

NEWF TAILS

The Newsletter of the
RIVER KING NEWFOUNDLAND CLUB

January-February 2017



President's Message

Hope everyone had a wonderful Holiday Season. It is hard to believe spring is almost here; it seems like here in the St. Louis area we haven't even had a winter season with the temperatures as mild as they have been. Just a few reminders about upcoming events.

March 11 - RKNC will be participating in the St. Louis St. Patrick's Day Parade, Carol has advised me that we have been accepted into the parade and arrangements will be forwarded to the club membership upon receipt.

March 18 - RKNC General Meeting and Grooming Seminar (tentatively planned) at Rowen's Kennels, more information will be forwarded shortly.

April 1 & 2 - River King will be holding its Draft Test at Gordon Moore Park, the premium is available on the club website. We are once again planning on dinner with the Judges on Friday night at a restaurant to be determined, everyone is welcome to attend.

Saturday the test will begin at 8:00, we will be having a Basket Raffle; lunch is provided by the club and dinner Saturday night at Castelli's Moonlight Restaurant.

Once again we are asking for donations of baskets for the raffle and food donations for both Saturday and Sunday lunches.

I will be sending out an email requesting these donations shortly.

Most importantly we will be needing volunteers to steward at the test, no experience needed, just come on out and enjoy watching our wonderful Newfs and their handlers.

Hoping to see everyone at one of the upcoming events.

Cassie Iken
RKNC President

Officer & Committee Reports

RKNC Officers

President: Cassie Iken

Vice-President: Jean McAdams

Treasurer: Sylvia Steiling

Corresponding Sec'y: Mark Iken

Recording Sec'y: Janice Henderson

Board Members: Danielle Rimkus & Sue Zientara

Committees

Awards: Carol Giffhorn & Gene Manley

Conformation: Rita Jacobs & Jean McAdams

Draft Test: Cassie Iken, Pat Owens, & Sylvia Steiling

Education: Steve McAdams & Danielle Rimkus

Fundraising: Danielle Rimkus & Heather Woodside

Historian: Pat Owens

Membership: Mark Iken

Newsletter: Gene Manley

Nominating Committee: Steve McAdams, Chris Jones, & Cynthia Harrington

Obedience: Mark Iken, Sue Zientara, Sylvia Steiling, Carol Giffhorn, Pat Owens, & Cassie Iken

Parades: Carol Giffhorn, Kim Wankel, and Lorrie Carpenter

Regional: Jean McAdams, Janice Henderson, Rita Jacobs, Mark & Kimi Wankel, Tom Brandt, Lonnie Specht, Jean & Andy Zinsmeyer, Sue Zientara

Rescue: Debbie Fitton (chair), Lisa Noel, Deb Berg, Marilee Hejna

Awards Committee:

Nothing new to add, it has been a great year and we are looking forward to seeing the awards requests for 2016. Please take the time and get your paperwork together to make this easy on you, the guidelines are on our website. Copies of your award certificates are necessary as well as the completed award request form. The documents are required by March 1, 2017. Please get them to me asap, either by snail mail or by email send the information to my gene.e.manley@gmail.com email address. I have already received one, so I am looking for yours.

Parade Committee:

The Saint Patrick's Day Parade is coming up next month, Saturday, March 11, 2017. Carol told me we are in the parade, but she does not have all of the particular's as of yet. Please let Carol Giffhorn know if you can attend and walk with the group representing the River King Newfoundland club. The crowds love our Newfies and are always happy to see them. Carol's email is gig@htc.com. Please, Please join us for this event.

Draft Test Chairman:

RKNC Draft Test is on April 1st and April 2nd 2017 in Gordon Moore Park located in Alton, Illinois, just off of Highway 140. The Premium for this event is included in this Newf Tails. Sure hope to see everyone here for the event, either as an exhibitor or as a helper to make sure our event goes off without any issues. Judges: Mark Iken and Patti Pigeon.

Education Committee:

We have a Grooming Seminar on March 18, 2017, if you have never attended one you are missing out, we have very knowledgeable groomers putting this on, price is very reasonable and I guarantee if you attend you will learn something new. More information in Newf Tails.

River King Newfoundland Club Board Meeting

Feb. 21, 2017

Vice President Jean McAdams called the teleconference meeting to order at 7:07pm.

President Report- No report at this time.

Vice President Report- No report at this time.

Treasurer Report- An e-mail report will be sent to the Board.

Corresponding Secretary Report- No report at this time.

Recording Secretary Report- Janice Henderson made a motion to accept the minutes of the Dec. Board Meeting published in the Newsletter. Cassie Iken seconded, and the motion passed.

COMMITTEE REPORTS-

Awards- A discussion of how to handle the awards for Best of Opposite Top Show Dog, Top Show Dog and Bitch, and opposite. We decided we need to draft a process for this, present it to Gene Manley for his input, and then have the Board vote on it. Jean McAdams volunteered to draft this up.

Conformation-Regional- Jean McAdams reported the 2016 Regional broke even. The Judges for 2017 will be Friday Breed and Group Gary Andersen, Saturday Breed Jim Fankhauser Group Eric Leibes, Sunday Breed and Group Sulie Greendale-Paveza.

Education- A Grooming Seminar will be on March 18, 2017 with a \$25 fee to go to Rescue. An informational flier will be forthcoming. March 19, 2017 will be a Draft and Go day.

Fund Raising- Our events will plan their own fund raising events.

Historian- No report at this time.

Membership- Everyone has sent in their membership fees.

Newsletter- Gene Manley is doing a great job. The deadline was yesterday, but Gene is holding it open a day or two for me, thanks.

Obedience- Our last Obedience made money for the club. Cassie Iken has the 2017 judges lined up

and is working on the 2018.

Parade- The St. Patrick Day Parade in St. Louis is on March 11, 2017. Carol Giffhorn has information on the event, if interested in participating please contact Carol.

Rescue- No report at this time. There may be a brown Landseer in.

Water Test- Mark Iken reported the judges for the Aug. 19 & 20, 2017 test are John Jackman and Benita Edds. Mark Iken will check to see if we can get the clubhouse at Litchfield for July 29 & 30, 2017-practice session. A fee and sign up times were discussed.

Web Site- Chris Jones indicated the site is up to date. Chris will talk to Gene Manley about the new forms that will then be placed on the web site.

OLD BUSINESS-

The 501C3 is still a work in progress.

NEW BUSINESS-

Jean McAdams introduced for discussion the topic of a cargo trailer for the Club. Items we need to know more about are:

-What it would be used for

-Agree where it would be stored

-How it would get to events

-insurance questions i.e. license, insurance for who tows the trailer, insurance for the contents

-Would we need a small group who would be assigned to tow the trailer?

Chris Jones will talk to Gene Manley for his input into the matter. We will discuss it at the next Board meeting.

Cassie Iken reported that treasurer Sylvia Steiling has sent a donation to the Newfoundland National.

The meeting adjourned at 8:26pm.

Respectfully submitted,

Janice Henderson, recording Secretary

RKNC Calendar of Events 2017

| Date | Event | Time | Location |
|-----------|--|---------------------------|---|
| Jan 7 | Show & Go in Wentzville | 8:00am | Westinn Kennels, Wentzville Mo. |
| Feb 21 | Board Teleconference | 7:00pm | |
| Mar 11 | St. Patrick Parade | 8:00am | Downtown St. Louis |
| Mar 18 | Grooming Seminar General Meeting #1 | 10:00-5:00 7:30p-9:00p | Rowens Kennels in Brighton IL |
| Mar 19 | Draft & Go | 9:00am | |
| Apr 1-2 | Draft Test | 8:00am | Gordon Moore Park, Alton IL |
| Apr 10-15 | NCA National | | Portland Oregon |
| May 20-21 | Supported Entries: | | Springfield Dog Shows |
| May 27-28 | Supported Entries: | | Bloomington Dog Shows |
| Jun 10 | Water Wizards Awards Banquet | 9:00am 7:00pm | Rowens Kennels in Brighton IL Restaurant TBA |
| Jun 11 | Water Wizards Day 2 Board Meeting #2 General Meeting #2 & Potluck lunch | 9:00am TBA 1:00pm | Rowens Kennels in Brighton IL |
| Jul 29 | Water Training Board Meeting #3 General Meeting #3 | 10am TBA Evening | Lake Lou Yeager, Litchfield IL |
| Jul 30 | Title Chasers | 9:00am | Lake Lou Yeager, Litchfield IL |
| Aug 19-20 | Water Test | 8:00am | Lake Lou Yeager, Litchfield IL |
| Oct 7-8 | Obedience Trial | 8:00am | Westinn Kennels, Wentzville Mo. |
| Oct 20 | Regular Dog Show | 8:00am | Springfield IL |
| Oct 21 | River King Regional #1 Dining w/Dog Friends | 8:00am 6:30pm | Springfield IL Restaurant TBA |
| Oct 22 | River King Regional #2 | 8:00am | Springfield IL |
| Nov 19 | Holiday Party – General Meeting #4 | 1:00pm | Fire & Ale Restaurant, Sherman IL |
| Nov 23 | Thanksgiving Day Parade | 8:00am | Downtown St. Louis |
| Dec 10 | Board Meeting #4 | | Green Valley, IL |
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What do you need to know about this newsletter:

- ***The 2017 RKNC Calendar of Events***
- ***The RKNC Meeting Minutes are included in this Newf Tails***
- ***A Garage Sale to be held for Rescue, Can You Help?***
- ***The RKNC Grooming Seminar March 18, 2017***
- ***The RKNC Awards guidelines are included, they are on website, applications due 3/1/17***
- ***There is a write-up by Carol Giffhorn about Dog's IQ, do not miss it.***
- ***The St. Patrick's Day Parade March 11, 2017; can you attend this year?***
- ***The Draft Test Premium location and highlights for your information***
- ***There is a Quick Reference Chart for GDV Bloat (Please print this for your benefit, should it ever happen to you, it might be just what you need. (2nd time in case you missed it.***
- ***The information for Canine Health***
- ***The News, Brags, Birthdays***
- ***The Rescue Report with Pictures of the adoptions that we have had.***
- ***The Rainbow Bridge portion***



River King Newfoundland Club

Garage Sale for Rescue:

David and Rita Jacobs: Are looking to host a garage sale sometime this Spring for rescue. So, they will be looking for people to donate items to be sold and also volunteers to help out. Dates are TBD. If anyone is interested in donating items or wants to help, please contact Rita by phone or email: jaquistnewf@yahoo.com or Home Phone: (309) 263-7378. It sounds like fun and sure hope the weather cooperates for such a worthy event. Our breed is such a wonderful god's creation, and seeing what our rescue does for them, if surely makes everyone smile when we hear of the success stories.

**River King Newfoundland Club Grooming Seminar
Will be held on March 18, 2017 0900 – 1500 hours**



Grooming Seminar 03/18/17



\$30 will get you a full day of grooming fun and it will help support
RKNC RESCUE!
Show & Maintenance Grooming
Rowens Kennels, Brighton IL
Bring: table, tools, and dog
9:00-3:00 Lunch included
RSVP shadrack@grics.net

March 18, 2017



Presented by: River King Newfoundland Club

As the previous page add says, we are having the grooming seminar at Rowens Kennels in Brighton Illinois inside the training building. This event will help support River King Newfoundland Club Rescue. So if you have not ever been to one, what you will learn will amaze you, we have some very talented groomers, who have groomed some very beautiful champions. There will be instructions for Show & Maintenance Grooming.

The seminar will go from 0900 to 1500 hours with Lunch included for \$30.00

- **You will need to bring:**
- **Your grooming table**
- **Your grooming tools**
- **Your Dog**

**Please Reserve your spot by contacting Jean McAdams by email: Shadrack@grics.net
Space fills up fast, so do not delay if you want to attend this seminar.**

River King Newfoundland Club Awards applications due by 03/01/17

Remember have all information sent to Gene Manley either by Mail or by electronic mail to gene.e.manley@gmail.com by March 1.

The River King Newfoundland Club will present awards using the following guidelines:

- The owner must have been a regular member of RKNC for the entire period to receive a plaque and the title plates.
- Owners who are associate or honorary members of the club will receive a certificate of recognition.
- Dogs that are co-owned by a member must have been co-owned at the time the title was earned, and must reside with the RKNC member for the entire period.
- The dog must be a purebred Newfoundland with an AKC or IPL/PAL number. ***Proof of ownership or registration may be required.***

New Titles:

- **Any dog or bitch that has received an AKC or NCA title between Jan. 1 and December 31 of the previous calendar year.**
 - The Owner must complete:
 - The Awards Application forms (*Use the application blank as provided by the committee*)
 - Provide verification of the title.
 - Verification should be a photocopy of the actual title certificate.

| | | |
|---------------------------------|-------------------------------------|-----------------------------------|
| Beginner Novice | Companion Dog | Companion Dog Excellent |
| Utility Dog | Utility Dog Excellent | Obedience Trial Champion |
| Rally Novice | Rally Advanced | Rally Excellent |
| Rally Advanced Excellent | Champion | Grand Champion |
| Water Dog | Water Rescue Dog | Water Rescue Dog Excellent |
| Draft Dog | Team Draft Dog | Tracking Dog |
| Canine Good Citizen | Canine Good Citizen Advanced | Canine Good Citizen Urban |
| AKC Therapy Dog (ThD) | Temperament Test | Other (Specify) |

Top Show Dog

This award is presented to the Top Show Dog based on the number of dogs/bitches defeated. Points are tabulated from Best of Breed wins at AKC licensed shows.

The Owner must complete:

The Awards Application form

Provide the names of shows

Date of these shows

The number of dogs defeated at these shows.

The Awards Committee may verify this information. The club will award a certificate to any dog that has received a group placement during this past year.

Top Obedience Dog/Top Rally Dog/Top Agility Dog

These awards are presented to the dog with the highest average of the three top scores of any Obedience, Rally or Agility level, earned at AKC Trials.

- Scores do not need to be earned in the same calendar year but must be for the same title.
- Title must have been completed in this calendar year.
- On any title that requires more than one qualifying score in a single day to earn a leg toward that title (UDX RAE etc.), an average of both scores must be used as a single qualifying score.
- The owner must complete:
The Awards Application form
- Provide the names of the Obedience, Rally or Agility Trials o Dates of these trials
The scores received.
- The Awards Committee may verify this information.

Top Working Dog

This award is presented to the dog earning the most working titles last year. This will only be awarded for two or more titles earned in two or more areas (i.e. draft, water, and tracking). A new title will earn 3 points and a requalification will earn 1 point.

- The owner must complete:
- The Awards Application form
- Provide photocopies of the Certificates for the titles earned.
- The Awards Committee may verify this information.

Special Awards

Versatile Newfoundland:

A special plaque is given for those dogs earning the Versatile Newfoundland Title.

- The owner must complete:
- The Awards Application form
- Attach photocopies of all titles earned.

Canine Good Citizen, Therapy Dog or a Temperament Test a certificate is awarded for dogs passing one of these tests.

- The owner must complete:
- The Awards Application form
- Attach a photocopy of the test certificate

Member/owner must apply no later than **March 1st** to: Gene E Manley, 113 Windsor Place, Bethalto, Illinois 62010-1736 by mail or you can scan the material and email it to <mailto:gene.e.manley@gmail.com>

Doggie IQ

Written by: Carol Giffhorn

Doggie IQ, Have you ever wondered about it?

Some years ago, I attended a water workshop where a report was read about the intelligence of various breeds of dogs. As I expected, the Border Collie was first and far down the list was the Newfoundland.

I wondered how anyone ever gave a dog an IQ test. I know that Border Collies do very well in obedience trials and usually place in the top four spots. Sure, they look good racing around, grabbing dumbbells then flying over the jumps and heeling with precision.

Maybe they aren't smart enough to know that the dumbbells don't go away and the jumps stay put so you need not rush around. You really don't have to heel so perfectly with your owner--you are both going to arrive at the same place anyway. **Newfs know stuff like that.**

Did they test anything about survival in the wild? 'Don't know but even though the Border Collies could surely outrun a rabbit, would they know what to do when they caught up with it?

Even a Beagle hound with its wonderful nose is no better at getting a rabbit for lunch than a Border Collie or Newf. But watch a feisty little terrier and you'll never see them miss a meal. **Now that is being smart when it counts!**

The report also stated that dogs were color blind and the best colors for them to see was blue or purple.

Naturally. we all rushed around buying new water equipment that was blue or purple. I bought it too but I never observed any better results with the blue boat cushions than the regular orange ones.

When I bought a new cushion for Bravo last year, I bought a neon green one. He found it just fine and I could see it so much better than the old blue one. I do know that my Newfs are not too colorblind to know that Encore's food dish is white and Bravo's is red. **They never eat out of the wrong bowl even if I accidentally place it before the wrong dog, I think that maybe Encore had something to do with that.**

She sort of agrees with me that you need to teach these little black boys, early on, to show respect and keep their noses out of your food---or else! **He learned.**

I don't know if the IQ test covered anything about math but I know that Bravo can count. He sleeps in a crate at night and Encore does not so I feel sorry for him. I do give him three corn curls every night as he gets into his crate. He was getting a bit chubby so I decided to cut him down to two corn curls. **He looked and looked for the third one and could not believe that i had shorted him.**

The next night I broke the corn curls in half and gave him three. He was happy with three half corn curls. **That proves that Newfs are good at basic math** but sure don't know much about fractions.

Here is another thing that I noticed about Newfs. Bravo and his mother, Encore, always get a pig ear after a training session. They enjoy them together as they lay side by side even though Encore does none of the work. **I think that Bravo learned that, just as a beer tastes better when shared with a good buddy, a pig ear is meant to be savored with other like minded friends.**

Sometimes when he does well at an obedience trial, I reward him with a pig ear. He will not eat it in the car, but carefully saves it till he gets home and Encore gets one too. **I think that he knows that it is wise to keep Mama happy "cause if Mama's not happy ain't nobody happy"!!** 'Wonder if Border Collies have figured that out yet?

Thanks Carol for writing this. I really enjoyed this, it actually brought a smile and laugh for me this morning while putting it in the Newsletter

The St. Patrick's Day Parade is on March 11, 2017. RKNC has been given a place in the Parade again this year.

Carol Giffhorn is waiting on the details for the parade, she will share them once they have been received by her. In the mean time, if you can attend the parade this year with your Newf, young and senior please let her know, the citizens that show up to watch these parades love our Newfs, you can hear them cheering from the sidelines, their excitement makes the Newfs feel good and also let's you know that they are appreciative of your dedication and effort put forth to attend the parade. Sure hope to see you there, remember even if you do not have a Newf able to walk in the parade you can always help the club by carrying the banner. If you can attend please contact Carol Giffhorn by phone or email as soon as possible. Phone # (618) 281-5229 or email gig@htc.net .

RKNC Draft Test will be held at Gordon Moore Park in Alton Illinois on April 1st and April 2nd:

Find the RKNC Draft Test Premium at:

http://www.riverkingnewfs.com/Forms/2017_Draft_Test_Premium_List.pdf

If you can help with the test please contact Cassie Iken, ikenzoo@hotmail.com there is always a need for extra stewards, help with the Kitchen items, brown bag donations, site protection duties etc:

Highlights of Draft Test Weekend for your information:

Entries will be limited to 6 (DDX) & 12 (DD) Single or Team entries each day.

Minimum of 3 entries to hold DDX test; minimum of 5 entries to hold draft test.

Entries for requalification will be accepted only if the entry limit is not filled.

Entries close March 15, 2017 at 5:00 PM or when the limit is reached.

The weight exchange will be firewood logs

Entry fee is \$45 for a single or team entry each test. Post entries will not be allowed for this test.

Entries are by Mail only

Entered dogs must be 18 months of age.

Entries will only be accepted from NCA members postmarked February 15, 2017 or later

Entries will only be accepted from non-NCA members postmarked February 25, 2017 or later.

Saturday and Sunday Lunch: Will be provided both days by River King Newfoundland Club

Saturday Night Dinner: The River King Newf Club Get-Together on Saturday night, April 2, 2017, will be at Castelli's Moonlight Restaurant @ 255, 3400 Fosterburg Road, Alton, IL, 62002. Mail reservations to: Patricia M. Owens, 2400 Owens Lane, Brighton, IL 62012 by March 27, 201

The Test Area:

The Basic Control will be located on a flat grassy area near the Muensterman Pavilion, the heated center for the test.

The maneuvering course will be on asphalt and grass using mainly existing gardens, trees and paths.

The freight haul will begin and end at the Muensterman Pavilion with surfaces of asphalt, concrete, gravel, brick, wooden bridges and lots of grassy areas that traverse gentle slopes and moderate hilly areas, including part of a handicapped nature trail and the Oriental Garden. The narrowest area is 58".

Judges are:

Mark Iken, 8822 Rosewood Hills, Edwardsville, IL 62025

Tom Brant, 501 N. Dorchester Court, Mahomet, IL 61853-9538

Draft Test Committee:

Chairman: Cassandra Iken 618-530-7134 ikenzoo@hotmail.com

Secretary: Patricia M. Owens 2400 Owens Lane Brighton, IL 62012 618-372-3837
rowensk@sbcglobal.net

Committee Member: Sylvia Steiling

Chief Steward: Cassie Iken 618-530-7134

Quick Reference Guide For GDV

Vet's Emergency Telephone Number...

BLOAT

Canine Health: GDC Quick Reference Guide Chart for GDV

| | What Is Happening | What The Dog Does | What You Should Do | Treatment |
|--------------------------|---|---|--|--|
| PHASE I GDV | <p>Stress ▶▶▶ Excitement ▶▶▶ Vigorous Exercise ▶▶▶ Large Meals ▶▶▶ Long Drink ▶▶▶ Swallowed Air ▶▶▶ Familial Tendency ▶▶▶</p> <p>Stomach starts to dilate. (Gastric Dilatation)</p> <p>Stomach twists. (Gastric Volvulus)</p> | <p>Dog behaves as usual.</p> <p>Seems slightly uncomfortable.</p> | <p>Keep the dog quiet; Do not leave the dog alone; Give Antacid if your vet agrees.</p> <p>Be aware of Phase I symptoms.</p> | <p>During this period the dog may recover without going on to develop Gastric Volvulus.</p> |
| PHASE II GDV | <p>Blood supply to part of stomach is cut off. Stomach tissue is damaged.</p> <p>Portal vein, vena cava and splenic vein become compressed and twisted. Spleen becomes engorged. Shock begins to develop</p> | <p>Very restless; whining & panting; Salivating copiously; Tries to vomit every 2-3 min; Stands with legs apart & head hanging down; Abdomen swollen & sounds hollow if tapped; Gums dark red; Heart rate 80-100 beats /min; Temperature raised (104°F)</p> | <p>Call your vet, tell him what you suspect and why.</p> <p>Take the dog to the vet without further delay.</p> | <p>During this period the vet will need to relieve the stomach pressure, start an intravenous drip and perform surgery to untwist the stomach.</p> |
| PHASE III GDV | <p>Spleen and stomach tissue become Necrotic.</p> <p>Shock now very severe.</p> <p>Heart failure develops.</p> <p>Shock now irreversible.</p> <p>Death</p> | <p>Unable to stand or stands shakily with legs apart; Abdomen very swollen; Breathing shallow; Gums white or blue; Heart rate over 100 beats/minute; Pulse very weak; Temperature drops (98°F)</p> <p>Death is imminent.</p> <p>Get someone to tell your vet you are your way and why.</p> <p>Take the dog to the vet as quickly as possible.</p> | <p>As well as doing everything above, the vet will need to remove part of the stomach and the spleen. He will also need to use powerful drugs to counteract shock.</p> <p>It is no longer possible to save the dog's life.</p> | |

Canine Health: Continued

Nutritional Concerns for Senior Dogs

If you have time and would like to read and or listen to pod casts on our four legged Children try out this website. It is the AKC Canine Health Foundation.

Here is a link to a podcast on Nutritional Concerns for Senior and Geriatric Dogs.

<http://www.akcchf.org/educational-resources/podcasts/nutritional-concerns-for.html>

Keeping you dog safe during the Holidays

<http://www.akcchf.org/educational-resources/podcasts/keeping-your-dog-safe-during.html>

Here is a link that discusses Bloat, the video is approx. 40 minutes long, what is bloat, what causes bloat, what can be done if your dog has it, possible complications, length of recovery etc.

<http://www.akcchf.org/educational-resources/Webinars/bloat.html>

<https://vimeo.com/74830629> (Short cut to video)

Pet Therapy Programs: Tapping into your Dogs Natural Instinct

<http://www.akcchf.org/canine-health/your-dogs-health/pet-therapy-programs-tapping.html>

The Basics of Canine Massage and Chiropractic

<http://www.akcchf.org/canine-health/your-dogs-health/caring-for-your-dog/the-basics-of-canine-massage.html>

AKC › Dog Health › Nutrition Fruits & Vegetables Dogs Can and Can't Eat

Staff Writers | December 03, 2015

As dog owners, it's not uncommon to want to spoil your four-legged family members by sharing table scraps or your favorite snack with them. After all, if it is safe for you to eat, it must be OK for them as well, right? Not necessarily. While many human foods, especially fruits and vegetables, are perfectly safe, some are very unhealthy and downright dangerous to dogs. Dogs digest differently than humans, and eating the wrong foods can lead to long-term health problems and, in extreme cases, even death. As carnivores, they have no need for fruits and vegetables as part of their diet, but an occasional fruit or veggie as a treat is OK. But that doesn't mean all human food is off limits for dogs. Read below to find out which fruits and vegetables are OK for sharing in moderation and which should be kept on your plate

Fruits & Vegetables



Apples –

Yes. Apples are an excellent source of vitamins A and C, as well as fiber for your dog. They are low in protein and fat, making them the perfect snack for senior dogs. **Just be sure to remove the seeds and core first.** Try them frozen for an icy warm weather snack.

Yes, [dogs](#) can eat apples. And most love 'em, too.

Apples are a great source of vitamin C, fiber, calcium, and phosphorus, and they're a safe way to satisfy your pet's sweet tooth (as opposed to [chocolate](#) and other doggy diet [no-nos](#)).

How To Safely Feed Apples To Your Dog

Do not feed the seeds to your dog as they contain cyanide, a toxic substance. (Some also advise keeping the stem from your pet, too.) And do not give the core to your dog, as it can be a choking hazard.

Cut the apple in slices so it's easier for your dog to eat.

Also, like in people, eating too many apples can cause a dog to have a [bellyache](#) and [diarrhea](#), so serve them in moderation.

You can also use apples in recipes if you cook or make treats for your dog. One of our favorite recipes is for Dog Apple Pretzels



Bananas –

Yes. In moderation, bananas are a great low-calorie treat for dogs. They're high in potassium, vitamins, biotin, fiber, and copper. They are low in cholesterol and sodium, but because of their high sugar content, bananas should be given as a treat, not part of your dog's regular diet.

Yes, [dogs](#) can eat bananas. Actually, many veterinarians even recommend this potassium-rich fruit as a healthy alternative to fatty, salty treats. Other benefits? Bananas are high in fiber, which can help if your dog is having gastrointestinal [problems](#), and magnesium, which promotes bone growth and helps the body produce protein and absorb vitamins.

Ways To Feed Your Dog Banana:

You can mash it up [with his food](#)

Mix it with a little yogurt or peanut butter

Stuff it in a [Kong](#), and freeze it

Freeze, peel, and slice (this is the least messy option)



Watermelon – Yes. It's important to remove the rind and seeds first, as they can cause intestinal blockage, but watermelon is otherwise safe for dogs. It's full of vitamin A, B-6, and

C, as well as potassium. Watermelon is 92 percent water, so it's a great way to keep your dog hydrated on hot summer days.

The answer is yes, with a couple of precautions. Seeds could cause an intestinal blockage, so make sure you remove them. It's also probably not a good idea to allow a dog to chew on the rind, because it can cause gastrointestinal upset.

The fruit itself is a health-food powerhouse, low in calories and packed with nutrients—vitamins A, B6, and C, and potassium.

According to the [National Watermelon Promotion Board](#), the fruit has only about 50 calories a cup and 92 percent water, so it's great for hydration on a hot day. It also has no fat or cholesterol, so it's pretty much guilt-free.



Strawberries – Yes. Strawberries are full of fiber and vitamin C. Along with that, they also contain an enzyme that can help whiten your dog's teeth as he or she eats them. They are high in sugar though, so be sure to give them in moderation.

Warm weather means that [fresh fruits and vegetables](#) are in abundance and just as we are incorporating them into our diet, we can incorporate those in our dogs. It may be hard or confusing to figure out which fruits and vegetables are safe for your dog ([here's a hint: grapes and raisins are on the no-no list](#)), but there is a warm weather favorite that you can give your dog, STRAWBERRIES! Yes, your best friend can have fresh strawberries. However you should not feed your dog canned or strawberries in syrup. These are not good for your pet at all.

Strawberries are not only a healthy sweet treat for your dog; By giving them the berries you are also helping them to stay healthy in more ways than one. Over time, fresh fruit helps with aging, strengthens the immune system and helps with weight management. Removing the high fat, salty snacks also helps with your pup's teeth.

So now that you know that you can give your dogs strawberries, what is the safest way to do it?

Well, it is recommended that you cut the fruit up in small pieces to avoid choking and easier digestion.

If you have a smaller dog, you can mash up the berries or puree them and add them to the dog food they normally eat.

AKC › Dog Health › Nutrition Fruits & Vegetables Dogs Can and Can't Eat Cont'd

As with adding any other food into your dog's diet, it is always a safe idea to call your veterinarian prior to adding the berries.

Once you do begin to add the berries into his diet, be careful, start with small qualities and watch for any changes in behavior or digestive issues.

Should you notice anything odd, stop adding them.

And just in case you are wondering what other fruits you can feed your dog to keep them cool and healthy, here are a few more:

- Frozen bananas

- Watermelon (remove the seeds)
- Apples (remove the seeds and the core)
- Blueberries
- Cantaloupe



Oranges – Yes. Small dogs can have up to 1/3 of a full-size orange, while large dogs can eat the whole thing. While the peel isn't toxic to them, vets recommend tossing the peel and just giving your dog the inside of the orange, minus the seeds, as the peel is much more rough on their digestive systems than the fleshy inside of the orange.

Not all fruits and vegetables are safe for dogs. Oranges, however, are fine for dogs to eat, [according to veterinarians](#). They are also an excellent [source of vitamin C, potassium, and fiber](#), and in small quantities can serve as tasty treats for your dog.

Benefits Of Oranges for Your Dog

Oranges are full of nutrients and low in sodium, which makes them a healthy snack in small quantities.

However, oranges do contain natural sugars, which might make them a poor choice for obese dogs, and oranges can cause [digestive upset](#) in some dogs.

If you want to try adding oranges to your dog's diet, then it is probably a good idea to start out with one or two segments per day to see how his stomach reacts.

Stop feeding oranges at once if you notice any unusual behavior after feeding your dog an orange.

AKC › Dog Health › Nutrition Fruits & Vegetables Dogs Can and Can't Eat Cont'd

Even if your dog loves oranges and shows no signs of adverse reactions, limit his intake to no more than one whole orange a day for large dogs and one-third of an orange for small dogs.

A segment or two is enough for most dogs, and limiting their treat intake can help avoid digestive upset and overfeeding.

Not all dogs enjoy the tart taste of an orange. Other dogs will eat anything you put in front of them, including both the fruit and the orange peel.

Orange peels are not toxic, however they can be rough on your dog's digestive tract, so vets generally recommend keeping orange peels out of your dog's reach.



Blueberries – Yes. Blueberries are a superfood rich in antioxidants, which prevent cell damage in humans and canines alike. They're packed with fiber and phytochemicals as well. Teaching your dog to catch treats in the air? Try blueberries as an alternative to store-bought treats.

Next time you pop a handful of blueberries into your mouth, you might want to consider sharing some with your dog. Thanks to their nutritional value and small size, blueberries are a great treat for both large dogs and small dogs.

Benefits Of Blueberries For Your Dog

Blueberries are low in calories and contain high amounts of vitamin C, fiber, phytochemicals (naturally occurring chemical compounds found in plants), and antioxidants, and have been proven to improve the health of animals as well as humans.

The antioxidants in blueberries help fight free radicals, which are responsible for cellular and molecular damage in dogs and humans.

Sources of antioxidants, like blueberries, help strengthen immune systems by fighting free radicals naturally.

As an added bonus, studies show that adding antioxidants to a dog's diet reduces the effects of brain aging, which is good news for those of us with older dogs.

Vitamin C and fiber are vital components of proper canine nutrition.

AKC › Dog Health › Nutrition Fruits & Vegetables Dogs Can and Can't Eat Cont'd

Phytochemicals are linked to several aspects of health, including the ability to fight cancer in humans.

There are a few things to keep in mind when feeding fruits and vegetables to your dog. Blueberries are small, which means you don't need to cut them up, but any new food poses potential risks.

Consult your veterinarian if you have concerns about feeding blueberries to your dog, and monitor your dog closely after giving blueberries as a treat for the first time.



Pineapple – Yes. A few chunks of pineapple is a great sweet treat for dogs as long as the prickly outside is removed first. The tropical fruit is full of vitamins, minerals, and fiber. It also contains bromelain, an enzyme that makes it easier for dogs to absorb proteins.

Pineapple is a favorite fruit for many people. It is tart, sweet, and tangy, and its tropical origins put us in mind of warmer climates. In moderation, it can also be a healthy treat for dogs, similar to other types of fruit, like strawberries and watermelon.

Ripe, raw pineapple contains a whole lot of vitamin C, along with thiamin, riboflavin, niacin, vitamin B6, and folate. Pineapple is also full of minerals, including manganese, copper, potassium, magnesium, iron, and small amounts of calcium, phosphorous, and zinc. This makes it a nutrient-dense snack for humans and dogs, alike, and these nutrients play an important role in your dog's immune system and digestive health.

All of these vitamins and minerals make pineapple sound like a wonderful choice for dogs, but there are a few other things to consider before feeding pineapple to your canines. Pineapple is high in fiber and contains a significant amount of natural sugar.

This means that while pineapple is a perfectly healthy treat in small quantities, it can have adverse effects on your dog's digestive system if fed in large amounts.

Keep an eye on your dog when you first feed him pineapple.

If he has diarrhea Or shows signs of an upset stomach, then pineapple might not be the fruit snack for him.

The tough, central core of the pineapple has the potential to cause obstructions, as does the spiny skin, so stick to feeding the flesh of the pineapple for your dog's safety.

AKC › Dog Health › Nutrition Fruits & Vegetables Dogs Can and Can't Eat Cont'd

So Is It Safe for Dogs to Eat Pineapple?

Yes. Raw pineapple, in small amounts, is an excellent snack for dogs.

Canned pineapple, on the other hand, should be avoided. The syrup in canned fruits contains too much sugar for most dogs' digestive tracts to handle.

A few chunks of raw pineapple are usually enough for most dogs, provided they are peeled and sliced into bite-sized pieces. Plus, frozen pieces of fresh pineapple make a delicious treat in the summer. If your dog does not like pineapple, there are plenty of other fruits and vegetables that are safe for dogs to eat.

More to follow in next News letter, source information is from AKC Nutrition email 10/25/2016.

Rescue Report – February 2017

by: Debbie Fitton



“Thor”

Thor is River King's only foster dog at this time. Eric Fromme (club member) alerted me in January that there was a six-year old Newf listed on Craigslist that his owners wanted to give away. Both Eric and myself emailed the owner to advise him that Newfoundland rescue was available and could assist. About a week later, the owner contacted me and arrangements were made for the owner to relinquish Thor into our rescue program. Eric Fromme and his girlfriend, Chelsea Cobb picked up Thor from his owner in the St. Louis area and met me in Litchfield.

Thor turned out to be the nicest dog. He is a very large brown and white Newfoundland. Thor weighed 167 pounds a couple of weeks ago but is currently on a diet. He is a true gentle giant. He's good with Penny, my cat who is boss of the house and my other two Newfs. Thor loves to fetch and play 'find-it' games. Thor has been kept shaved most of his life but I intend to let his coat get long.

Ed and I had been ready to adopt another dog for the last few months and decided just recently to adopt Thor. I wanted a dog that would certify to be a Pet Partners dog and I believe that Thor fits the

bill. As time passes, I'll keep you informed of his doggy weight watcher program and of evaluating his progress toward becoming a Pet Partner team.

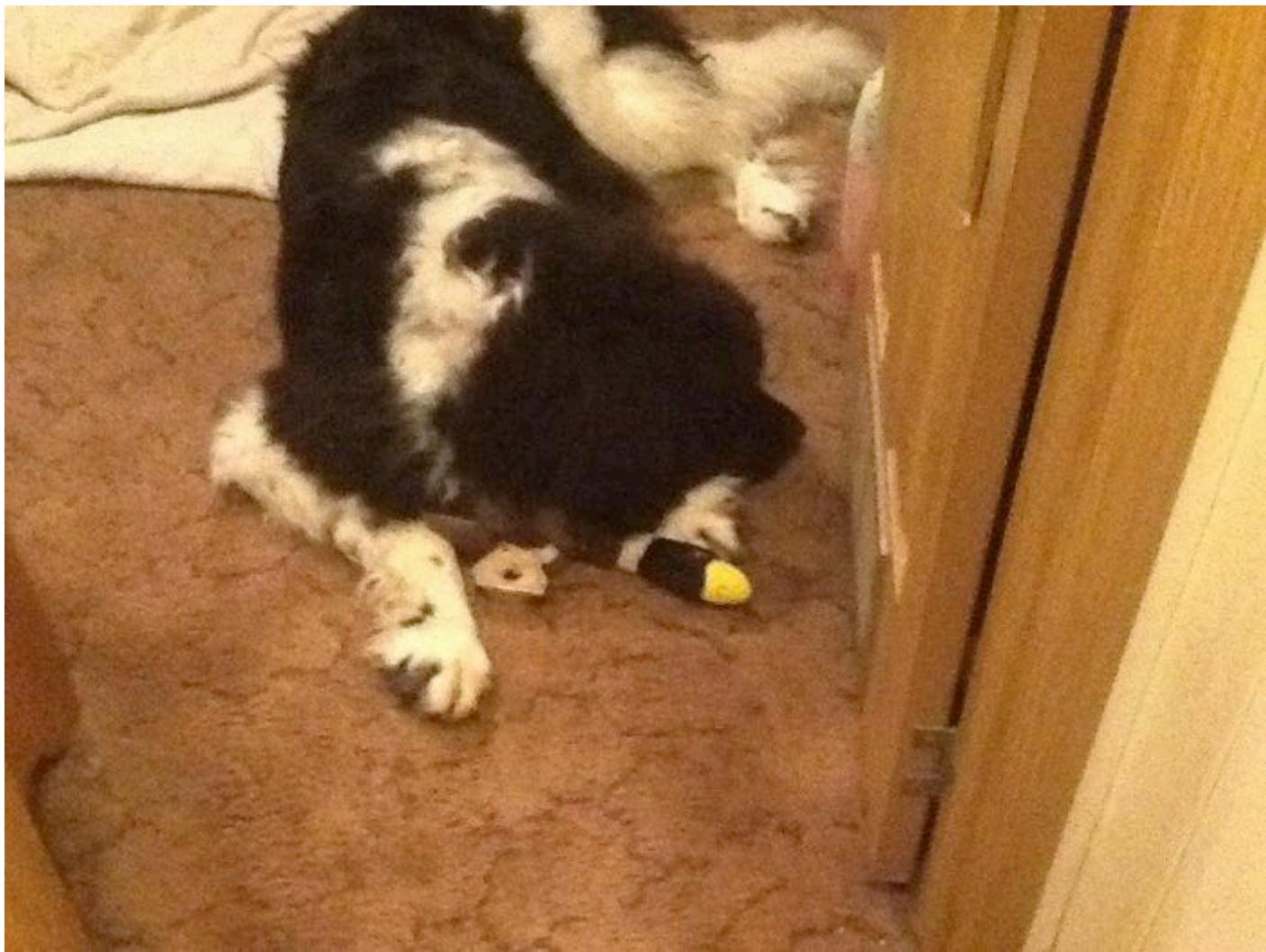
Special thanks to Eric Fromme and Chelsea Cobb who not only transported Thor but regularly keep an eye out on social media and alert me of Newfoundlands who need rescuing. You are appreciated!

Enjoy pictures in this newsletter of; **Thor**, **Misha** (who was adopted in 2016), Sammy (who was adopted in 2012, and **Maggie** (who was adopted in 2014).



“Maggie”

This is a picture of Ed and Debbie's dog, Maggie. Ed and Debbie Fitton adopted Maggie through River King rescue on 1/1/14. She is now 10-1/2 years old. Maggie is a Pet Partners dog and regularly visits nursing homes and persons with special needs. Way to Go Maggie, you are a beautiful Lady and with your personality I know that the residents of Nursing Homes and those with special needs love to have you come visit to brighten their day, lift their spirits plus give them that special Newfie Love that everyone admires.



“Misha”

Misha is a RKNC Rescue, the picture was sent to us by her New Owners. She has her favorite toy, a Duck.



“Sammy”

Sammy is a RKNC Rescue, this picture was sent from Lynn Snook in November 2016, does he not look like he is enjoying himself in the yard. I can not help but like that look, its as if he is saying what are you doing? There was a prayer along with Sammy's Picture. Here is the prayer:

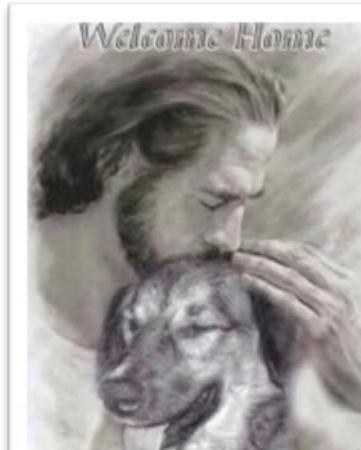
Loyalty above all else, Except Honor.
Saving one dog will not change the world
But surely for that one dog,
The world has changed forever!
Please neuter your pets, weird friends and relatives.
And Lord keep one hand on my shoulder and one hand over my mouth.
AMEN

Birthday Celebration of Newfoundlands that have reached 7 or more years

Hi everyone, I thought I had read about some of our Newfoundlands celebrating their Birthday which was 7 years or older, but I did not get anything for the Newsletter and unfortunately could not find what I thought I saw on Facebook. If anyone knows of a Newf in our club that is celebrating their 7th Birthday this year please let me know. I think our breed is very special, but there are times that some do not make 7 years due to unforeseen issues. I appreciate your help with this, I make a big deal out of every birthday my guys have because they give us so much and don't ask for anything in return except our love.

Did not receive any info about this for this Newsletter.

RAINBOW BRIDGE



Rowens Another Day in Paradise CD, RN, RA, RE, WD, WRD, DD, TDD

4/15/05-1/29/17



"Kozmo in Flight"



"Kozmo says "Am I not Handsome"

"Kozmo"

"He was so full of Life, Love and Great Character"

Kozmo crossed over the rainbow bridge on 01/29/2017. He will be greatly missed by his family; Mark and Cassie Iken and their children, Jennifer, Gretchen, Troy, their friends and all who met Kozmo. He was a Handsome Newfoundland, who brought smiles and laughter to all that had the privilege of hearing stories and memories about his antics and those who met him. There is no doubt that god blessed this family by having Kozmo share his Life and Love with his family. Rest in Piece Kozmo, you will be remembered and missed by all.

RAINBOW BRIDGE



Beau's Tall, Dark And Handsome CGC, RA, RN, DD, DD2, WD, WRD, WRD2

6/10/11 - 1/14/17



Beau after being in 4th July Parade 2016



Beau making a Therapy Visit Oct 2016

"Beau"

"A tall dark, handsome Newfoundland who loved to pull his cart, swim in the water, and to be with people"

Beau crossed over the rainbow bridge on 1/14/2017. Beau enjoyed himself no matter where he was at, the yard, on the beach, in the water, in Rally Trials, Obedience Trials or with People he visited in Nursing Homes, Assisted Living locations or with the Kids at High School Therapy Visits. He especially loved to lay on his side and act like he was riding a bicycle. The people in the nursing homes, schools, assisted living all loved his kisses, snuggles and when he would lay on their feet. He will be sadly missed by Connie and daughter, their friends, and the Therapy Group Members who knew Connie and Beau. Rest in Peace Beau, Thank you for all the Love that you shared with us.

Help Make Your Newsletter Valuable

This newsletter is all about RKNC, of course, and RKNC is nothing if not its members, so please help make this newsletter all it can be by sending in your news, updates, brags, notices, photos, and everything else Newf-related (short of classified ads.)

If you have a lot of photos from a recent RKNC event, please consider creating a slideshow on a free photo-sharing site (such as PhotoBucket). The newsletter will publish a photo or two from your collection along with a link to the entire set of images; this way, the size of the newsletter can be kept manageable for emailing. (Photos, even web-resolution JPGS, consume a lot of file space and computer memory, and ‘compressing’ the newsletter PDF file compromises the quality of the entire document.)

The newsletter is currently published bi-monthly, and as a helpful reminder here are the current schedule and submission deadlines:

| Issue | Estimated Publication | Submission Deadline |
|----------------|-----------------------|---------------------|
| Jan-Feb | Feb 28 | Feb 18 |
| Mar-Apr | Apr 30 | Apr 20 |
| May-Jun | Jun 30 | Jun 20 |
| Jul-Aug | Aug 30 | Aug 20 |
| Sep-Oct | Oct 30 | Oct 20 |
| Nov-Dec | Dec 30 | Dec 20 |

This schedule will make the newsletter “summary” in nature, being published at the **end** of each two-month period; this will allow us to include draft test results in the March-April issue, water test results in the July-August issue, specialty results in the Sept-October issue, and obedience trial results in the January-February issue. But that can happen only if results and reports are submitted in a timely manner. And if you’re writing something for this newsletter, please keep in mind the relationship between what you’re writing about and when the newsletter will be published. THANK YOU for your support of the RKNC newsletter!