good for overweight dogs, as they hold little to no carbohydrates, fats, or oils and they can even boost energy levels. They're loaded with vitamins K, C, and B1, as well as potassium, copper, magnesium, and biotin. [Read More](#)



**Grapes** No, dogs should not eat grapes. Grapes and raisins have both proved to be very toxic for dogs no matter the dog's breed, sex, or age. In fact, grapes are so toxic that they can lead to acute sudden kidney failure. Definitely skip this dangerous treat. [Read More](#)



**Green beans** Yes, dogs can eat green beans. Chopped, steamed, raw, or canned — all types of green beans are safe for dogs to eat, as long as they are plain. Green beans are full of important vitamins and minerals and they're also full of fiber and low in calories. [Read More](#)



**Mango** Yes, dogs can eat mangoes. This sweet summer treat is packed with four, yes four different vitamins: vitamins A, B6, C, and E. They also have potassium and both beta-carotene and alpha-carotene. Just remember, as with most fruits, remove the hard pit first, as it contains small amounts of cyanide and can become a choking hazard. [Read More](#)



**Mushrooms** No, dogs should avoid mushrooms. Wild mushrooms can be toxic for dogs. While only 50 to 100 of the 50,000 mushroom species worldwide are known to be toxic, the ones that are can really hurt your dog or even lead to death. Washed mushrooms from the supermarket could be OK, but it's better to be safe than sorry; skip out on the fungi all together. [Read More](#)



**Onions** No, dogs should not eat onions. Onions, leeks, and chives are part of a family of plants called Allium that is poisonous to most pets, especially cats. Eating onions can cause your dog's red blood cells to rupture, and can also cause vomiting, diarrhea, stomach pain, and nausea. Poisoning from onions is more serious in Japanese breeds of dogs such as Akitas and Shiba Inus, but all dogs are very susceptible to it. [Read More](#)



**Oranges** Yes, dogs can eat oranges. Oranges are fine for dogs to eat, according to veterinarians. They are also an excellent source of vitamin C, potassium, and fiber, and in small quantities can serve as tasty treats for your dog. Vets do, however, recommend tossing the peel and just giving your dog the inside of the orange, minus the seeds, as the peel is much rougher on their digestive systems. Read



**Peaches** Yes, peaches are OK for dogs to eat. Small amounts of cut-up peaches are a great source of fiber and vitamin A, and can even help fight infections, but just like cherries, the pit contains cyanide. As long as you completely cut around the pit first, fresh peaches can be a great summer treat – just not canned peaches, as they usually contain high amounts of sugary syrups. [Read More](#)



**Pears** Yes, dogs can eat pears. Pears are a great snack because they're high in copper, vitamins C and K, and fiber. It's been suggested that eating the fruit can reduce the risk of having a stroke by 50 percent. Just be sure to cut pears into bite-size chunks and remove the pit and seeds first, as the seeds contain traces of cyanide. [Read More](#)



**Peas** Yes, dogs can eat peas. Green peas, specifically: snow peas, sugar snap peas, and garden or English peas are all OK for dogs. Peas have several vitamins, minerals, and are rich in protein and high in fiber. You can feed your dog fresh, frozen, or thawed peas, but do not give him canned peas, which have a lot of added sodium. [Read More](#)



**Pineapple** Yes, pineapples are OK for dogs to eat. A few chunks of pineapple are a great sweet treat for dogs, as long as the prickly outside is removed first. The tropical fruit is full of vitamins, minerals, and fiber. It also contains bromelain, an enzyme that makes it easier for dogs to absorb proteins. [Read More](#)



**Potatoes** Yes, dogs can eat potatoes. It's fine to give your dog plain potatoes every once and a while, but only if they're cooked, as raw potatoes can be rough on the stomach. A washed, peeled, plain boiled, or baked potato contains lots of iron for your dog. Avoid mashed potatoes because they often contain butter, milk, or seasonings. [Read More](#)



**Raspberries** Yes, dogs can eat raspberries. Raspberries are fine in moderation. They contain antioxidants that are great for dogs. They're low in sugar and calories, but high in fiber, manganese, and vitamin C. Raspberries are especially good for senior dogs because they have anti-inflammatory properties, which can help take pain and pressure from joints. However, they do contain slight amounts of the toxin Xylitol, so limit your dog to less than a

cup of raspberries at a time. [Read More](#)



**Strawberries** Yes, it is OK for dogs to eat strawberries. Strawberries are full of fiber and vitamin C. Along with that, they also contain an enzyme that can help whiten your dog's teeth as he or she eats them. They are high in sugar though, so be sure to give them in moderation. [Read More](#)



**Sweet potatoes** Yes, dogs can eat sweet potatoes. Sweet potatoes are packed with nutrients, including fiber, beta carotene, and vitamins B-6 and C. Just like with regular potatoes, only give your dog washed, peeled, cooked, and unseasoned sweet potatoes that have cooled down, and definitely avoid sugary sweet potato pies and casseroles. [Read More](#)



**Watermelon** Yes, watermelon is OK for dogs to eat. It's important to remove the rind and seeds first, as they can cause intestinal blockage, but watermelon is otherwise safe for dogs. It's full of vitamin A, B-6, and C, as well as potassium. Watermelon is 92 percent water, so it's a great way to keep your dog hydrated on hot summer days. [Read More](#)



**Spinach** Yes, dogs can eat spinach, but it's not one of the top vegetables you'll want to be sharing with you pup. Spinach is very high in oxalic acid, which blocks the body's ability to absorb calcium and can lead to kidney damage. While your dog would probably have to eat a very large amount of spinach to have this problem, it might be best to go with another vegetable. [Read More](#)

## Canine Health: Continued

### **Berserk Behavior** [by Nel Liquorman, Nutrition Editor TheDogPress.com]

[This information was copied from The Telegram January/February 2017  
[s.pacesetter@sheltie.com](mailto:s.pacesetter@sheltie.com)]

Estrogen inhibitors and excitotoxins in pet foods cause reproductive problems, infertility, and hyperactive, aberrant behavior!

Certain dog food ingredients can cause unprovoked aggression, excessive barking, nervous pacing, and behavioral problems which medical doctors would term Obsessive-Compulsive Disorder (OCD).

One cat owner reported her cats “went crazy” when she changed cat food. A long-time breeder who feeds dry kibble said her dogs became hyperactive while gaining weight at the same time. As questions mounted, all seemingly related, I did hours of in-depth research, which resulted in some very disturbing answers.

Behavioral problems, particularly aggression and hyperactivity, may be caused by excitotoxins in the food. Behavioral abnormalities have escalated in both humans and animals, from rampant Alzheimer’s disease to raging elephants to uncontrollable family pets.

The science of excitotoxicity will amaze you! Many pet foods also contain additives, which act as estrogen-blockers and cause frustrating problems for cat and dog breeders.

**Fertility and Reproduction Estrogen Inhibitor Oils:** Many pet foods are now touted as Rich in Omega 3 oils, from wild salmon and other oily fish, along with cruciferous plant substances including flax seeds, oil from flax seeds, broccoli, and rapeseed oil (renamed Canola). Oil from hemp, a cruciferous plant, which is 80% fatty acid, is also being sold as a supplement for dogs and cats. All these substances are natural estrogen inhibitors, plus they interfere with thyroid hormone production and with many prescription drugs.

**Vitamin D:** Vitamin D in pet food is just more oil from fish and Vitamin D3 is specifically from Cod Oil, which contains especially high levels of vitamin A. What is the significance of high levels of vitamin A? High levels of “A” are known to cause ii Hypervitaminosis A with side effects ranging from skin problems to birth defects.

Cruciferous vegetables, extremely healthy for humans, have been used in hundreds of cancer studies. Since 2004, cancer doctors have been telling patients to add such vegetables to their diets because they are beneficial to overall health and are believed to aid in combating the disease. But controlled studies, such as at the University of Illinois at Urbana, found that extracts of cruciferous vegetables act as anti-estrogen and estrogen antagonists. These findings were published in 2000 by the American Chemical Society. Other university studies are available, and indications are that over 300 studies with similar results took place.

**Mercury:** High concentrations of methyl mercury, an organic form of mercury, have been found

in Omega 3 from fish oils rendered from large, long-lived ocean fish. Mercury is a neurotoxin (as in vaccine-associated autism). Symptoms include vision impairment, lack of coordination and numbness, which can lead to seizures and death. High levels are common in wild salmon.

PCBs and Fish Oil: Earlier this year there were lawsuits due to polychlorinated biphenyl compounds (once used in the electrical industry) found in nearly a dozen different fish oil supplements. Just over thirty years ago, the EPA banned PCBs from the USA but this chemical (which causes cancer and reproductive toxicity) is still found in fish from which the oil is extracted.

The Mayo Clinic website had the following to say about fish oils: “There is evidence from multiple studies supporting intake of recommended amounts of DHA and EPA in the form of dietary fish or fish oil supplements...however, high doses may have harmful effects, such as an increased risk of bleeding.”

It should be noted that fish oil, cruciferous plants and exci- totoxins from MSG are not included in the AAFCO requirements published in 2008, yet they are added to many pet foods. Pet food manufacturers are just following “health trend hype.”

According to researchers, Omega 6 found in vegetable oils, including corn and safflower, increase estrogen activity but these oils are also thought to be pro-inflammatory. Canola oil (an estrogen inhibitor) is also believed to be pro-inflammatory.

li Soybeans have moved into the top ten-allergen list in the human population. It is hard to find soybean listed on human food labels as, like MSG, it masquerades under many aliases. It is harder still to pinpoint in cat or dog food list of ingredients. We can however, expect some of these ii Soy Allergy Symptoms to manifest in our pets. In addition, for well over 20 years, soybean in pet food has been linked to bloat (gastric torsion) in dogs. This is not simple gas; torsion is a crisis situation that requires immediate emergency vet care.

Soy protein isolate (ISP) is a source of textured vegetable protein (TVP). That sounds good, but soy actually hinders protein digestion and causes red blood cells to stick together interfering with oxygen intake.

In addition to direct allergic reactions, it is widely reported that an alkaline solution is used to remove fibers from the soybeans. Fibers are acid washed in aluminum tanks believed to leach aluminum, a heavy metal that we may be absorbing and ingesting from other sources as well. Aluminum toxicity has a wide range of symptoms including colic, rickets, gastrointestinal problems, nervousness, anemia, headache, speech problems, memory loss, softening of bones, weak/aching muscles, liver and kidney function decline; the list grows yearly.

You should also be aware that MSG and other flavorings are added to human and pet foods to cover up the soybean taste, but labels usually state only “natural flavoring.”

Marigold extract is considered a folk remedy for skin conditions which must be why some pet food makers are including it in their recipes even though the Association of American Feed Control Officials (AAFCO) does not consider marigold a nutritional need for cats and dogs.

Marigold extract (calendula) contains lutein. In the human population, lutein supplements can

cause a tightening effect on the uterus and are not recommended while breast-feeding. Animal studies indicate that marigold/lutein is toxic to sperm and may adversely affect fertilized eggs. Symptoms of too much lutein include indigestion, chest pain, heartburn, dizziness, blurred vision, eye irritation, skin discoloration, and difficulty swallowing and there may be evidence of renal and liver overload. Marigold's best use is probably as a natural pesticide ingredient!

### Aggressive, Hyperactive or Obsessive Behavior

Dog trainers, therapists and behaviorists are multiplying almost as fast as canine behavioral problems. Even carefully bred, perfectly raised puppies turn into uncontrollable, destructive pets that often wind up at the local shelter. Loving house cats may suddenly exhibit the same behavior. Some veterinarians, at a loss for explanation, blame it on the old standby—genetics. Obviously, that does not explain the crossbreds and mutts that are affected.

Excitotoxins: Sounds like a mad scientist made up that name but excitotoxicity isn't new. I knew about the often-misdiagnosed side effects in human foods. I wondered, could a wide range of excitotoxins be in cat and dog food and could they cause uncharacteristic out-of-control behavior in dogs and cats? Most of the known adverse effects are related to the human population, presumably because no one has studied this in animals, but I believe the effect on our pets can be even greater.

According to Dr. Russell Blalock (well known neurosurgeon, author, lecturer, and nutritionist), hidden MSG and many other specious ingredients are excitotoxins, which quite literally excite cells to death. Brain studies were in the human population but effects on pets would be more significant due to an animal's lack of inhibition.

MSG – monosodium glutamate: Most people now recognize the risk of MSG in human foods, particularly in "prepared" foods. Many products proudly proclaim, "no MSG" on the packaging, but in many cases, there is hidden MSG in what the label refers to as "natural flavor". What you may not realize is that monosodium glutamate (MSG) has become common in pet foods and is believed to be mildly addictive to more than the taste buds. Dogs and cats "taste" food through their olfactory senses but they ingest MSG just as we do and can therefore be equally affected.

MSG causes hyperactivity and behavioral aberrations in the human population and while studies have yet to be done, we can extrapolate that to our formerly mild-mannered pets.

Once referred to as "hidden MSG" (due to that additive's pseudonyms) the following ingredients were identified by a leading research group as being excitotoxins: gelatin, calcium caseinate, textured protein, sodium caseinate, yeast nutrient, autolyzed yeast, hydrolyzed protein, carrageenan, maltodextrin, malt extract, natural food flavoring, broth, ultra-pasteurized (when containing additives), soy sauce extract, whey protein concentrate, pectin, and anything protein fortified, enzyme modified or seasoned.

These additives are in everything from soup to ice cream, and increasingly found in dog and cat foods. Since the industry keeps coming up with new names, our best advice is: if you don't know what an ingredient is, research to make sure that it is not hidden MSG.

You may not reduce the risk of cat or dog food additives by using human foods. For example, feeding your pet raw or cooked chicken you buy for your family may not be a good idea. Check the wrapper again. If the chicken contains “broth” it probably contains excitotoxins. Associated Press reports that 30% of U.S. chickens are injected with additives that represent up to 15% of the meat’s weight. This process is called “plumping” and it is used to make former “factory farm” laying hens” more marketable. It may also be used simply to tip the scales a bit!

One particular brand, Perdue, uses broth containing “2% or less seasalt, carrageenan, xanthanum, vinegar and natural flavor.” Carrageenan and the natural flavor are the culprits. Natural flavor can be anything from MSG to rosemary (a neurotoxin) to soy (affects estrogen production). In addition, this broth doubles or triples the sodium content. These additives, like many others contained in pet and human food are hidden MSG, now known as excitotoxins.

When several pets have the same personality or health changes occurring at the same time, it is not coincidental. Unless you have moved, installed new carpet, treated the lawn, etc. it is almost certain to be a result of something that should not be in their food. For now, we can only say read the label. It is time for the FDA to do its job and to insist on plain English identification of all food additives whether for human consumption or in pet foods.

Oprah Winfrey exposed the food industry and our addiction to fake foods in her August 2010 show. As Oprah observed “non-fat foods make you FAT!” While her authoritative guests did not go in depth on additives, the message was clear. Today’s food supply can be downright harmful to your health.

It would be wise for pet food companies to rethink what they are adding to their products. The cat is out of the bag. A quarter-million pet owners will read this information this month. It is going to become harder to market pet food contaminated by unneeded, unwanted, and potentially dangerous ingredients!

## Pet Body Condition Score

If you are like me, I am concerned how well my pet is doing, is he or she gaining weight, am I not feeding he or she enough, I have tried everything to get it right. But I ask myself is there an easy way to keep a check on your pet's body and you can get immediate knowledge? Well here is a quick and easy way to check your pet. It makes sense, please look it over, and hopefully it will be of use for you too.

### Pet Body Condition Score



Lightly run your fingers over your knuckles as you make a fist. If you imagine those knuckles were your dog/cat's ribs, this would be too thin.

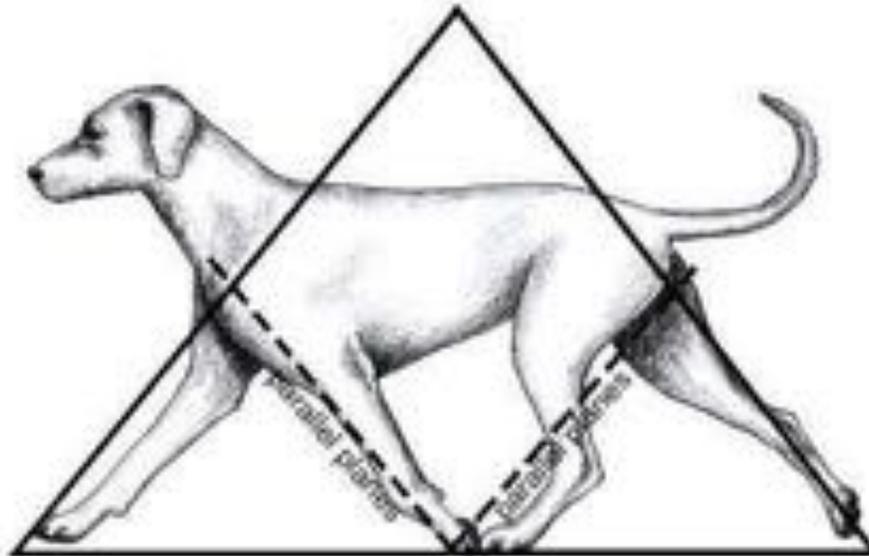


Put your palm up, fingers extended facing the ceiling. Run your fingers over the base of your fingers- this is too heavy.

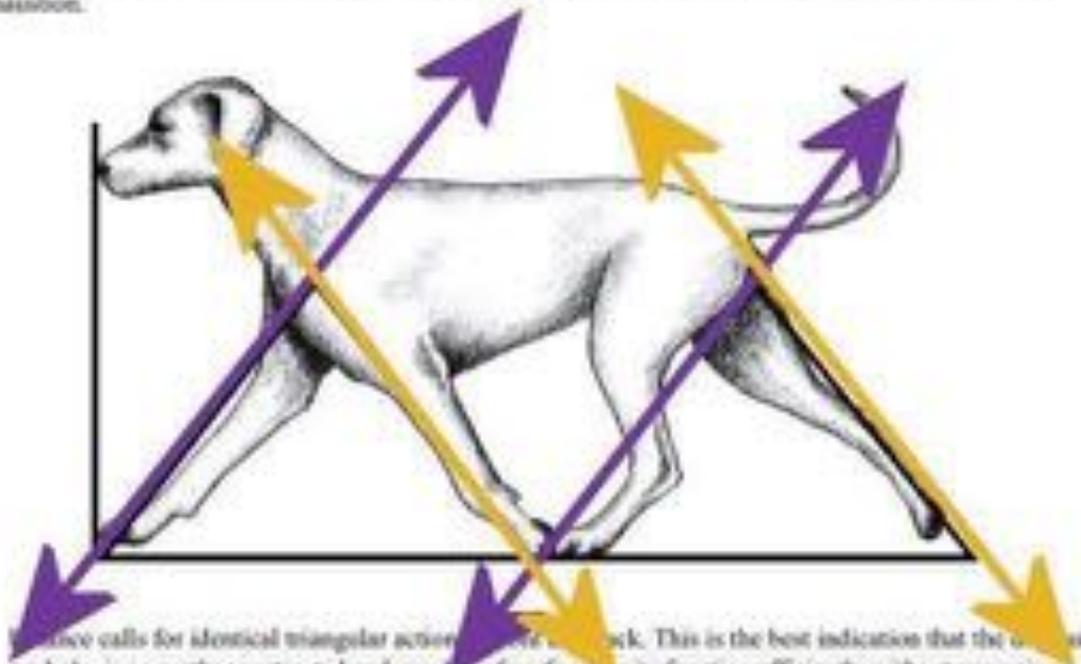


Turn your hand over, palm down and feel over your knuckles. When your pet's ribs feel like this, it's just right- healthy lean BCS 5/9!

## A Balanced Gate, what is it?



Balanced gait is typified by a **synchronization** of front reach and rear drive. If a dog were to have a somewhat straight front assembly, it would be better for it also to have straight rear assembly to remain in balance, rather than a straight front trying to move in sync with an angulated rear. This problem would manifest itself as tremendous **kick-back** behind, yet the front would be unable to reach an imaginary plumb line dropped down from the nose. Such unbalanced movement is energy-wasting and can quickly lead to exhaustion.



Balance calls for identical triangular action of the front and back. This is the best indication that the dog as a whole, is correctly constructed and capable of performing its function efficiently without excessive energy consumption. Generally, reach should not extend beyond an imaginary plumb line from nose.

## Have you heard of the Top Line, not sure what to look for, this may help you and me understand?

### Topline

Strictly speaking, the **topline** describes the top edge of the profile from the dog's occiput to the root of tail. Colloquially, however, most people prefer to use this term to describe the profile between the withers and the tail, although this is more technically correctly called the **backline**. Characteristics may include:

- **hollowed back (saddle back):** a small, shallow hollow or dip behind the withers at the anticlinal arch (where the vertebrae change direction). Can be a fault, but desirable in some breeds, eg. Poodle.
  - **level topline:** the height at the withers is level with the height at the loin.
  - **roach back:** a roached back is an arched back, usually a fault of construction although in some breeds it is a requirement. Depending on where the roach occurs, it is given different names:
    - **carp or camel back** – first dips at the withers, then arches over the ribcage and loins, before dropping at the rump.
    - **wheel back** – a continuous curve that runs from the withers to the tail, eg. Bedlington Terrier. Can also be a fault in other breeds.
  - **slack back (soft topline):** a mild form of sway back due to structural weakness – a fault.
  - **sloping topline:** the height at the withers exceeds the height over the withers, eg. Boxer.
- sway back (dippy back):** a back that sags markedly in the topline, usually as a result of poor muscle development or weakness, sometimes can be due to overweight.



*level topline*



*slack back*



*sway back*



*sloping topline*



*wheel back*



*roach back*

## New guidelines for CPR in dogs, cats

Hyperlink to guidelines: <https://www.avma.org/News/JAVMANews/Pages/120715g.aspx>

Posted July 3, 2012



(Courtesy of the Journal of Veterinary Emergency and Critical Care)

Less than 6 percent of dogs and cats that experience cardiopulmonary arrest in the hospital survive to discharge, while the survival rate is about 20 percent for humans that experience in-hospital cardiac arrest.

To improve outcomes in dogs and cats, the American College of Veterinary Emergency and Critical Care and the Veterinary Emergency and Critical Care Society established the Reassessment Campaign on Veterinary Resuscitation initiative. In June, the RECOVER initiative released evidence-based guidelines for cardiopulmonary resuscitation in dogs and cats.

The initiative included a survey of more than 600 practitioners asking how they treated dogs and cats in cardiac arrest.

“What we found was that there was really no consensus on how to do that best,” said initiative co-chair Dr. Manuel Boller of the University of Pennsylvania. “There may have been a cohort, for example, that recommended 60 to 80 compressions per minute and another that thought 120 to 150 compressions per minute was the right thing.”



The new CPR guidelines for dogs and cats are available by visiting [here](#) to access the free special issue of the Journal of Veterinary Emergency and Critical Care.

Initiative co-chair Dr. Daniel J. Fletcher of Cornell University said, “We identified two overarching

goals for our research: first, to devise clinical guidelines establishing how to best treat cardiopulmonary arrest in dogs and cats, and second, to identify important knowledge gaps in veterinary CPR that need to be filled in order to improve the quality of recommendations, and thus, the quality of patient care in the future.”

Drs. Boller and Fletcher recruited more than 100 veterinary specialists from around the world to review more than 1,000 scientific papers related to CPR. The specialists analyzed the papers for rigor and for relevance to dogs and cats, arriving at 101 guidelines for CPR in dogs and cats.

A free special issue of the Journal of Veterinary Emergency and Critical Care online provides an overview of the development of the guidelines, a summary of the scientific papers, and details of the guidelines with algorithms and drug dosage charts.

The recommendations for CPR in dogs and cats include the following:

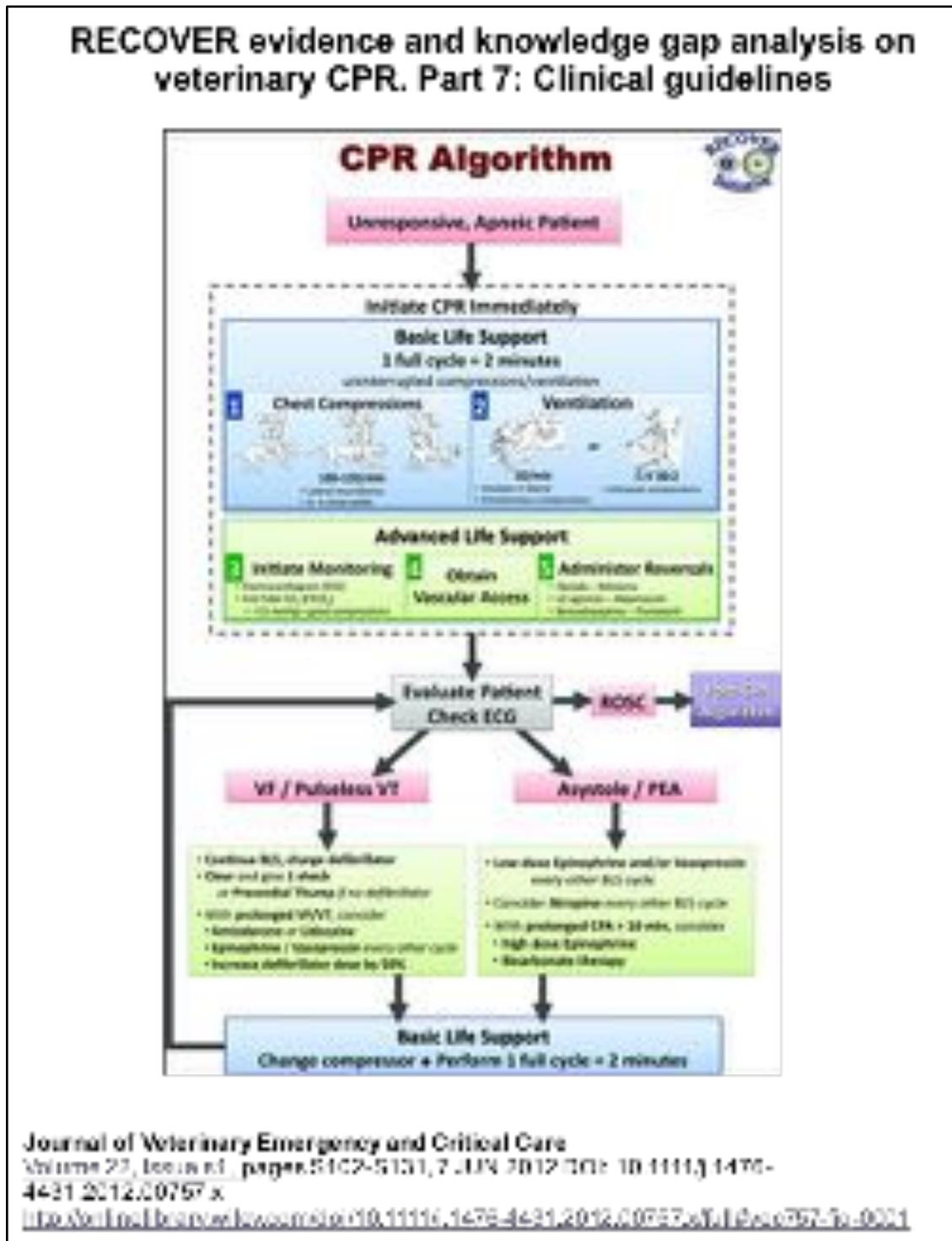
- Perform 100 to 120 chest compressions per minute of one-third to one-half of the chest width, with the animal lying on its side.

- Ventilate intubated dogs and cats at a rate of 10 breaths per minute. For mouth-to-snout ventilation, maintain a compression-to-ventilation ratio of 30-2.

- Perform CPR in 2-minute cycles, switching the person performing the compressions with each cycle.

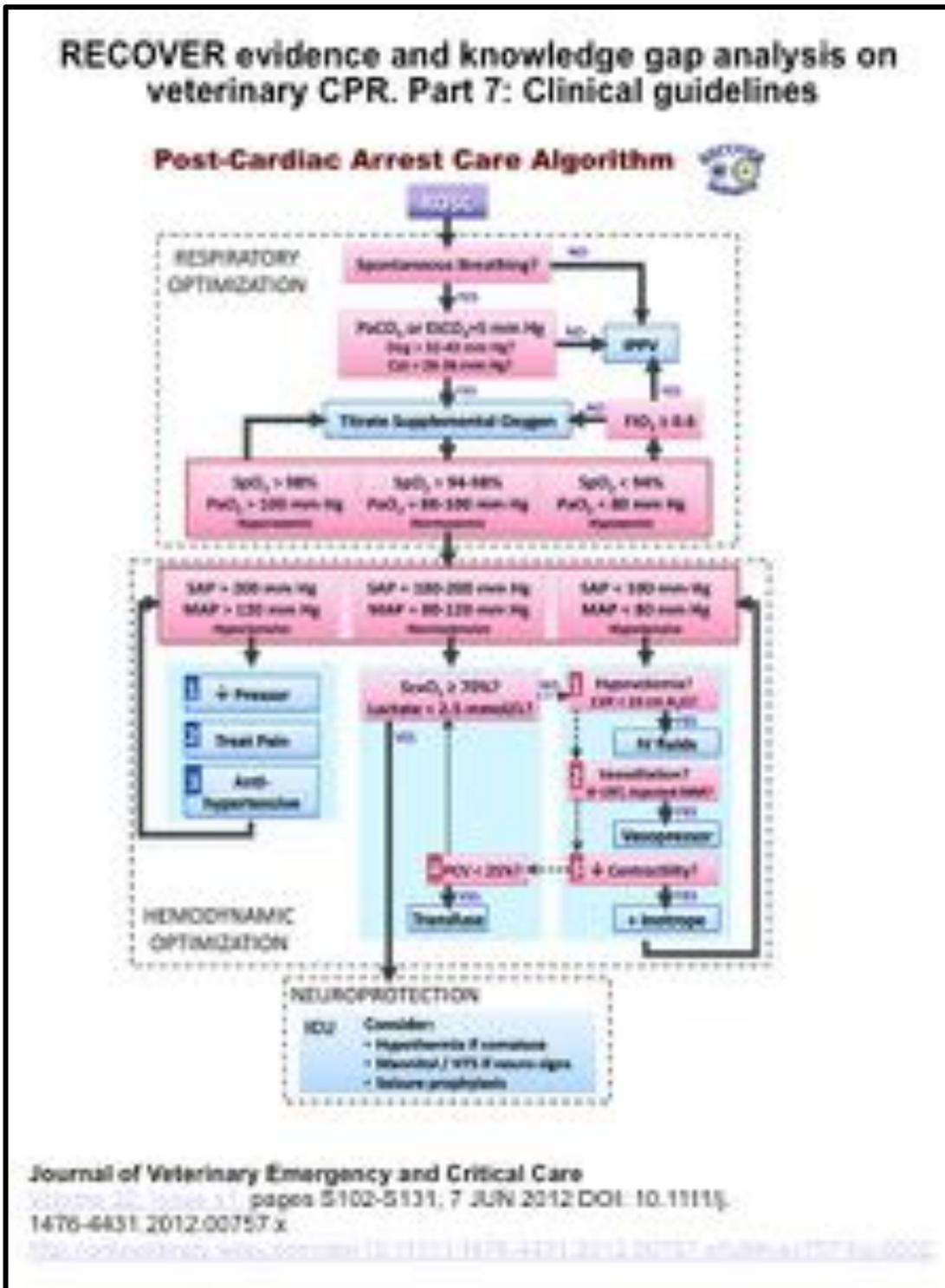
- Administer vasopressors every 3 to 5 minutes during CPR.

Figure 1



Post-cardiac arrest (PCA) care algorithm. This chart summarizes a comprehensive treatment protocol for PCA care that includes components of controlled ventilation and oxygenation, goal-directed hemodynamic optimization, and neuroprotective strategies. The sequence shown reflects the order in which each component should be assessed, and treatment initiated. Assessment and initiation of treatment for the subsequent component will likely commence before the endpoints of the previous component have been completely met. Thus respiratory, hemodynamic, and neuroprotective treatment strategies will be initiated in parallel in most cases. CRT, capillary refill time; CVP, central venous pressure; EtCO<sub>2</sub>, end-tidal carbon dioxide; HTS, hypertonic saline; IPPV, intermittent positive pressure ventilation; MAP, mean arterial pressure; MM, mucous membrane color; ROSC, return of spontaneous circulation; SAP, systolic arterial pressure; ScvO<sub>2</sub>, central venous oxygen saturation.

Figure 2



Post-cardiac arrest (PCA) care algorithm. This chart summarizes a comprehensive treatment protocol for PCA care that includes components of controlled ventilation and oxygenation, goal-directed hemodynamic optimization, and neuroprotective strategies. The sequence shown reflects the order in which each component should be assessed, and treatment initiated. Assessment and initiation of treatment for the subsequent component will likely commence before the endpoints of the previous component have been completely met. Thus respiratory, hemodynamic, and neuroprotective treatment strategies will be initiated in parallel in most cases. CRT, capillary refill time; CVP, central venous pressure; EtCO<sub>2</sub>, end-tidal carbon dioxide; HTS, hypertonic saline; IPPV, intermittent positive pressure ventilation; MAP, mean arterial pressure; MM, mucous membrane color; ROSC, return of spontaneous circulation; SAP, systolic arterial pressure; ScvO<sub>2</sub>, central venous oxygen saturation.

Figure 3

RECOVER evidence and knowledge gap analysis on veterinary CPR. Part 7: Clinical guidelines

**CPR Emergency Drugs and Doses**



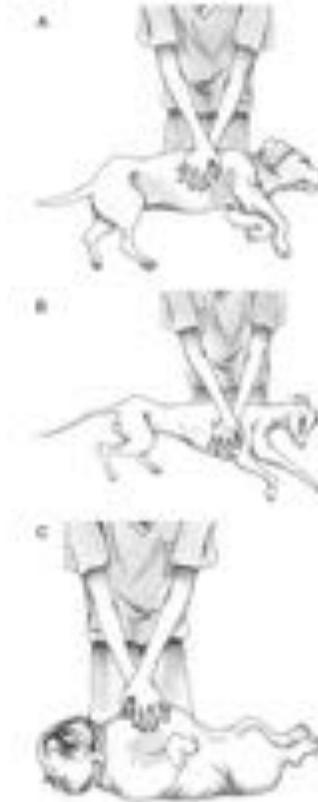
DRUG	DOSE	Weight (kg)											
		2.5	5	10	15	20	25	30	35	40	45	50	
<b>Arrest</b>	Epi Low (1-1000, 1mg/ml) every other 0.5-2 mg/kg q15	0.01 mg/kg	0.03	0.05	0.1	0.15	0.2	0.25	0.3	0.35	0.4	0.45	0.5
	Epi High (10000, 10mg/ml) for prolonged CPR	0.1 mg/kg	0.25	0.5	1	1.5	2	2.5	3	3.5	4	4.5	5
	Vasopressin (0.1 mg/ml)	0.8 U/kg	0.1	0.2	0.4	0.6	0.8	1	1.2	1.4	1.6	1.8	2
<b>Anti-Arrhythmic</b>	Atropine (0.04 mg/ml)	0.04 mg/kg	0.2	0.4	0.8	1.1	1.5	1.9	2.2	2.6	3	3.3	3.7
	Amiodarone (20 mg/ml)	5 mg/kg	0.25	0.5	1	1.5	2	2.5	3	3.5	4	4.5	5
	Lidocaine (20 mg/ml)	2 mg/kg	0.25	0.5	1	1.5	2	2.5	3	3.5	4	4.5	5
<b>Resuscitation</b>	Naloxone (0.4 mg/ml)	0.04 mg/kg	0.25	0.5	1	1.5	2	2.5	3	3.5	4	4.5	5
	Flumazenil (0.1 mg/ml)	0.01 mg/kg	0.25	0.5	1	1.5	2	2.5	3	3.5	4	4.5	5
	Atipamezole (0.1 mg/ml)	100 ug/kg	0.05	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9	1
<b>Defib</b>	External Defib (J)	4-6 J/kg	10	20	40	60	80	100	120	140	160	180	200
	Internal Defib (J)	0.5-1 J/kg	2	3	5	8	10	15	15	20	20	20	25

Journal of Veterinary Emergency and Critical Care  
 Volume 22, Number 2, pages S102-S131, 7 JUN 2012 DOI: 10.1111/j.1476-4431.2012.00757.x  
<http://dx.doi.org/10.1111/j.1476-4431.2012.00757.x>

CPR drug dosing chart. Drugs are separated by indication and volumes are provided by body weight to reduce calculation errors. Defibrillator dosing is for a monophasic electrical defibrillator. Anti-arrhyth, antiarrhythmic drugs; CPR, cardiopulmonary resuscitation; Epi, epinephrine; Defib, electrical defibrillation.

## Figure #4

### RECOVER evidence and knowledge gap analysis on veterinary CPR. Part 7: Clinical guidelines



Journal of Veterinary Emergency and Critical Care  
Volume 23, Number 6, pages S102-S131, 7 JUN 2012 DOI: 10.1111/j.1476-4431.2012.00757.x  
<http://www.veterinarycriticalcare.com/doi/10.1111/j.1476-4431.2012.00757.x>

Chest compression techniques for medium, large, and giant breed dogs. (A) For most dogs, it is reasonable to do chest compressions over the widest portion of the chest to maximally employ the thoracic pump theory. Either left or right lateral recumbency are acceptable. (B) In keel-chested (i.e., deep, narrow chested) dogs like greyhounds, it is reasonable to do chest compressions with the hands directly over the heart to employ the cardiac pump theory, again in either recumbency. (C) For barrel-chested dogs like English Bulldogs, sternal compressions directly over the heart with the patient in dorsal recumbency may be considered to employ the cardiac pump mechanism.

Figure #5

**RECOVER evidence and knowledge gap analysis on veterinary CPR. Part 7: Clinical guidelines**



**Journal of Veterinary Emergency and Critical Care**  
Volume 22, Issue 1, pages 5-13-5124, 7 JUL 2012 DOI: 10.1111/j.1476-4424.2012.00757.x  
<http://onlinelibrary.wiley.com/doi/10.1111/j.1476-4424.2012.00757.x/abstract>

Chest compression techniques for small dogs and cats. (A) For most cats and small dogs (<10 kg) with compliant chests, the use of a 1-handed technique to accomplish circumferential chest compressions with the hand wrapped around the sternum directly over the heart may be considered. (B) An alternative chest compression method for cats and small dogs is the 2-handed technique directly over the heart to employ the cardiac pump mechanism. This method may be considered in larger cats and small dogs with lower thoracic compliance, or in situations in which the compressor is becoming fatigued while doing 1-handed compressions.

**Figure 6**

**RECOVER evidence and knowledge gap analysis on veterinary CPR. Part 7: Clinical guidelines**

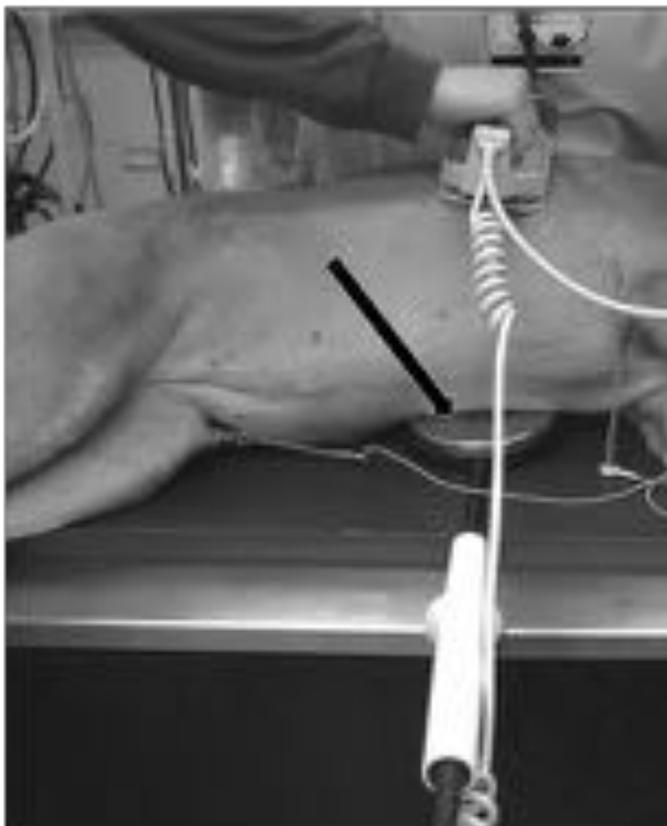


**Journal of Veterinary Emergency and Critical Care**  
Volume 22, Issues 1, pages 5-107-2024, 7 JUL 2012 DOI: 10.1111/j.1473-4424.2012.00757.x  
<http://onlinelibrary.wiley.com/doi/10.1111/j.1473-4424.2012.00757.x>

Mouth-to-snout breathing technique. The rescuer holds the patient's mouth closed with one hand, creates a seal over the patient's nares with his or her mouth, and blows into both nares to achieve a normal chest rise.

## Figure 7#

### RECOVER evidence and knowledge gap analysis on veterinary CPR. Part 7: Clinical guidelines



*Journal of Veterinary Emergency and Critical Care*  
Volume 22, Issues 1, pages 5-107-2024, 7 JUL 2012 DOI: 10.1111/j.1473-4424.2012.00757.x  
<http://onlinelibrary.wiley.com/doi/10.1111/j.1473-4424.2012.00757.x>

Posterior paddle assembly. The black arrow indicates the posterior paddle. The dog is laid on the posterior paddle, and when defibrillation is required, the hand paddle is placed on the opposite side of the chest directly over the heart to defibrillate. Chest compressions can then be immediately continued with the posterior paddle in place.

# Better Never Bitten

## Tips for Keeping Your Family & Friends Safe ... Including Your Dog

Dogs are our best friends, and many families cannot imagine life without them. Yet bites from pet dogs are common and can ruin an otherwise loving relationship. Although we certainly see them as members of the family, it is important to remember that dogs are, in fact, dogs—whose native language is different from our own. What a child might do to show her love to a dog might be seen as a threat, and reaching to take something as meaningless as a paper towel from it might insult any dog's sense of ownership. We hear all kinds of advice and it can be confusing. What, then, can we do to ensure that our children, ourselves, and our beloved pets are content and safe?

### What NOT to Do

- Don't leave infants, toddlers, or young children alone with any dog, no matter how friendly it is.
- Don't pet, touch, nudge, hug, or kiss a dog while it is resting, especially if it is on or beneath furniture.
- Don't hug or kiss a dog that is not your own, however friendly it may seem.
- Don't move a dog by pulling on its collar or scruff; instead, call the dog to you or toss a piece of food.
- Don't pet or touch a dog while it is eating food or chewing on a toy, bone, or any other object.
- Don't reach to remove food, toys, or any other objects from a dog. If it is necessary to remove an object, trade by offering it an irresistible piece of food.
- Don't pet or restrain any dog trying to get away from you.
- Don't corner a dog to clip on a leash, give it medicine, groom, or even pet it.
- Don't point at, hit, slap, or otherwise punish or scare the dog. Your dog does not purposely misbehave. Most important, physical punishment will frighten the dog, and frightened dogs are more likely to bite.

### SHOULD YOU SEEK HELP?

Dogs are complicated animals and, like us, might need help for one problem or another. Many "issues" can be addressed with simple training or environmental or management changes. If, however, your dog is significantly fearful or has shown growling, snapping, or biting behavior, the situation will not resolve on its own. Talk to your veterinarian or a certified behavior specialist for help and recommendations.

### READING YOUR DOG

You might be surprised to learn about these signals of stress or fear. These reactions may be especially relevant when the dog is approached by someone or hesitates to do something that you have asked it to do.

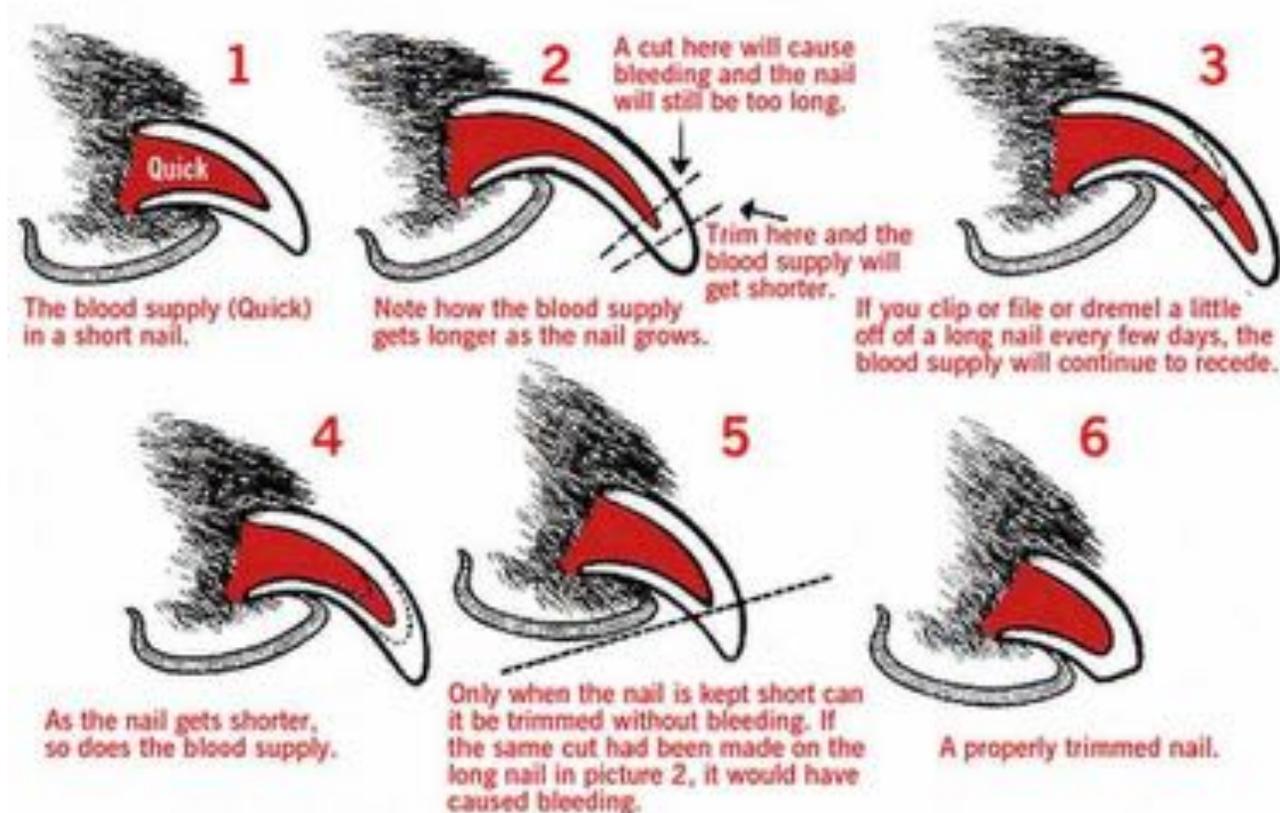
- Yawning
- Rolling over on its back
- Lowering its head
- Backing up
- Wagging a stiff tail
- Licking its lips
- Lifting a front leg
- Sring



- this client handout from Clinician's Brief may be downloaded and printed for use in your clinic.

How to Trim Your Dog's Nails and Why Long Toenails are Harmful to Your Dog's Health Keeping your dog's nails well maintained can prevent serious injuries.

<http://www.dogheirs.com/how-to-trim-dogs-nails/>

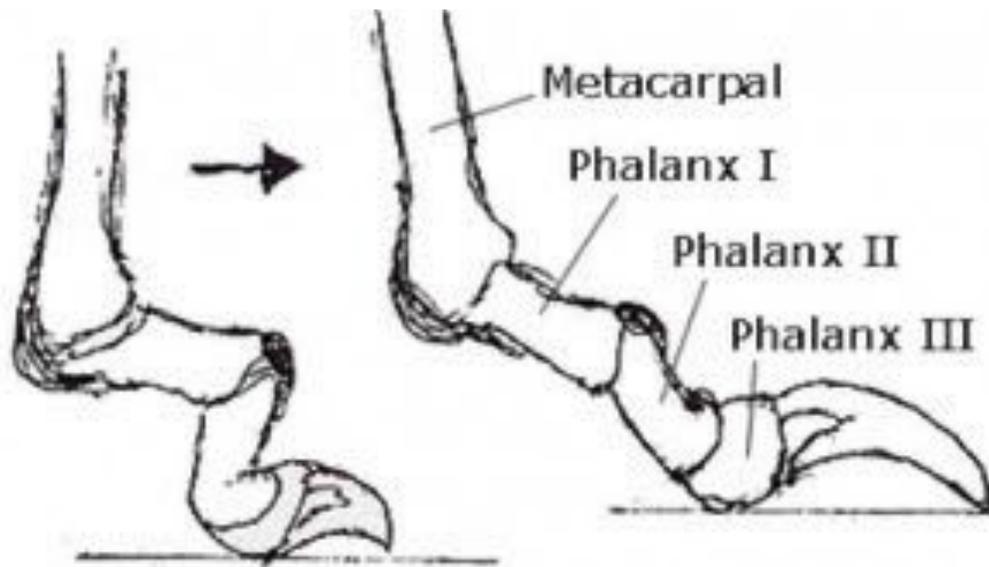


One of the key ways to maintain your dog's general health is to cut his/her nails regularly. Bridget Wessel is a foster for Italian Greyhound Rescue and teaches canine agility. She explains why cutting your dog's nails is so important in maintaining joint and bone health and shares some tips on how to properly trim your dog's nails.

Some dogs hate nail trimming, others merely tolerate it, almost none like it. Some dogs need tranquilizers to make it through the process without biting, while others sleep through the procedure without a care. No matter what your dog's personal take is on nail clipping, it is something you should do for your dog's regularly to keep from harming their skeletal structure.

A dog's nails are important parts of their anatomy. Unlike cats, dog claws are not weapons, but are used when he runs to grip the ground when accelerating and turning corners. Outdoor dogs run around enough over different surfaces and wear their own nails down. But our house-bound companions don't get that natural wear from carpet, hardwood, or vinyl flooring.

Having long nails changes the way a dog carries himself. The diagram below shows how a long nail causes the bones in the foot to flatten and the Metacarpal, Phalanx I and Phalanx II bones to sit more angled every time the dog walks or stands.



Left: proper alignment with short toenail. Right: angled alignment because of long toenail. Image provided by Dr. Lisa Kluslow

The different angle of the bones when pressure is applied causes joint stress and can lead to joint pain and arthritis. It also leads to dropped wrists which make the dog look flat footed. Women reading this article can probably relate if they think about wearing high heels all the time. Long toe nails essentially do the same to dogs by changing the natural alignment of leg bones which adds torque or twisting to the joints.

Personally, high heeled shoes wreak havoc on my knees and I suffer from knee joint pain for days after wearing them. I can't imagine the pain a dog goes through whose owner never trims his nails or doesn't trim nails often enough.

Changing the natural alignment also makes the dog less steady on his feet and can contribute to an increased probability of broken legs. If the dog's joints are out of whack, he can't catch himself from falling or landing as well. Again, if you compare how steady ladies are in sneakers compared to high heels you can relate to how a dog with long nails might feel all the time.

The image above shows how the bones of the paw and wrist angle back when a dog has long nails, but the damage doesn't stop there. All the bones in a dog's body are connected and the leg bones connect all the way up to the spine.

Some of you might relate to how an injury on one part of our body can cause us to carry ourselves differently and create pain in another part of our body. Unfortunately, our dogs can't tell us when they have a headache or shoulder ache and many times we miss the slight signals that they are in pain. Since dogs can't trim their own nails, it's up to us to make sure this dog maintenance is performed before the pain sets in.

Some breeds like Italian Greyhounds usually need their nails trimmed every two to three weeks, if not more often. Frequent walking (daily, fast paced, long walks) can help wear down nails and increase the time between trimmings. For some dog guardians, nail trimming might be easier as a two-person job. One person can hold the dog on his/her lap with their feet sticking outwards while the other clips.



Where to cut a dog's toe nail

The red line in the diagram above shows where to cut the nail. The nail comes straight out, and at the point where it starts to bend downward, you should cut at a 45-degree angle. It's always a good idea to have [Kwik Stop](#) or another blood stopping product on hand in case you hit the quick. If trimming nails is not your forte, groomers or vet clinics are good alternatives to keep your dogs' nails well groomed.

Unfortunately, it is easy to overlook this basic grooming. Many of the dogs we take in to rescue, regardless of what their situations were before, need a nail clipping when they arrive. Remember that trimming claws is not merely a cosmetic issue, but it is also a health issue.

Trimming your dog's nails, it is one of the most basic things you can do to take stress off your pups' joints as they age.

*~ Written by [Bridget Wessel](#) and copyright of the author. Reprinted with author's permission.*

## **NEWS, BRAGS and Special Events, ETC**

None received for this Newsletter.

## **Birthday Celebration of Newfoundlands that had Birthdays during May and June:**

No birthdays submitted this Newsletter, consider changing this, why can we celebrate all birthdays, our fur babies unfortunately don't have the opportunity to share their lives with us for as long as we desire, I guess their bodies don't have enough room for all the love and care that they give us while with us every day. Please let me know how you feel, the burden is on the members for furnishing pictures of them on their birthday and something special about each one. A note saying Yes, don't care or No. Send to me via email to [gene.e.manley@gmail.com](mailto:gene.e.manley@gmail.com)

## **Our River King Newfoundland Club Facebook Page:**

Send items or information to Cassie or Me.

My desire is to show everyone what a phenomenal Newfoundland Club that we are. *If you have anything that can help promote how great our club is, please send it to me.*

## **This edition of Newf Tails**

Thanks to everyone who sent me information. It sure helped me with getting this edition out the door to you. I am very appreciative of anything that you send me; please keep it up.

## **Rescue Report June 2018**

**by: Debbie Fitton**

Rescue currently has just one dog in foster care at this time. Ed and I have been fostering Cougar since the end of January.



**Figure 20 I'm Cougar, Am I not a Handsome Young Man!**

I have included two photos of him in this newsletter, so you can see how beautiful he is. Cougar is an adorable dog! He has no known health issues. He's friendly with people of all ages. Cougar likes to go for walks and does well on leash. He kennels quietly and is generally an easy-to-keep kind of dog.

**Rescue continued next page**



**Figure 21 Hi I am Cougar, I'm 8 years old, Can You Find me a forever home?**

He would do best in a single pet home although he can easily be taken to the veterinarian or walked around your neighborhood. The reason that this sweet guy has been in foster care for so long is that he is eight-years-old. I've had several good homes turn him down because of his age.

**I am asking for the club's help in finding Cougar his forever home.** If you know of someone who would love a new family member, please send them my way. This is just one more way that the membership can help with rescue. Thank you!



Deepest sympathy to Roy Hoorman who lost his beloved Burgeo recently from cancer. Roy adopted Burgeo from River King Rescue November 2012.

## RAINBOW BRIDGE



### **Burgeo** **August 2011 – May 19, 2018**



*"Burgeo was very intelligent and one of the Best Friends a Man could ask for. Burgeo and Connie Meech's Jurick loved to play the Newfie chest bump game when they were visiting. One Christmas he received a Reindeer Toy, He carried his toy everywhere just like a little kid. After about 2-3 months he decided to check the toy for a squeaker and the Reindeer was no more.*

*"Rest in Peace Burgeo, everyone who had the privilege to meet you will never forget you"*

Roy Hoorman adopted Burgeo from RKNC Rescue in November 2012. They lived in Peoria, Illinois. Burgeo and Roy liked to go for three to four-mile walks in the Wildlife Prairie Park in Peoria. Everyone that saw them recognized that they were a team, Roy would let Burgeo run ahead while hiking, but Burgeo even though ahead of Roy on the walks would never get too far ahead and if Roy called Burgeo he would hurry to get back to him. Burgeo had a thing for Squirrels, if he saw them in the trees he would track them from tree to tree just waiting for the one that fell to the ground, it never happened but he continued to search every tree that he came near. Burgeo came down with cancer and crossed over the Rainbow Bridge. Rest in Peace Handsome fellow, we will all miss your Newfie behavior and love that you enjoyed sharing.

## RAINBOW BRIDGE



### **Samson** **December 9, 2009 – May 21, 2018**



*"Samson was truly one of the most loving dogs". He earned his Therapy Dog Title in October 2014 at the time of his crossing he had made 198 Therapy visits. Everyone who met him loved him." He went to schools, Elementary, Junior High, High Schools, Colleges, Hospitals, Nursing Homes, Assisted Living and Handicap Schools. If he missed the Kids, Residents and Staff would ask where he was. He had just received his latest title from TDI for making in excess of 150 visits.*

*"Rest in Peace My Monkey Moo, everyone who had the privilege to meet you will never forget you"*

Linda and I got our boy in February of 2010, he opened our eyes to a new world, one that was about Newfoundlands. He was the reason that we found RKNC. In 2014 we learned our boy had hip dysplasia, but he earned his DD Title in 2015. My boy never seemed to enjoy water work even though we worked on it for several years, but once he was in Therapy Dog work, his eyes would get large when I got his red collar and red Therapy Scarf he was ready to go. He nursed me through 6 back surgeries along with blood clots to follow. He would lay his head on my pillow to make sure that I was breathing and bump me if he was not sure. He saw a Lady who was extremely upset, he went to her side and laid his head on her shoulders to comfort her. If any of our family dogs would get to playing too rough, he would immediately get between them to calm them down. He loved to go with us, it never really mattered where as long as he was in the vehicle with us. My Monkey we will never forget you, it must have been that they needed a big angel in heaven, I pray that you are now running, jumping, swimming and playing with Goliath, Mufasa, Snowflake and Diamond Girl, I know that she was excited when she saw you. You will be in our heart forever.

## Help Make Your Newsletter Valuable

This newsletter is all about RKNC, of course, and RKNC is nothing if not for its members, so please help make this newsletter all it can be by sending in your news, updates, brags, notices, photos, and everything else Newf- related (short of classified ads.)

If you have a lot of photos from a recent RKNC event, please consider creating a slideshow on a free photo- sharing site (such as PhotoBucket). The newsletter will publish a photo or two from your collection along with a link to the entire set of images; this way, the size of the newsletter can be kept manageable for emailing. (Photos, even web-resolution JPGS, consume a lot of file space and computer memory, and 'compressing' the newsletter PDF file compromises the quality of the entire document.)

The newsletter is currently published bi-monthly, and as a helpful reminder here are the current schedule and submission deadlines:

Issue	Estimated Publication	Submission Deadline
Jan-Feb	Feb 28	Feb 18
Mar-Apr	Apr 30	Apr 20
May-Jun	Jun 30	Jun 20
<b>Jul-Aug</b>	<b>Aug 30</b>	<b>Aug 20</b>
Sep-Oct	Oct 30	Oct 20
Nov-Dec	Dec 30	Dec 20

This schedule will make the newsletter "summary" in nature, being published at the **end** of each two-month period; this will allow us to include draft test results in the March-April issue, water test results in the July-August issue, specialty results in the Sept-October issue, and obedience trial results in the January-February issue. But that can happen only if results and reports are submitted in a timely manner. And if you're writing something for this newsletter, please keep in mind the relationship between what you're writing about and when the newsletter will be published. THANK YOU for your support of the RKNC newsletter!

*A special request from me to the members, during the entire year several things happen which should not have happened and would be fun to share with our membership, please if possible grab a picture of it on your phone and please send it to me with a short description about who and what I would appreciate it.*